Fellowship of Postgraduate Medicine Centenary Conference at the Royal College of Physicians, London

7th December 2018

Speaker abstracts

1 MARKING THE CENTENARY OF THE FELLOWSHIP OF POSTGRADUATE MEDICINE

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The Fellowship of Postgraduate Medicine (FPM) is a British non-profit organisation that was founded after the First World War, with as its first president pioneering clinician and medical educator Sir William Osler, the Oxford Regius Professor of Medicine. The FPM supported the development in London of postgraduate educational programmes in all branches of medicine. The FPM today continues its interest in supporting national and international postgraduate medical education through its two international journals the *Postgraduate Medical Journal* (founded in 1925) and *Health Policy and Technology* (founded in 2012) and by organizing conferences and workshops. Ways in which the FPM is marking its anniversary include hosting a session at the May 2018 Hong Kong Medical Forum, a Centenary Conference on the 7th December 2018 at the Royal College of Physicians in London, providing updates on excellence in clinical practice, introduction of a new Associate Member category for the FPM, and the launch of new international awards for excellence in medical writing by doctors in social media.¹

The *Postgraduate Medical Journal* (PMJ) is a monthly journal with a global reach and is widely read online, with nearly 2 million page views in 2017 from North America, Europe and Asia and the most frequent recent articles coming from the UK, USA, China and India. The PMJ aims to support junior doctors and their teachers and contribute to the continuing professional development of all doctors by publishing papers on a wide range of topics relevant to the practising clinician and teacher. In 2017, the journal received 666 manuscripts with an acceptance rate of 20%. With increasing readership and quality of its articles, the journal's impact factor was 2.078 in 2017, exceeding 2 for the first time. The PMJ will be publishing articles on updates in clinical medicine from the December 2018 FPM centenary symposium at the Royal College of Physicians in London. The PMJ will also have a special issue in 2019 on Sir William Osler, founding President of the FPM. In addition the PMJ will publish papers from other FPM meetings, including the FPM-PMJ session and other sessions at the 2018 Hong Kong Medical Forum, which provides clinical updates for around 2,500 physicians in the South East Asia Region, and will also publish papers from future FPM meetings, including 2019 conferences planned on neuropsychiatry and on vascular disease.

Health Policy and Technology (HPT) is a new quarterly journal, focusing on development and implementation of health policy and the role of technology in clinical and non-

clinical national and international health environments. HPT aims to educate and inform all stakeholders in health policy and technology, from researchers to clinicians, health economists, health policy leaders and experts in the biotechnology and pharmaceutical sectors. There was a 34% increase to 117 manuscript submissions in 2017 over the previous year, with an acceptance rate of 38%. The journal's impact factor was 1.013 in 2017. As expected for an international journal, articles published in HPT in 2017 came from a wide range of countries from around the world: Austria, Canada, China, Cyprus, Germany, Greece, India, Ireland, Israel, Italy, the Netherlands, Norway, the Republic of Korea, Pakistan, Slovenia, Spain, Sweden, Turkey, the United Kingdom, and the United States. Pending theme issues for HPT will consider the impact of Brexit on health care, progress on heart health policy, including papers from a recent FPM symposium on health policy for preventing heart disease, and special issues on Big Data for health and on interoperability.

The new Associate Member category for the FPM will be open to doctors in established postgraduate training posts, to senior doctors in established posts and to other experts who are interested in postgraduate medicine. The FPM will shortly launch new international awards to recognise best social media writing on medical themes. Articles should aim to increase understanding by the public and health professionals of important health-related issues. Up to 5 awards will initially be made – one for each major geographical region: the Americas; Europe; Africa; South Asia; South East Asia and Australia/New Zealand. Winning writers will have the opportunity to publish their award-winning article in HPT or the PMJ. The FPM has in recent years been a major supporter of the the medical humanities initiative, the Hippocrates Prize for Poetry and Medicine,² which has attracted interest from over 70 countries, with recent awards presented in the UK, at Harvard Medical School and in Chicago, and the 10th annual awards due to be presented at the Centre for Life in Newcastle-upon-Tyne.

REFERENCES

1. Singer DRJ. Marking the centenary of the Fellowship of Postgraduate Medicine. *Postgraduate Medical Journal* 2018. doi:10.1136/postgradmedj-2018-136150
2. Website for the Hippocrates Initiative: hippocrates-poetry.org

2 PRESCRIBING CHALLENGES IN MODERN PRACTICE

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Prescribing is the most common patient-level intervention within healthcare. The growth in number of licensed medicinal products over the last century through an 'age of excitement' in clinical pharmacological and pharmaceutical research means that prescribing is an increasingly complex task. The complexity is increased further by increasing multimorbidity in an ageing population, which can lead to potentially inappropriate polypharmacy.

Providing medication without harm is a challenge to modern society and the World Health Organisation has set a challenge to reduce medication-related harm by 50% globally by 2022.¹ A key aim in the UK is to provide support to all prescribers to reduce prescribing errors through a variety of