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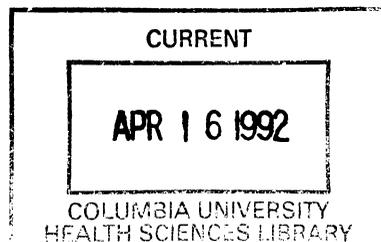
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The **Postgraduate Medical Journal** is published monthly on behalf of the Fellowship of Postgraduate Medicine by the Scientific & Medical Division, Macmillan Press Ltd.

Postgraduate Medical Journal publishes original papers on subjects of current clinical importance. Each issue contains commissioned review and leading articles but unsolicited submissions are also welcome. Each issue also includes 'Letters to the Editor', book reviews and an international postgraduate diary. Many issues contain papers or abstracts of symposia devoted to a single subject, and the full proceedings of meetings are published as supplements to the *Journal*. The *Journal*, as the organ of the Fellowship of Postgraduate Medicine, is dedicated to advancing the understanding and practice of postgraduate medical education and training.

The Fellowship of Postgraduate Medicine was founded after the First World War and was a pioneer in the United Kingdom in the development of programmes of postgraduate study in all branches of medicine (see *Postgrad Med J* 61, 1). It always has been, and remains, independent of University, Health Service and Government. Currently the Fellowship works closely with the National Association of Clinical Tutors in furthering mutual aims. Amongst other activities, the Fellowship provides research grants and support for young investigators especially those working temporarily in the UK.

Further details of the Fellowship of Postgraduate Medicine can be obtained from The Executive Secretary, The Fellowship of Postgraduate Medicine, 6 St Andrew's Place, London NW1 4LB.

The Journal is covered by *Current Contents*, *Biological Abstracts*, *ASCA*, *ISI/BIOMED*, *Index Medicus*, *Excerpta Medica* and *Science Citation Index*.

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Tel: 071-935 5556, Fax: 071-224 3219.

A 'Notice to Contributors' is usually published on the inside back cover of each issue. The Editor reserves the right to make changes which may clarify or condense papers where this is considered desirable.

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mental deficiency, which derives from the author's vast clinical experience, and there are descriptions and photographs of many other unusual syndromes.

The book is unlikely to find itself on the bedside table of the general physician or family doctor, but will be read by many with specialist interests in obesity. The price of £17.50 for a paperback may deter some individuals.

Ian Mclean Baird
Pinecourt,
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Cobham,
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The Surfactant System of the Lung. Prevention and Treatment of Neonatal and Adult Respiratory Distress Syndrome, edited by E.V. Cosmi, G.C. Di Renzo and M.M. Anceschi. Pp. 240, illustrated. Macmillan, Basingstoke, 1991. Hardback £45.00.

This volume contains the proceedings of an international symposium on Pulmonary Surfactant held in Italy towards the end of 1989. Unlike many similar books the editing is good and the contributions have been reset in a consistent style which has resulted in a clear presentation. The 33 very short chapters cover topics ranging from the basic gene structure of the surfactant proteins, through some of the factors which influence surfactant production during development to reports of surfactant replacement trials in preterm infants as well as its more novel use in cases of adult RDS. It has the advantages of a symposium, viz. a wide range of topics is covered, albeit briefly and one's attention span need not be taxed; useful brief reviews by world authorities sit next to scientific presentations and interesting clinical case reports. By its nature, alas, it also has the disadvantages of a scientific meeting: it is by no means comprehensive and the quality of the chapters in terms of interest and scientific content is variable, ranging from the excellent to the mundane. Its major problem, perhaps, is that much of the data and many of the ideas are now at least 2 years old and surfactant research has advanced in that time. Nevertheless, it is a slim volume which is easy to dip into and is

likely to contain something to interest anyone concerned with some aspect of pulmonary surfactant, however peripherally. It is not, however, a text from which to begin one's education on the subject.

D.V. Walters
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Vitamin C and Cancer – Medicine or Politics?, Evelleen Richards. Pp. xii + 264. Macmillan, Basingstoke, 1991. Hardback £35.00.

