

# Postgraduate Medical Journal

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The **Postgraduate Medical Journal** is published monthly on behalf of the Fellowship of Postgraduate Medicine by the Scientific & Medical Division, Macmillan Press Ltd.

**Postgraduate Medical Journal** publishes original papers on subjects of current clinical importance and welcomes review articles with extensive, up-to-date bibliographies as guides to further reading. Several symposia are published each year, each devoted to a single subject and written by specialists in different disciplines. Most issues include authoritative current surveys of clinical problems, well documented reports of cases of particular interest, and book reviews. An international Postgraduate Diary is also included each month.

The Fellowship of Postgraduate Medicine was founded by a group of London consultants after the First World War to assist postgraduates, particularly those coming to London from the Commonwealth, to pursue their studies. The Fellowship first published the **Postgraduate Medical Journal** to give information about lectures, conferences and courses and to provide a monthly review of all branches of medicine.

The Journal is covered by *Current Contents*, *Biological Abstracts*, *ASCA*, *ISI/BIOMED*, *Index Medicus*, *Excerpta Medica* and *Science Citation Index*.

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A 'Notice to Contributors' is usually published on the inside back cover of each issue. The Editor reserves the right to make changes which may clarify or condense papers where this is considered desirable.

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over-view of family medicine, and although some of the contributions cover aspects of practice which would be outside the scope of British practitioners, the greater part of its content is fully relevant to those working in this country. It is well laid out and clearly annotated and cross-referenced.

It would certainly provide a useful reference book for any General Practice library.

L.I. Zander  
*Department of General Practice, UMDS,  
 80 Kennington Road,  
 London SE11 6SP.*

**Andrews' Diseases of the Skin – Clinical Dermatology**, 8th edition, edited by H.L. Arnold, R.B. Odon & W. James. Pp. ix + 1060, illustrated. W.B. Saunders, Philadelphia, 1990. £78.50 hardback.

After an interval of 8 years and an extensive rewrite of the text, the eighth edition of *Andrews'* has appeared. In its single volume containing good quality black and white photographs and up-to-date references, the emphasis is on the clinical manifestations and treatment of dermatological disease rather than the pathogenesis and pathology. There are sections on the structure and function of the skin, morphology of lesions and a further 36 chapters on a variety of cutaneous disorders. The book is intended for medical students, family practitioners

through to dermatologists but it is far too detailed for the average medical student and does not contain sufficient information to act as a single reference source for a dermatologist.

With the rapid expansion in the basic sciences, immunology and therapeutics of dermatological disorders it might be that it is too much for one author to be expected to write or rewrite half the text. Indeed the major criticism of this book is that there is no ordered ranking of treatments for an increasing severity of disease and one might get the impression that systemic retinoids should be prescribed before topical treatment for acne or that peritoneal dialysis is an accepted treatment for psoriasis. Furthermore there is no mention of intravenous prostacyclin or its analogues in the treatment of critical ischaemia in patients with systemic sclerosis nor of pulsed doses of methyl prednisolone or cyclophosphamide in the treatment of recalcitrant rheumatoid vasculitis. An overall formulary might have been a useful addition.

Overall it is an enjoyable book to read and good value for money. However if one has financial constraints on the number of dermatological texts to buy one might consider saving a little longer to purchase one of the more major textbooks available.

Malcolm H.A. Rustin  
*Consultant Dermatologist,  
 The Royal Free Hospital,  
 Pond Street,  
 London NW3 2QG.*

## Books Received

**Acquired Neurological Speech/Language Disorders in Childhood**, edited by Bruce E. Murdoch. Pp. 346. Taylor and Francis, London, New York, Philadelphia, 1990. £19.00 softback, £40.00 cloth.

**Blood Pressure Measurement**, 2nd edition. Published by the *BMJ*. Video and booklet £24.95. Booklet may be purchased separately £1.25 (UK). £2.25 (abroad).

**Cancer: causes, occurrence and control**, Editor-in-chief L. Tomatis. Pp. xvi + 350, illustrated. International Agency for Research on Cancer, Lyon, 1990. Softback.

**Cancer of the Colon and Rectum**, 7th Kings Fund Forum. King's Fund Centre, London, 1990. Price not given.

**The Challenges of Medical Practice Variations**, edited by Tavs Folmer Andersen & Gavin Mooney. Pp. x + 200. Macmillan Press Scientific & Medical, Basingstoke, 1990. £37.50 hardback, £14.95 paperback.

