

Postgraduate Medical Journal

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The **Postgraduate Medical Journal** is published monthly on behalf of the Fellowship of Postgraduate Medicine by the Scientific & Medical Division, Macmillan Press Ltd.

Postgraduate Medical Journal publishes original papers on subjects of current clinical importance and welcomes review articles with extensive, up-to-date bibliographies as guides to further reading. Several symposia are published each year, each devoted to a single subject and written by specialists in different disciplines. Most issues include authoritative current surveys of clinical problems, well documented reports of cases of particular interest, and book reviews. An international Postgraduate Diary is also included each month.

The Fellowship of Postgraduate Medicine was founded by a group of London consultants after the First World War to assist postgraduates, particularly those coming to London from the Commonwealth, to pursue their studies. The Fellowship first published the **Postgraduate Medical Journal** to give information about lectures, conferences and courses and to provide a monthly review of all branches of medicine.

The Journal is covered by *Current Contents*, *Biological Abstracts*, *ASCA*, *ISI/BIOMED*, *Index Medicus*, *Excerpta Medica* and *Science Citation Index*.

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A 'Notice to Contributors' is usually published on the inside back cover of each issue. The Editor reserves the right to make changes which may clarify or condense papers where this is considered desirable.

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doctors working on primary care' for whom this series of books is supposedly written. Three chapters on eczema are thorough and more clinically orientated with less emphasis on immunology and molecular biology than the psoriasis chapters. The management of eczema is covered well with a sensible, pragmatic approach.

This book is an enjoyable informative read. It is also a valuable source of references, which are right up to date. Aspiring trainee dermatologists would do well to purchase and read this volume.

J.D. Wilkinson
*Wycombe General Hospital,
High Wycombe,
Bucks. HP11 2TT.*

Reproduction, Obstetrics and Gynaecology, M.G. Elder. Pp. xiv + 333, illustrated. Heinemann Medical Books, Oxford, London, Melbourne, Auckland, 1988. £20.

This paperback book represents good value for undergraduate medical students who require an introduction to obstetrics and gynaecology. It is a multi-author text and many of the chapters, especially the early ones on the physiology of reproduction, are well written and easy to read and digest.

Unfortunately, the book is somewhat unbalanced. Although most aspects of reproduction and obstetrics are covered fairly thoroughly, there are only two chapters on the whole of the remainder of gynaecology. Thus benign disorders of the reproductive organs and bladder receive only 20 pages, and malignant disorders still fewer. As these aspects of gynaecology represent a major part of the undergraduate curriculum the reader would obviously need to seek further information elsewhere. A whole chapter is devoted to the breast, which would be appropriate for a major gynaecological text book; but normally, in the United Kingdom, this type of information would be found in a text book on general surgery. The chapter on psychological aspects of reproduction is also somewhat strange and rather out of place in a short text of this type – and its suggestions for further reading date back to the 1940s and 1950s. Surely there are more up-to-date references on this very important subject?

Pregnancy and labour (both normal and abnormal) have been fully documented and the improvements in

outcome due to changes in practice and modern technology have been emphasized. There are 3 chapters on infertility covering all the up-to-date views on investigation and treatment.

Illustrations are necessarily few in a text of this size and price but those which have been used are helpful. The book is easy to handle and to read with good quality paper and print and excellent use of sub-headings within each chapter. If the next edition could incorporate a little more gynaecology, I am sure that this book would be widely advocated as an introductory text book for medical students.

Linda Cardozo
*King's College Hospital,
Denmark Hill,
London SE5 9RS.*

A Synopsis of Rheumatic Disease, 5th edition, Douglas N Golding. Pp. vi + 299, illustrated. Wright, Sevenoaks, Kent, 1989. £25.00.