The story of a celebrated scientific figure, Linus Pauling, in alliance with a Scots surgeon taking on the American oncology establishment in their efforts to prove the efficacy of vitamin C in advanced cancer is a classic David versus Goliath saga. That they were unsuccessful in showing a benefit of vitamin C is now history; nevertheless the fact that serious clinical trials were carried out by the establishment was a remarkable achievement in itself. In this book Evelleen Richards presents an enjoyable account of events surrounding the vitamin C controversy and a challenging analysis of the randomized clinical trial as the ultimate means of obtaining information on treatment effectiveness. She concludes, using the example of the vitamin C trials, that such trials are malleable to social, political and media influences and that they are constrained by the 'rules' of the medical establishment, especially in the USA, so that they can never really give the absolute means of providing reliable knowledge of treatment effectiveness. The book is certainly valuable supplementary reading to all interested in the assessment and improvement of medical treatments. Unfortunately, at £35.00 in hardback, one has to express some doubt as to how widely it will be read, especially by a medical establishment already oversaturated with specialist books and journals.

Alastair G. Smith
Royal South Hants Hospital,
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Books Received

ABC of Antenatal Care, G. Chamberlain. Pp. viii + 84, illustrated. BMJ, London, 1992. Paperback, UK £9.95, overseas, £12.00.

Annual Review of Microbiology, Volume 45, 1991, edited by L. Nicholas Ornston. Pp xi + 657, not illustrated. Annual Reviews Inc., Palo Alto, California, 1991. Hardback, USA and Canada \$41, elsewhere \$46, including P&P.

A World Guide to Infections – Diseases, Distribution, Diagnosis, Mary E. Wilson. Pp. 769, not illustrated. Oxford University Press, Oxford, New York, 1991. Hardback, £80.00.

A-Z of Family Health, Paul Giangrande. Pp. 319, illustrated. Hamlyn, London, 1991. Hardback, £14.99.

Brain Blood Flow in Neurology and Psychiatry, P.J. Ell and D.C. Costa. Pp 183, 166 illustrations. Churchill Livingstone, London, 1991. Hardback, £14.95.

Critical Care Algorithms, R.F. Armstrong, C. Bullen, S.L. Cohen, M. Singer and A.R. Webb. Pp. xi + 100, illustrated. Oxford University Press, Oxford, New York, Tokyo, 1991. Paperback, £15.00.

Diagnostic Ultrasound. Physics, Biology and Instrumentation, Stewart C. Bushong and Benjamin R. Archer. Pp xi + 177, 194 illustrations. Mosby Year Book, St. Louis, Baltimore, Boston, Chicago, London, Philadelphia, Sydney, Toronto, 1991. Hardback £34.95.

The Health of the Nation: The BMJ View, edited by Richard Smith. Pp. 237, illustrated. BMJ, London, 1991. Paperback, £9.95.

Horizons in Medicine No. 3, edited by Carol A. Seymour and John A. Summerfield. Pp. xiii + 384, not illustrated. Transmedica Europe Ltd, Eastbourne, Royal College of Physicians, London, 1991. Hardback £29.50.

Measures of Need and Outcome for Primary Health Care, D. Wilkin, L. Hallam and M. Doggett. Pp. ix + 301, not illustrated. Oxford Medical Publications, Oxford, New York, Tokyo, 1991. Hardback £30.00.

Recent Advances in Paediatrics 10, edited by T. David. Pp. viii + 246, 60 illustrations. Churchill Livingstone, Edinburgh, London, Tokyo, Melbourne, New York, 1991. Paperback, £22.50.

Treatment of Genetic Diseases, edited by R.J. Desnick. Pp. xvi + 350, 125 illustrations. Churchill Livingstone, New York, Edinburgh, London, Melbourne, Tokyo, 1991. Hardback, £50.00.

Postgraduate Diary

Institute of Cancer Research

Regular programme of seminars and teaching sessions throughout the year.

Information: The Dean, Institute of Cancer Research, Haddow Laboratories, 15 Cotswold Road, Belmont, Surrey SM2 5NG, UK.

National Heart and Lung Institute

Courses leading to award of University Diplomas in Cardiology and Thoracic Medicine. Short Courses, meetings and symposia are held throughout the year.

Postgraduate Office, National Heart and Lung Institute, Dovehouse Street, London SW3 6LY. Tel: 071-351 8172.

Institute of Child Health

Short courses booklet available.

For further details please apply to: Anne Crowley, Short Courses Office (Room 6), Institute of Child Health, 30 Guilford Street, London WC1N 1EH. Tel: 071-829 8692 (direct).