**Cognitive Rehabilitation in Perspective**, edited by Rodger L. Wood & Ian Fussey. Pp. xiv + 268. Taylor & Francis, London, New York, Philadelphia, 1990. £35.00 cloth, £18.00 paperback.

**The Courts and the Doctor**, D.J. Gee & J.K. Mason. Pp. xxi + 217. Oxford University Press, Oxford, New York, Tokyo, 1990. £14.95 hardback.

**Writing S.O.A.P. Notes**, G. Kettenbach. Pp. vii + 145. F.A. Davis Company, Philadelphia, 1990. £10.36 paperback.

## Postgraduate Diary

### Institute of Cancer Research

Regular programme of seminars and teaching sessions throughout the year.

*Information: The Dean, Institute of Cancer Research, Haddow Laboratories, 15 Cotswold Road, Belmont, Surrey SM2 5NG, UK.*

### National Heart and Lung Institute

Courses leading to award of University Diplomas in Cardiology and Thoracic Medicine. Short Courses, meetings and symposia are held throughout the year.

*Postgraduate Office, National Heart and Lung Institute, Dovehouse Street, London SW3 6LY. Tel: 071-351 8172.*

### Institute of Child Health

Short courses booklet available.

*For further details please apply to: Anne Crowley, Short Courses Office (Room 6), Institute of Child Health, 30 Guilford Street, London WC1N 1EH. Tel: 071-829 8692 (direct).*

### Institute of Dental Surgery

Courses for M.Sc. in various aspects of dentistry, Diploma in Dental Public Health, basic medical sciences, etc.

*Information: The Dean, Institute of Dental Surgery, Eastman Dental Hospital, Gray's Inn Road, London WC1X 8LD, UK.*

### Hunterian Institute

Long and short courses in basic medical sciences for primary FRCS (including revision courses in Anatomy/Physiology/Pathology), Primary FDS, FFA part 2 held through the year.

Courses in Clinical Surgery for final FRCS held in Spring and Autumn. Anastomosis Workshop; AO course of fracture treatment.

*Details and applications: The Hunterian Institute, Royal College of Surgeons, Lincoln's Inn Fields, London WC2A 3PN. Tel: 071-405 3474.*

### Institute of Laryngology and Otolaryngology

Pre-FRCS and DLO exam courses. Advanced courses on: Temporal bone surgery – November and June. Anaesthesia for ENT – October. Rhinology and Surgery of the Nasal Cavity and Paranasal Sinuses – October. Nasal Plastic and Facial Soft Tissue Surgery – February. Pathology of the Ear, Nose and Throat – June.

*Applications and enquiries: Cheryl Overington, Secretary to the Dean, Institute of Laryngology and Otolaryngology, 330/332 Gray's Inn Road, London WC1X 8EE.*

### Institute of Neurology

Sandoz Foundation advanced lectures on clinical and experimental neurology. Each Wednesday evening throughout academic year.

*Details: Institute Registrar, National Hospital, Queen Square, London WC1N 3BG, UK.*

### RPMS Institute of Obstetrics and Gynaecology

Endometriosis. 12 November 1990.

Course in Obstetric Anaesthesia and Analgesia. 14–16 November 1990.

*Details of symposia from: Symposium Secretary, RPMS Institute of Obstetrics and Gynaecology, Queen Charlotte's Hospital for Women, Goldhawk Road, London W6 0XG, UK.*

### Institute of Ophthalmology

Regular courses in ophthalmology held throughout the year.

*17/25 Cayton Street, London EC1 9AT, UK.*

### Institute of Orthopaedics

Professional Unit Pre-Operative Conferences – Mondays 11.00 a.m. at Middlesex Hospital and Thursdays 9.30 a.m. at Stanmore.

Professional Unit Residents' Seminars/Conferences – Thursdays 8.00 a.m. at Stanmore.

Course on Radiology of Bones and Joints – 7–9 November 1990.

Clinical Audit Meeting – 19 December 1990. 6.00 p.m. at Stanmore.

*Details: Miss A.M. Lucas, Postgraduate Secretary, Institute of Orthopaedics, The Middlesex Hospital, London W1. Tel: 071-380 9418.*

### Institute of Psychiatry

Programme of courses and lectures.

