

Postgraduate Medical Journal

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The Journal is covered by *Current Contents*, *Biological Abstracts*, *ASCA*, *ISI/BIOMED*, *Index Medicus*, *Excerpta Medica* and *Science Citation Index*.

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International Postgraduate Diary

Royal Free Hospital School of Medicine, London

12–16 October 1998: MRCP Part II course
Details: DG James, Department of Medicine, Royal Free Hospital, Pond Street, London NW3 2QG, UK Tel +44 171 830 2108

Institute of Obstetrics and Gynaecology, Imperial College School of Medicine, London

15–17 September 1998: Child health surveillance and promotion for GPs and health visitors

22 September 1998: Women's health issues—from menarche to menopause

2 October 1998: Drugs in school—are we reaching a crisis point?

7–9 October 1998: Medical problems facing obstetricians and gynaecologists in pregnancy

12 October 1998: Women and children with HIV and AIDS

Details: Tel +44 181 383 3904; fax +44 181 383 8555; e-mail: sympreg@rpms.ac.uk

Institute of Psychiatry/Bethlem & Maudsley NHS Trust, London

16–18 September 1998: Religion and psychiatry: multifaith perspectives

24/25 September 1998: Everything you need to know about old age psychiatry

Details: Ms Lee Wilding, Conference Office, Institute of Psychiatry, De Crespigny Park, London SE5 8AF, UK Tel +44 171 919 3170; fax +44 171 740 5172; e-mail: l.wilding@iop.bpmf.ac.uk

St Bartholemew's and the Royal London School of Medicine and Dentistry, London

30 September–2 October 1998: Helping smokers give up (3-day course)

Details: Janice Rossabi, London Hospital Medical College, Turner Street, London E1 2AD, UK. Tel +44 171 377 7266

Royal College of Physicians of Edinburgh symposia

25 September 1998: European symposium on breast cancer

30 September 1998: The consequences of curing childhood cancer

16 October 1998: How do I manage....(various topics)

Details: Eileen Strawn, Symposium Coordinator, Royal College of Physicians of Edinburgh, 9 Queen Street, Edinburgh EH2 1JQ, Scotland, UK. Tel +44 131 225 7324; fax +44 131 220 4393; e-mail: e.strawn@rcpe.ac.uk

Cardiovascular Disease Prevention IV

29 September–2 October 1998: London

Details: The Secretariat, Hampton Medical Conferences Ltd, 127 High Street, Teddington, Middlesex TW11 8HH, UK. Tel +44 181 977 0011; fax +44 181 977 0055; e-mail: hmc@btinternet.com

Third European Research Conference on Blood Pressure and Cardiovascular Disease

16–18 October 1998: Leeuwenhorst Congress Centre, Noorderwijkerhout, The Netherlands

Details: The Secretariat, Hampton Medical Conferences Ltd, 127 High Street, Teddington, Middlesex TW11 8HH, UK. Tel +44 181 977 0011; fax +44 181 977 0055; e-mail: hmc@btinternet.com

European Federation of Endocrinology Societies

22–25 October 1998: 5th Postgraduate clinical endocrinology course (Hillerød, Denmark)

Details: Karin Christiansen, Carlson Wagonlit Travel, Bella Center, International House, 5 Center Blvd, 2300 Copenhagen S, Denmark. Tel +45 3363 7952; fax +45 3363 7954

Falk Symposia

4/5 September 1998: Cytokines and the GI tract (Regensburg, Germany)

12/13 September 1998: Liver and bile duct diseases (Prague, Czech Republic)

12/13 October 1998: Bile acids in cholestasis (Titisee, Germany)

14/15 October 1998: Colorectal cancer: molecular mechanisms, premalignant state and its prevention (Titisee, Germany)

16/17 October 1998: Intestinal mucosa and its diseases—pathophysiology and clinics (Titisee, Germany)

Details: Falk Foundation eV, Congress Division, PO Box 6529, D-79041 Freiburg, Germany. Tel +49 761 130340; fax +49 761 1303459

24th International Congress of Internal Medicine

4–9 November 1998: Lima, Peru

Details: Congress Secretariat, Avenue Jose Pardo 138 of 701, Miraflores, Lima, Peru. Tel +51 1444 5158; fax +51 1447 5396

2nd International Scientific Symposium on Tea and Health

14 September 1998: Washington DC, USA

Details: Tel +1 212 941 1795; e-mail: Tisgood4U@aol.com

10th International Conference for Minimally Invasive Therapy

3–5 September 1998: London, UK

Details: SMIT, 2nd floor, New Guy's House, Guy's Hospital, St Thomas Street, London SE1 9RT, UK. Tel +44 171 955 4478; fax +44 171 955 4477; e-mail: j.wickham@umds.ac.uk