Institute of Dental Surgery

Courses for M.Sc. in various aspects of dentistry, Diploma in Dental Public Health, basic medical sciences, etc.

Information: The Dean, Institute of Dental Surgery, Eastman Dental Hospital, Gray's Inn Road, London WC1X 8LD, UK.

Hunterian Institute

Long and short courses in basic medical sciences for primary FRCS (including revision courses in Anatomy/Physiology/Pathology), Primary FDS, FFA part 2 held through the year.

Courses in Clinical Surgery for final FRCS held in Spring and Autumn. Anastomosis Workshop; AO course of fracture treatment.

Details and applications: The Hunterian Institute, Royal College of Surgeons, Lincoln's Inn Fields, London WC2A 3PN. Tel: 071-405 3474.

Institute of Laryngology and Otology

Pre-FRCS and DLO exam courses. Advanced courses on:

Temporal bone surgery – November and June. Anaesthesia for ENT – October. Rhinology and Surgery of the Nasal Cavity and Paranasal Sinuses – October. Nasal Plastic and Facial Soft Tissue Surgery – February. Pathology of the Ear, Nose and Throat – June.

Applications and enquiries: Cheryl Overington, Secretary to the Dean, Institute of Laryngology and Otology, 330/332 Gray's Inn Road, London WC1X 8EE.

Institute of Neurology

Sandoz Foundation advanced lectures on clinical and experimental neurology. Each Wednesday evening throughout academic year.

Details: Institute Registrar, National Hospital, Queen Square, London WC1N 3BG, UK.

Institute of Ophthalmology

Regular courses in ophthalmology held throughout the year.

17/25 Cayton Street, London EC1 9AT, UK.

Institute of Orthopaedics

Professional Unit Pre-Operative Conferences – Mondays 11.00 a.m. at Middlesex Hospital and Thursdays 9.30 a.m. at Stanmore.

Professorial Unit Residents' Seminars/Conferences – Thursdays 8.00 a.m. at Stanmore.

Details: Miss A.M. Lucas, Postgraduate Secretary, Institute of Orthopaedics, The Middlesex Hospital, London W1. Tel: 071-380 9418.

Institute of Psychiatry

Programme of courses and lectures.

The brain damaged patient 27/28 April 1992.

Details: Mrs Leo Wilding, Conference Office, Institute of Psychiatry, De Crespigny Park, London SE5 8AG. Tel: 071-703 5411 ext 3170.

Institute of Urology

Short courses on aspects of urology and nephrology – throughout the year.

One year Diploma courses in urology and nephrology commencing September each year.

Advanced stone management course – held twice yearly. *Applications and enquiries: The Dean, Institute of Urology, 172–176 Shaftesbury Avenue, London WC2H 8JE, UK.*

Royal Postgraduate Medical School

Regular courses on advanced topics.

School Office, Royal Postgraduate Medical School, Hammersmith Hospital, Du Cane Road, London W12 0HS, UK.

Royal Free Hospital School of Medicine

MRCP Part II. 5-day course for clinical examination. Monday 1 June to Friday 5 June 1992.

Monday 5 October to Friday 9 October 1992.

Details from: Dr Geraint James, Visiting Professor of Medicine, The Royal Free Hospital School of Medicine, Pond Street, Hampstead, London NW3 2QG. Tel: 071 794 0500 ext 3931.

Birmingham Polytechnic

Course on helping children with serious illnesses, leading to Advanced Certificate in Paediatric Physiotherapy.

Information from: Department of Health Sciences, Faculty of Health and Social Sciences, Birmingham Polytechnic, Perry Barr, Birmingham B42 2SU.

Loughborough University of Technology

Occupational Health Management. 11–15 May 1992

Details of these and other short courses from: University Training Group, Centre for Extension Studies, Loughborough University of Technology, Loughborough, Leics LE11 3TU.

London School of Hygiene and Tropical Medicine

MSc, diploma and research degree courses in public health and tropical medicine.

Enquiries: The Registrar, LSHTM, Keppel Street, London WC1E 7HT.

Biomedical Seminars

Cardiovascular fitness to dive. 4-5 April 1992. Copthorne Hotel, Aberdeen, Scotland.

The medical aspects of diving emergencies. 9-14 August 1992. Diving Medical Centre, Royal Netherlands Navy.