Biometrics Unit Short Courses:

Latent variable models using LISREL and EQS on a PC – 10/11 December 1990.

Recent Developments in Child and Adolescent Psychiatry – 6/7 December 1990.

*Details: Nadine Morgan, Conference Office, Institute of Psychiatry, De Crespigny Park, London SE5 8AG. Tel: 071-703 5411 ext 3170.*

### Institute of Urology

Short courses on aspects of urology and nephrology – throughout the year.

One year Diploma courses in urology and nephrology commencing September each year.

Advanced stone management course – held twice yearly.

*Applications and enquiries: The Dean, Institute of Urology, 172–176 Shaftesbury Avenue, London WC2H 8JE, UK.*

### Royal Postgraduate Medical School

Regular courses on advanced topics.

*School Office, Royal Postgraduate Medical School, Hammersmith Hospital, Du Cane Road, London W12 0HS, UK.*

### Royal Free Hospital School of Medicine

MRCP Part II. 5-day course for clinical examination.

Monday 11 February to Friday 15 February 1991.

*Details from: Dr Geraint James, Visiting Professor of Medicine, The Royal Free Hospital School of Medicine, Pond Street, Hampstead, London NW3 2QG. Tel: 071 0500 ext 3931.*

**New Interventional Techniques in the Vascular System**

One day symposium organized by the British Medical Laser Association. Wednesday 28 November 1990.

*Details: Dr R.E. Smith, Surgical Professorial Unit, St Bartholomew's Hospital, London EC1A 7BE Fax: 071 606 5943.*

**University of Warwick**

Techniques and applications of molecular biology: a course for medical practitioners. 11–14 December 1990.

*Information: Dr Rachal Strachan, Department of Biological Sciences, University of Warwick, Coventry CV4 7AL. Tel. 0203-523523 ext 3540.*

**London Sports Medicine Institute**

14 November 7.15 p.m. Hormonal changes with exercise – Dr T. Howlett. 21 November 7.15 p.m. Groin strain in sportsmen – Mr O.A.J. Gilmore. 5 December 7.15 p.m. Patellar ligament problems and tendonopathies – Dr J.D. Perry. 12 December 7.15 p.m. Athletes heart – Dr D.S. Tunstall Pedoe.

*Information: Barbara Komoniewska, London Sports Medicine Institute, c/o Medical College of St Bartholomew's Hospital, Charterhouse Square, London EC1M 6BQ. Tel. 071 251 0583.*

**University of Keele**

Diploma course for general practitioners in Primary Medical Care.

*Details: Dr B. McGuiness, Department of Postgraduate Medicine, University of Keele, Keele, Staffordshire ST5*

**University of Manchester**

M.A. in Health Care Ethics.

*Details: Mrs S. Ibbotson, Department of Education, University of Manchester, Oxford Road, Manchester M13 9PL, UK.*

**University of Wales College of Medicine**

Full or part-time Diploma or MSc programme in Medical Education.

*Enquiries to Ms Lynne Allery, Lecturer in Medical Education, Department of Postgraduate Studies, University of Wales College of Medicine, Heath Park, Cardiff CF4 4XN.*

**Liverpool, Newsham General Hospital**

Lunchtime meetings twice monthly.

*Secretary, Postgraduate Centre, Belmont Road, Liverpool L6 4AF, UK.*

**London School of Hygiene and Tropical Medicine**

MSc, diploma and research degree courses in public health and tropical medicine.

*Enquiries: The Registrar, LSHTM, Keppel Street, London WC1E 7HT.*

**Forum on Clinical Pharmacology and Therapeutics**

Pharmaceutical product promotion: from facts to freebies. One day meeting to be held at the Royal Society of Medicine, 1 Wimpole Street, London W1M 8EA. Tuesday 20 November 1990.

*Further details: Miss Nicole Aaron, Forum Executive, The Royal Society of Medicine, 1 Wimpole Street, London W1M 8AE.*

**Thyroid '91**

Centenary Celebration meeting with the Thyroid Club of Great Britain. Newcastle upon Tyne 4/5 July 1991.

*Information: Dr W.M.G. Tunbridge, Wards 1 and 2 Office, Newcastle General Hospital, Newcastle upon Tyne NE4 6BE.*

**The Amnesia Association**

'Cognitive and emotional aspects of brain injury' University of Southampton. 17 November 1990.

