Book Reviews

Drug Safety – A Shared Responsibility, edited by the International Drug Surveillance Department. Pp. xiii + 126, not illustrated. Churchill Livingstone, Edinburgh, London, Tokyo, New York, Melbourne, 1992. Hardback £9.95.

This book, written by several members of the International Drug Surveillance Department of Britain's leading pharmaceutical company, provides a basic introduction to adverse event reporting. Most of the contents relate to the UK situation, with occasional reference to the USA and German requirements. The book is aimed at pharmacists, medical students and general practitioners, of whom the first-named are playing an increasingly important role with enquiries, whilst the demands of good clinical practice and speedier international drug development necessitate larger multicentre clinical trials, often with the involvement of community physicians on a wider scale.

The book describes the harvesting of Type A and Type B adverse event reports from clinical trials and from spontaneous reports, the handling of the data accrued within the company and the onward reporting to the regulatory authorities. Other chapters include the various methods of post-marketing surveillance, the structure and function of the Medicines Control Agency, with a subsequent section describing enthusiastically the career opportunities in drug safety within an industrial setting for scientists and physicians. The book concludes with a useful glossary.

It would be impossible to cover every aspect of the work of the Department in a short book and it is, perhaps, unfortunate that the important subjects of toxicology, carcinogenicity and mutagenicity are covered within two pages, in the realization that drugs will be prescribed occasionally and unwittingly to those in early pregnancy. There is neither reference to the handling of such information, nor to the establishment of a pregnancy database for the subsequent dissemination of advice to enquiring physicians, often with far reaching consequences. Surprisingly, there is no mention of the role of matching placebo formulations in Phase II trials, and none of the variable incidence of adverse events generated by such therapy in certain indications and the obvious importance of relating such levels to those from comparative treatment with active compound. The important subject of code-breaking in clinical trials, when and by whom, and appropriate dissemination of the information to ethics committees, as well as to regulatory authorities and co-investigators where required, is overlooked.

Given this impossibility of covering all the issues under possible consideration, this eminently readable book should stimulate and enhance the shared and crucial responsibility for reporting adverse events and for monitoring drug safety.

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Post Viral Fatigue Syndrome, edited by Rachel Jenkins and James Mowbray. Pp. xxiii + 462. John Wiley &

Sons, Chichester, New York, Toronto, Singapore, 1991. Hardback £60.

Amid increasing medical and public concern about conditions which are characterized by persistent, excessive and debilitating fatigue, this book is a welcome addition. However, to prejudge the aetiology of the condition in the title, 'post-viral fatigue syndrome', rather than that of 'chronic fatigue syndrome' is perplexing. Furthermore the editors have allowed the many authors to use disparate nomenclature in the chapter titles, which include myalgic encephalomyelitis, chronic fatigue syndrome and even chronic post-viral fatigue syndrome.

Much repetition occurs throughout this book, but certain chapters commendably discuss this complex group of conditions: in particular I enjoyed the chapter entitled 'Interpreting the role of depression in chronic fatigue syndrome'. In contrast, the section on 'Laboratory abnormalities in chronic fatigue syndrome' however becomes little more than a list of conflicting data. The review of chronic viral infections of the brain discusses classical viral and prion-related disorders, however, no attempt is made to relate the pathological processes involved in these diseases with those in chronic fatigue syndrome.

The debate concerning the aetiology of this illness will continue. The concept that diminished immunity, subsequent upon stress, could lead to a predisposition of a variety of infective conditions is well presented and may help to draw together those individuals that have conceptual difficulties in balancing the results of viral studies with prominent psychological factors.

This book is well worth perusing but the reader must try to maintain an objective viewpoint as he or she progresses through this collection of articles.

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Granulomatous Infections, edited by D.M. Williams. Pp. 187, illustrated. Churchill Livingstone, Edinburgh, London, New York, Tokyo, Melbourne, 1991. Hardback £22.50.

Churchill Livingstone have embarked on a new series of monographs dealing with contemporary management in internal medicine. Forthcoming issues will include acute myocardial infarctions, nephrology, obstructive lung disease, haematological malignancy and the bowel. They emerge from the University of Texas, San Antonio, so they will provide an American slant on management. This issue is on granulomatous infections, comprising six chapters on antifungal therapy, coccidioidomycosis, histoplasmosis, meningitis, pulmonary tuberculosis and mycobacterial disease in human immunodeficiency virus infection.