Details: Biomedical Seminars, 7 Lyncroft Gardens, Ewell, Surrey KT17 1UR

IgA Nephropathy "The 25th Year"

International symposium, Nancy, France. 31 August - 2 September 1992

Details: Laboratoire d'Immunologie, BP 184, Avenue de la Foret de Haye, 54500 Vandoeuvre-les-Nancy, France.

Sixth International Conference on Behcet's Disease

To be held in Paris, France, June 30 to July 1, 1993

Information: B. Wechsler, M.D., Pitié-Salpêtrière Hospital, 47/83 Bd de l'Hôpital, 75014 Paris Cedex 13, France.

NATIONAL ASSOCIATION OF CLINICAL TUTORS

The Association assists clinical tutors in their role as leaders in district medical education. Membership is open to University-appointed clinical and GP tutors. The Association arranges courses for the training and continuing professional development of clinical tutors and holds Winter and Summer Meetings for all members.

Summer Meeting - 14-16 May 1992 - Bangor, N. Wales.

Winter Meeting - 27 November 1992 - London.

Information about the NACT and its activities can be obtained from The Secretariat, National Association of Clinical Tutors, 6 St Andrew's Place, London NW1 4LB. Tel: 071 935 5556.

**Medical Education and Training in Europe: the future
Preliminary Announcement**

October 1st/2nd 1992 at the Royal College of Physicians, 11 St Andrew's Place, London NW1 4LE (by kind permission of the Treasurer).

'Medical Education and Quality of Medical Care in Europe: Aims and Objectives for the Future'. A major international congress bringing together the leaders of medical education and health care in Europe. The programme is designed to examine critically the political and educational implications in medical training in Europe following harmonisation in 1992.

Sessions will include presentations and discussion on:

- 1. Directives for health professionals;
- 2. Harmonisation of hospital training programmes;
- 3. Monospeciality initiatives;
- 4. Training and quality of care initiatives;
- 5. Educational research and development (including primary care); and
- 6. Recommendations and implementation.

Speakers will be invited from all European Commission countries. The conference language will be English. The programme will include opportunity for free discussion following the formal presentations.

If you are interested in receiving further information on the meeting and on registration, please communicate with: Dr M.W.N. Nicholls, Chairman - Organising Committee, Fellowship of Postgraduate Medicine, 6 St Andrew's Place, London NW1 4LB. Tel: (44) 071 935 5556. Fax: (44) 071 224 3219.

EUROPEAN DOCTORS IN LONDON

European Medical Research Group

Fellowship of Postgraduate Medicine

The European Medical Research Group has been formed by the European Association of Internal Medicine with the support of the Fellowship of Postgraduate Medicine, to provide a meeting place for professional and social contact among physicians in training, particularly those from continental Europe. Regular meetings are held at the Medical Society of London. An invited lecture is given, preceded by poster presentations and followed by a buffet supper.

Members of the Group are mailed regularly about the meetings.

Next meeting: Tuesday 23rd June 1992. Professor R.C.D.S. Coombes 'Molecular approach to the future treatment of breast cancer'.

European research fellows and other visiting doctors who would like details of these meetings should write to:

**Dr D.R.J. Singer, c/o The Fellowship of Postgraduate Medicine,
6 St Andrew's Place, London NW1 4LB. Tel: 071 935 5556**

NACT Training Package

This is an open learning study pack which aims to improve the teaching skills of clinical tutors and other tutors. Topics covered include junior doctors' educational skills and their provision, the funding and management of resources, managing change, and the operation of postgraduate centres. The development of the package was funded by the Department of Health and produced with the help of the Open University and the Joint Centre for Educational Research and Development in Medicine.

Further information about the NACT Training Package, which costs £50 including postage, can be obtained from the Secretariat, NACT, 6 St Andrew's Place, London NW1 4LB (Tel. 071 935 5556)

Postgraduate Medical Journal Supplements

The following supplements to Volume 67 of the *Postgraduate Medical Journal* are available from the publisher.

Supplement 1
Inotropic research – aspects of therapy and diagnosis in clinical practice

Supplement 2
Pain Control

Supplement 3
The place of amlodipine in the management of angina pectoris

Supplement 4
Obstructive airways disease: a therapeutic paradox

Supplement 5
Amlodipine in cardiovascular disease: the need for 24-hour protection and control

Notice to Contributors

The *Postgraduate Medical Journal* considers manuscripts prepared in accordance with the guidelines laid down by the International Committee of Medical Journal Editors (*Br Med J* 1988, **296**: 401–405). All material submitted is assumed to be submitted exclusively to the *Postgraduate Medical Journal* unless the contrary is stated.