*Information: The Amnesia Association, St Charles' Hospital, Exmoor Street, London W10 6DZ.*

**The Johns Hopkins University**

32nd Annual Postgraduate Institute for pathologists in clinical cytopathology.

Home Study course A – February to April 1991.

14 April to 25 April 1991. In residence course B.

*Details: J.K. Frost or Ms B.A. Remley, 111 Pathology Building, The Johns Hopkins Hospital, Baltimore, MD 21205 U.S.A.*

**Barrow Neurological Institute**

18th Annual Symposium. Marriott's Camelback Inn Resort, Scottsdale, Arizona. 21–23 March 1991.

'Recent advances in neurology and neurosurgery'

*Information: T.A. Jardine, BNI Administration, Barrow Neurological Institute, 350 West Thomas Road, Phoenix, Arizona, 85013, USA.*

**St Joseph's Hospital and Medical Center**

5th Annual Magnetic Resonance Imaging Conference.

Barrow Neurological Institute of St Joseph's Hospital and Medical Center Marriott's Camelback Inn, Scottsdale, Arizona, USA. March 16–20 1991.

*Information: K. King, Education Coordinator, Radiologic Education Center, St Joseph's Hospital and Medical Center, 350 W. Thomas Road, Phoenix, AZ 85013, USA.*

**National Association of Clinical Tutors**

The Winter Meeting and Annual General Meeting of the Association will be held on 23 November 1990 at the Royal College of Physicians, London NW1. It will be followed by a special meeting to mark the 21st anniversary of the formation of the Association, and an anniversary dinner. Former tutors who are not in touch with the Association, but who would like details of the meeting, should contact the Secretariat.

Former clinical tutors who would like to become Associate Members of the National Association of Clinical Tutors should write to the Secretariat for details of membership.

*Information about the Association, and details of courses and meetings can be obtained from:*

*The Secretariat, National Association of Clinical Tutors, 6 St Andrew's Place, London NW1 4LB. Tel. 071 935 5556 Fax 071 224 3219.*

**NACT Training Package**

This is an open learning study pack which aims to improve the teaching skills of clinical tutors and other tutors. Topics covered include junior doctors' educational skills and their provision, the funding and management of resources, managing change, and the operation of postgraduate centres. The development of the package was funded by the Department of Health and produced with the help of the Open University and the Joint Centre for Educational Research and Development in Medicine. *Further information about the NACT Training Package, which costs £50 including postage, can be obtained from the Secretariat, NACT, 6 St Andrew's Place, London NW1 4LB (Tel. 071 935 5556)*

**NEWS***South Essex Medical Education and Research Trust (SEMERT)*

In 1987 the members of the Research Trust decided to set up a Research Fellowship enabling the Trust to award research grants to medical personnel within this catchment area, which, in turn, would contribute towards encouraging high calibre medical staff to work here.

The Appeals Committee managed to secure the services of the National Westminster Bank Medical Professions Unit as sponsor, and subsequently the research fellowship was designated the National Westminster Research Fellowship. The capital sums provided by this sponsorship enabled awards to be made to postgraduates at hospitals in this Health district, and three evenings a year are designated for presentations by these postgraduates, together with lectures by eminent people in the particular field.

The Appeals Committees work, however, had not finished there as the continuation of the research fellowship needed to be secured. For this purpose therefore a '100' Club type operation was looked at, whereby 100 medical practitioners in the area would be asked to pledge a sum of money, for this continued research, having their name acknowledged on a Role of Honour in the Postgraduate Centre for all time. The interest of the investments of the capital sums would then be utilized for future Research Fellowship requirements.

The evenings have provided excellent education for the doctors in the area, with each meeting being attended on average by 100 people, with the profile of the SEMERT being heightened in the area, and also the publicity gained by the sponsor has been very worthwhile.

*Further details can be obtained from: Dai Davies, NatWest Medical Professions Unit, 3rd Floor, Fenchurch Exchange, 8 Fenchurch Place, London EC3M 4PB.*

## EUROPEAN DOCTORS IN LONDON

### **European Medical Research Group**

The European Medical Research Group has been formed by Young AEMIE (European Association of Internal Medicine) with the support of the Fellowship of Postgraduate Medicine, to provide a meeting place for professional and social contact among physicians in training, particularly those from continental Europe. Regular meetings are held at the Medical Society of London. An invited lecture is given, preceded by poster presentations and followed by a buffet supper.