You may say that this is of limited appeal for some of these infections are rare in Europe; histoplasmosis is more at home in Ohio and coccidioidomycosis in California. However, granulomatous disease is common worldwide

and infective causes must not be overlooked. It would be a calamity if a patient was treated with high dose steroids for supposed neurosarcoidosis when he really needed amphotericin or fluconazole for fungal meningitis or even anti-tuberculous chemotherapy. Direct staining of clinical specimens remains the most rapid and reliable method for the diagnosis of pulmonary tuberculosis, but future techniques are reviewed including DNA amplification by polymerase chain reactions recognition of tuberculostearic acid by gas chromatography, and adenosine deaminase activity in pleural effusions. Turn to this monograph for up-to-date guidance on AIDS and its associated mycobacterial infections. If you practise in any of these fields you will enjoy an extensive bibliography. This monograph is modestly priced and nicely produced.

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Practical Guide to the Care of the Medical Patient, edited by Fred F. Ferri. Pp.xii + 804, illustrated. Wolfe Publishing, London, 1991. Paperback £24.95.

For a small volume, this book packs a powerful punch. Designed to provide a rapidly accessible and comprehensive practical guide to medical diagnosis and management, it is crammed with information, both physiological and of the 'how to' variety, across a wide spectrum of specialties including psychiatry and dermatology. Each disorder is described (in note form) in terms of definition, general approach and background theory, followed by clinical features including the important points of history-taking and physical examination; thereafter the principles of management and diagnostic studies and procedures are outlined, as practised in American hospitals. The section on differential diagnosis gives a useful initial guide according to presenting sign or symptom.

So concentrated is the book's presentation, however, that I felt somewhat beaten up by it when I had reached the end; it tries to do too much. Space for annotation would have been very useful, especially in view of the entirely American style and use of units and drugs. This represents its main drawback – many of the management plans suggested simply do not reflect British hospital practice, and even though it contains a vast amount of well-organized information, a significant amount is useless to our junior staff.

In summary, were I going to the USA to work, I would buy it tomorrow, but for the present, stick to one of the British equivalents.

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Advice for House Surgeons, C.D. Johnson. Pp. vi + 52, not illustrated. Beaconsfield, England, 1992. Paperback £4.50 from bookshops, £4.95 post-paid.

I enjoyed reading this booklet, it took me back to my days as a house surgeon. The emphasis in this book is on

organizing oneself to give excellent service to one's patient, one's registrar and one's consultant. This service aspect of the post is covered very well. I had hoped to see chapters on 'How to make sure you are getting trained' and 'How to obtain counselling on your progress and your future.' Nowadays, the emphasis is on training for pre-registration house officers rather than successful survival of an obstacle course. Nevertheless, the author has succeeded in producing a 'survival kit' and its open and friendly style is a model of today's relationship between house surgeons and consultants.

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Congenital, perinatal and neonatal infections, edited by A Greenhough, J. Osborne and S. Sutherland. Pp. 245. not illustrated. Churchill Livingstone, New York, Melbourne, London, Tokyo, Edinburgh, 1992. Hardback £29.50.

If you enjoy grubbing around in the garden whilst hurling insults at your neighbour's cat this book may well spoil your enjoyment when you reach *Toxoplasma*! That, however, should certainly not stop you from buying this excellent book. As a practising obstetrician I have searched extensively and without success for a good book on infection until now.

These editors have produced a clear, concise and readable guide to the everyday clinical problems produced by infectious diseases and faced by obstetricians and paediatricians.

The first three chapters are a clinical approach by clinicians for clinicians. The next is a hard-hitting painfully searching challenge from the laboratory suggesting clinicians are prone to send (anonymously) the wrong specimen, incorrectly labelled, for the wrong reason, for the wrong test, and in the wrong container! Which of us can claim a totally clear conscience? There follows 16 chapters covering the different infections, with helpful and – in most cases – clear and concise advice about management even in such confused areas as the mode of delivery in maternal genital *Herpes* infection.

This is a very useful reference book but will, I believe, well repay being read from cover to cover by obstetricians, paediatricians and their trainees. It will find a valued space on my bookshelf.

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Atlas of Gastric Surgery, edited by M.J. Zinner. Pp. xiv + 342, illustrated. Churchill Livingstone, Edinburgh, London, Melbourne, New York, Tokyo, 1992. Hardback £90.00.

The policy of this series, stated in the foreword, is to link surgeons with great experience and superb artists. Dr Michael Zinner undoubtedly fulfills the first limb of the