Typescripts Two complete copies should be sent to the Editor, *Postgraduate Medical Journal*, 6 St Andrew's Place, London NW1 4LB. Papers must be typewritten, double-spaced, on one side of paper not larger than A4 (297 mm × 210 mm), with a 5 cm margin. The first page of the typescript should bear the names of the author(s) and the name and address of the laboratory or institution where the work has been carried out, in addition to the title of the paper. The full address and fax number of the principal author to whom proofs will be sent should be given as a footnote, as should any permanent changes of address and/or appointment. A short (running) title of not more than 45 characters should be given. All pages should be numbered including the title page. In line with many other journals, we do not normally return rejected manuscripts.

The principal author must ensure that any co-authors listed agree to submission of the typescript. Any written or illustrative material which has been or will be published elsewhere must be duly acknowledged and accompanied by the written consent of the authors and publishers concerned.

Arrangement Papers should be divided into; (a) Title page, (b) Summary, (c) Introduction, (d) Materials and methods, (e) Results, (f) Discussion, (g) Acknowledgements, (h) References, (i) Tables, (j) Figures and captions. The summary should not exceed 250 words and should state concisely what was done, the main findings and how the work was interpreted. In all sections of the paper numbered paragraphs should be avoided if at all possible.

Style Abbreviations and symbols must be standard and SI units used throughout. Acronyms should be used sparingly and must be fully explained when first used. Whenever possible drugs should be given their approved generic name. Where a proprietary (brand) name must be used, it should begin with a capital letter. Statistical analyses must explain the methods used. The use of footnotes is not permitted. Single quotation marks should be used and words to be italicized should be underlined. The *Concise Oxford English Dictionary* is used as a reference for all spelling and hyphenation.

References should follow the Vancouver format. In the text, they should appear as numbers starting at 1. At the end of the paper they should be listed (double-spaced) in numerical order corresponding to the order of citation in the text. All authors should be quoted for papers with up to six authors; for papers with more than six authors, the first three only should be quoted followed by *et al.* Abbreviations for titles of medical periodicals should conform to those used in the latest

edition of *Index Medicus*. The first and last page numbers for each reference should be provided. Abstracts and letters must be identified as such.

1. Clements, R. & Gravelle, I.H. Radiological appearances of hydatid disease in Wales. *Postgrad Med J* 1986, **62**: 167–173.
2. Greenberger, J.S. Long-term hematopoietic cultures. In: Golde, W. (ed) *Hematopoiesis*. Churchill-Livingstone, New York, 1984, pp 203–242.

Figures In the text Arabic numbers should be used and all illustrations should be specifically referred to in the text, e.g. (Figure 2). All illustrations should be submitted at about 1½ times the intended final size and should be numbered as figures whether they are photographs, representational drawings or line diagrams and graphs.

Photographs and photomicrographs should be unmounted glossy prints and should not be retouched, and should be chosen to exclude technical artefacts. Magnification is best indicated by a line representing a defined length included within the photographs. Areas of key interest and/or critical reproduction should be indicated on a flimsy overlay attached to the photograph or on a photocopy. All annotations and lettering should be indicated in the same way, and preferably not included on the original print. Clearly contrasted and focused prints are essential for adequate reproduction.

Line diagrams and graphs should be on separate sheets; they must be drawn with black Indian ink on white paper, or supplied as photographic prints of such originals. Lettering on figures should be minimal and must not duplicate the legend. The use of symbols should be consistent within papers, and explanations of symbols should be included in the caption, not on the figure.

A photocopy of all illustrations should be submitted.

Tables These should be as few as possible and should present only essential data. They should be typewritten on separate sheets, have a title or caption, and given Roman numbers.

Proofs Two marked copies of the proofs will be sent to the principal author which should be read carefully for errors. One corrected copy must be returned to the editor within 3 days. Major alterations to the text cannot be accepted.

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Offprints Twenty-five offprints will be supplied free of charge to the principal author. Additional offprints may be ordered on the form accompanying proofs. The charges are necessarily higher if orders are received after the issue has gone to press.

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