Members of the Group are mailed regularly about the meetings. The next meeting is on Tuesday 6 November 1990 when the invited lecture will be given by Professor Stafford Lightman, Department of Medicine, Charing Cross Hospital Medical School, on 'New insights into hypothalamic function.'

*European research fellows and other visiting doctors who would like details of these meetings should write to:*

**Dr D.R.J. Singer, c/o The Fellowship of Postgraduate Medicine,  
6 St Andrew's Place, London NW1 4LB. Tel: 071 935 5556**

### **Fellowship of Postgraduate Medicine**

## Notice to Contributors

The *Postgraduate Medical Journal* considers manuscripts prepared in accordance with the guidelines laid down by the International Committee of Medical Journal Editors (*Br Med J* 1988, **296**: 401–405). All material submitted is assumed to be submitted exclusively to the *Postgraduate Medical Journal* unless the contrary is stated.

**Typescripts** Two complete copies should be sent to the Editor, *Postgraduate Medical Journal*, 6 St Andrew's Place, London NW1 4LB. Papers must be typewritten, double-spaced, on one side of paper not larger than A4 (297 mm × 210 mm), with a 5 cm margin. The first page of the typescript should bear the names of the author(s) and the name and address of the laboratory or institution where the work has been carried out, in addition to the title of the paper. The full address of the principal author to whom proofs will be sent should be given as a footnote, as should any permanent changes of address and/or appointment. A short (running) title of not more than 45 characters should be given. All pages should be numbered including the title page. In line with many other journals, we do not normally return rejected manuscripts.

**The principal author** must ensure that any co-authors listed agree to submission of the typescript. Any written or illustrative material which has been or will be published elsewhere must be duly acknowledged and accompanied by the written consent of the authors and publishers concerned.

**Arrangement** Papers should be divided into; (a) Title page, (b) Summary, (c) Introduction, (d) Materials and methods, (e) Results, (f) Discussion, (g) Acknowledgements, (h) References, (i) Tables, (j) Figures and captions. The summary should not exceed 250 words and should state concisely what was done, the main findings and how the work was interpreted. In all sections of the paper numbered paragraphs should be avoided if at all possible.

**Style** Abbreviations and symbols must be standard and SI units used throughout. Acronyms should be used sparingly and must be fully explained when first used. Whenever possible drugs should be given their approved generic name. Where a proprietary (brand) name must be used, it should begin with a capital letter. Statistical analyses must explain the methods used. The use of footnotes is not permitted. Single quotation marks should be used and words to be italicized should be underlined. The *Concise Oxford English Dictionary* is used as a reference for all spelling and hyphenation.

**References** should follow the Vancouver format. In the text, they should appear as numbers starting at 1. At the end of the paper they should be listed (double-spaced) in numerical order corresponding to the order of citation in the text. All authors should be quoted for papers with up to six authors; for papers with more than six authors, the first three only should be quoted followed by *et al.* Abbreviations for titles of medical periodicals should conform to those used in the latest

edition of *Index Medicus*. The first and last page numbers for each reference should be provided. Abstracts and letters must be identified as such.

1. Clements, R. & Gravelle, I.H. Radiological appearances of hydatid disease in Wales. *Postgrad Med J* 1986, **62**: 167–173.
2. Greenberger, J.S. Long-term hematopoietic cultures. In: Golde, W. (ed) *Hematopoiesis*. Churchill-Livingstone, New York, 1984, pp 203–242.

**Figures** In the text Arabic numbers should be used and all illustrations should be specifically referred to in the text, e.g. (Figure 2). All illustrations should be submitted at about 1½ times the intended final size and should be numbered as figures whether they are photographs, representational drawings or line diagrams and graphs.

**Photographs and photomicrographs** should be unmounted glossy prints and should not be retouched, and should be chosen to exclude technical artefacts. Magnification is best indicated by a line representing a defined length included within the photographs. Areas of key interest and/or critical reproduction should be indicated on a flimsy overlay attached to the photograph or on a photocopy. All annotations and lettering should be indicated in the same way, and preferably not included on the original print. Clearly contrasted and focused prints are essential for adequate reproduction.

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**A photocopy** of all illustrations should be submitted.

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