International Skeletal Society Annual Meeting and Course

5–12 September 1998: Jury's Hotel, Dublin, Ireland

Details: Ryals & Associates, Inc, PO Box 1925, Roswell, GA 30077-1925, USA. Tel +1 770 641 9773; fax +1 770 552 9859

International Institute for Continuing Medical Education

10–13 October 1998: Mt Sinai 1998 body imaging update (New York, NY)

14–18 October 1998: Mt Sinai 1998 brain, spine, neurovascular and ENT imaging update (New York, NY)

2–5 November 1998: Breast imaging today and tomorrow (Naples, FL)

Details: Ryals & Associates, Inc, PO Box 1925, Roswell, GA 30077-1925, USA. Tel +1 770 641 9773; fax +1 770 552 9859

University of California, San Francisco

3–9 September 1998: Growth Hormone Research Society conference

19/20 September 1998: The skin from A to Z

26 September 1998: Child's brain day: practical management of childhood CNS disorders

22/23 October 1998: 7th Annual symposium on the design & methods of clinical trials

28/29 October 1998: Globally emerging viral infections (in cooperation with the Institut Pasteur)

5–7 November 1998: Otolaryngology, and skull base surgery update

6–8 November 1998: 44th Annual group therapy symposium

Details: University of California, Office of Continuing Medical Education, 1855 Folsom St, MCB Room 630, San Francisco, CA 94143-0742, USA. Tel +1 415 476 4521; fax +1 415 476 0318

University of California, San Diego

30 October–1 November 1998: Breast imaging & interventions update

22–25 October 1998: Musculoskeletal MR (Hilton Head, SC)

23–25 October 1998: 18th Annual comprehensive review of vascular and interventional radiology

26–30 October 1998: 18th Annual San Diego postgraduate radiology review course

Details: Ryals & Associates, Inc, PO Box 1925, Roswell, GA 30077-1925, USA. Tel +1 770 641 9773; fax +1 770 552 9859

University of Toronto, Ontario, Canada

13–19 September 1998: Organ imaging review

18–20 September 1998: Mammography update

15–18 October 1998: CT / MRI state of the art (Bermuda)

Details: Ryals & Associates, Inc, PO Box 1925, Roswell, GA 30077-1925, USA. Tel +1 770 641 9773; fax +1 770 552 9859

XIVth Annual Conference of the Indian Rheumatism Association

10–12 December 1998: Hyderabad, India

Details: Dr G Narsimulu, Organising Secretary IRACON-98, Nizam's Institute of Medical Sciences, Punjigutta, Hyderabad 500 082, Andhra Pradesh, South India. Tel +91 40 332 0332, ext 132; fax +91 40 331 0076

Postgraduate Medical Journal

INSTRUCTIONS TO AUTHORS

The aims of the *Postgraduate Medical Journal* are three-fold. Firstly, to help doctors in training to acquire the necessary skills to enable them to deliver the highest possible standards of patient care. Secondly, to help trainers to develop suitable training programmes for their trainees. Finally, once that training is completed, to allow these doctors to maintain those high standards by a process of continuing medical education.

To achieve these aims we publish original papers, short reports and commissioned editorials and review articles. We are also delighted to receive unsolicited editorials and reviews, from doctors and others. The *Postgraduate Medical Journal* reviews all the material it receives. Other items may include Self-assessment questions, Letters to the Editor, Book reviews and an International postgraduate diary. The full proceedings of meetings may be published as supplements to the Journal. The *Postgraduate Medical Journal* is published monthly in the English language, and has an international readership.

Typescripts

Three complete copies should be sent to the Editor, *Postgraduate Medical Journal*, 12 Chandos Street, London W1M 9DE, UK. Papers must be type-written, double-spaced, on one side of paper not larger than A4 (297 mm × 210 mm). The first page of the typescript should bear the names of the author(s) and the name and address of the laboratory or institution where the work has been carried out, in addition to the title of the paper. The full address, telephone and fax number of the author to whom proofs will be sent should be given, together with up to four key words or phrases suitable for use in an index. All pages should be numbered, including the title page. Papers may be returned if presented in an inappropriate form. If the paper is rejected, these copies will not be returned. Authors are asked to submit their approved manuscripts on computer discs. Guidelines will be sent with the acceptance letter.

