



Postgraduate Medical Journal



 This article has been chosen by the Editor to be of special interest or importance and is freely available online.

 This article has been made freely available online under the BMJ Journals Open Access scheme. See <http://pmj.bmj.com/site/about/guidelines.xhtml#open>

 This journal is a member of and subscribes to the principles of the Committee on Publication Ethics <http://publicationethics.org/>

 equator network

 recycle
When you have finished with this magazine please recycle it.

Contents

Editorial

- 123 What determines treatment success and future perspectives? *T Yau, J Chiu, T T Cheung*

PMJ 90th anniversary review

- 125 Adaptation, Successful and Unsuccessful
H Crichton-Miller
- 128 Adaptation: a contemporary view, revisiting
Crichton-Miller's 1925 paper *G Music*

Original articles

- 134 Effect of short-term positive airway pressure on blood pressure in controlled hypertensive patients with obstructive sleep apnoea syndrome: a prospective cohort study
J H de Moraes Lima, A da Cruz Santos, S E B Barros, P S de Abreu Moraes, J N Figueiroa, J G B Alves
- 137 Use of spaced education to deliver a curriculum in quality, safety and value for postgraduate medical trainees: trainee satisfaction and knowledge
J Bruckel, V Carballo, O Kalibatas, M Soule, K E Wynne, M P Ryan, T Shaw, J P T Co
- 145 Residents' narrative feedback on teaching performance of clinical teachers: analysis of the content and phrasing of suggestions for improvement
R M van der Leeuw, M P Schipper, M J Heineman, K M J M H Lombarts

March 2016 Volume 92 Issue 1085

Reviews

- 152 New insulins and newer insulin regimens: a review of their role in improving glycaemic control in patients with diabetes *S G Sety, W Crasto, J Jarvis, K Khunti, M J Davies*
- 165 Hepatocellular carcinoma: modern image-guided therapies *S Puppala, R Patel, K S Yap, J Patel, T Wah, A Snoddon*
- 172 TNF- α in a molecularly targeted therapy of psoriasis and psoriatic arthritis
D Wcisło-Dziadecka, M Zbiciak-Nylec, L Brzezińska-Wcisło, U Mazurek

Letter

- 179 It is time to relax *M Ramphul, S Behjati, K Chawla*

Images in medicine

- 180 Cerebral cavernous malformations: radiological findings and implications for genetic testing
D Niry, S Angkeurawaranon, K Mankad
- 182 Psoas haematoma mimicking lumbar radiculopathy *A E M Ehtorai, E O Kuris, A H Daniels*

On reflection

- 183 Epigenetics for dummies *J Launer*

Correction

- 151 Correction