Details of sources of funding should be provided and any potential conflicts of interest declared.

The principal author

The principal author must ensure that the covering letter is signed by all authors and includes a declaration that the paper is not under consideration by any other journal at the same time and that it has not been accepted for publication elsewhere. Any written or illustrative material which has been or will be published elsewhere must be duly acknowledged and accompanied by the written consent of the copyright holder.

Style

Abbreviations and symbols must be standard and SI units used throughout except for blood pressure values which are reported in mmHg. Acronyms should be used sparingly and fully explained when first used. Whenever possible, drugs should be given their approved generic name. Where a proprietary (brand) name is used, it should begin with a capital letter. Statistical analyses must explain the methods used. Words to be italicised should be underlined. The Concise Oxford English Dictionary is used as a reference for spelling and hyphenation. Figures and tables should be referred to in the text.

References

References should follow the Vancouver style. In the text, they should appear within square brackets, starting at 1. At the end of the paper they should be listed (double-spaced) in numerical order corresponding to the order of citation. All authors should be quoted for papers with up to six authors, for papers with more than six authors, the first three only should be quoted, followed by *et al.* Titles of medical periodicals should be given in full or abbreviated in line with the latest edition of *Index Medicus*. The first and last page numbers for each reference should be provided. Abstracts and letters must be identified as such. For example,

- 1 Clements R, Gravelle IH. Radiological appearances of hydatid disease in Wales. *Postgrad Med J* 1986;62:167-73.
- 2 Greenberger JS. Long-term hematopoietic cultures In: Golde W, ed. *Hematopoiesis*. New York: Churchill-Livingstone, 1984; pp 203-42.

Responsibility for the accuracy and completeness of references rests entirely with the authors.

Figures and tables

Photographs, photomicrographs, line diagrams and graphs should be prepared to professional standards and submitted as originals or as unmounted glossy photographic prints. The identity of all patients should be masked (using a bar over the eyes) and written permission from the patient included with the submission. When preparing illustrations which include lettering or symbols, remember they may be reduced in size. All histology slides should contain a scale bar. Three copies of each illustration should be submitted, each bearing a label on the back marked in pencil with the author's name and the number of the figure. Figure legends and tables should be typed on a separate sheet. Figures and tables should be numbered in arabic numerals.

Original articles

Original articles are usually up to 3000 words long with up to six tables/illustrations and 30 references. They should be divided into: Title page, Summary, Introduction, Materials and Methods, Results, Discussion, Acknowledgements, References, Tables, Figures and captions. The summary should not exceed 250 words and should state concisely what was done, the main findings and how the work was interpreted. Numbered paragraphs should be avoided. The use of boxes with learning/summary 'bullet' points is encouraged.

Short reports

Short papers or case reports should not exceed 1000 words, inclusive of summary, introduction, report and discussion. Up to 10 references and two illustrations or tables will be accepted. Each report must include (on a separate sheet) a list of learning or summary points.

Self-assessment questions

Self-assessment questions may take several formats, including multiple-choice questions, (each consisting of a question stem and five items, with discussion of the correct answers, and up to five references per question), photographic material (eg, clinical photograph, X-ray, blood film, histological section) or data interpretation (eg, ECG, arterial blood gases), with clinical information and up to three questions with discussion of the correct answers, and up to five references per case. Authors whose case reports are rejected may be asked to consider resubmitting their report as a self-assessment question.

Review articles

The Editor welcomes review articles of up to 3000 words, provided they contain a clear educational message. The use of boxed case histories, learning bullet points and structured tables/summaries are encouraged. Guidelines for authors of review articles are available from the Editorial Office, who are also happy to discuss proposed articles.

Editorials

The Editor is delighted to consider for publication unsolicited editorials of 800 words. These will be peer reviewed.

Peer review

All papers are peer reviewed. Some are rejected after review by one or more members of the Editorial Board. The remainder are also reviewed by one or more external advisors. Reasons for rejection will be indicated to the principal author. The Editor retains the customary right to determine style and, if necessary, to shorten material accepted for publication.

Letters

Letters to the Editor related to articles published in the *Postgraduate Medical Journal* are welcome. Only one copy need be sent, which should not exceed 500 words and five references. Authors whose short reports are rejected may be asked to consider resubmitting their report as a letter.

Supplements

Guidelines for supplements are available from the Editorial Office, who are happy to discuss proposed supplements.

Proofs and copyright

A marked proof will be sent to the principal author which should be read carefully for errors. The corrected copy must be returned to the Technical Editor within three days. Major alterations to text cannot be accepted.

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