This fifth edition of Douglas Golding's excellent and information packed book has been considerably revised and updated. It contains a wealth of information, presented in a clear, concise and unambiguous fashion and this makes it a very useful volume for the busy doctor requiring rapid access to authoritative information. The book is aimed for general physicians and postgraduate students as well as specialist rheumatologists and will prove very useful to the MRCP candidates requiring extensive knowledge of rheumatology presented in a clear and comprehensive fashion. The new chapters on the classification of the rheumatic disorders and disorders due to vasculitis are particularly appealing and the book is up to date with the latest changes in therapy in the rheumatic diseases.

The many diagrams, clinical photographs, radiographs and photomicrographs in colour and monochrome also make this a very appealing volume. All in all, this is a most worthwhile and useful book.

D.B. Yates
*Taunton and Somerset Hospital,
Taunton,
Somerset TA1 5DA.*

Books Received

Annual Review of Immunology, Volume 8, edited by William E. Paul. Pp. x + 819, illustrated. Annual Reviews Inc. Palo Alto, Ca, USA, 1990. \$38.00 (USA & Canada), \$42.00 (elsewhere).

Annual Review of Medicine: Selected Topics in the Clinical Sciences, Volume 41, edited by William P. Creger. Pp. x + 534, illustrated. Annual Reviews Inc., Palo Alto, Ca, USA, 1990. \$38.00 (USA & Canada) \$42.00 (elsewhere).

Changing Values in Medical and Health Care Decision Making, edited by Uffe Juul Jensen and Gavin Mooney. Pp. x + 195. John Wiley & Sons, Chichester, New York, Brisbane, Toronto, Singapore, 1990. £22.50.

Essentials of Experimental Surgery, J.S.P. Lumley, C.J. Green, P. Lear and J.E. Angell-James. Pp. viii + 262, illustrated. Butterworths, London, Boston, Singapore, Sydney, Toronto, Wellington, 1990. £45.00.

Histology, Peter S. Amenta. Medical Outline series, 4th edition. Pp. x + 486, illustrated. Medical Examination Publishing Co., New York. Distributed by Gazelle Book Services, Lancaster, 1990. £28.25.

Magnetic Stimulation in Clinical Neurophysiology, edited by Sudhansu Chokroverty. Pp. xx + 308, illustrated. Butterworths, Boston, London, Singapore, Sydney, Toronto, Wellington, 1990. £48.00.

Medical Quotations, edited by John Diantith and Amanda Isaacs. Pp. 263. Collins, London, Glasgow, 1990. £4.95 paperback.

Principles and Practice of Endocrinology and Metabolism, edited by Kenneth L. Becker. Pp. xxxii + 1912, illustrated. J.B. Lippincott, Philadelphia, Grand Rapids, New York, St Louis, San Francisco, London, Sydney, Tokyo, 1990. \$125.00.

Quick Reference to Ob-Gyn Procedures, 3rd Edition, Hugh R.K. Barber, David H. Fields and Sherwin A. Kaufman. Pp. xvi + 495. J.B. Lippincott, Philadelphia, Grand Rapids, New York, St Louis, San Francisco, London, Sydney, Tokyo, 1990. \$34.50.

The Story of the Bionic Ear, June Epstein. Pp. 144, illustrated. Hyland House, Melbourne. Distributed by Gazelle Book Services, Lancaster, 1990. £7.50.

Surgical Pathology of the Breast, K. Rogers and A.J. Coup. Pp. viii + 149, illustrated. Wright, London, Boston, Singapore, Sydney, Toronto, Wellington, 1990. £39.50.

Urologic Pathology with Clinical and Radiologic Correlation, edited by Ayten Someren. Pp. x + 750, illustrated. Pergamon, New York, 1989. £59.40, \$95.

Postgraduate Diary

Institute of Cancer Research

Regular programme of seminars and teaching sessions throughout the year.

Information: The Dean, Institute of Cancer Research, Haddow Laboratories, 15 Cotswold Road, Belmont, Surrey SM2 5NG, UK.

National Heart and Lung Institute

Courses leading to award of University Diplomas in Cardiology and Thoracic Medicine. Short Courses, meetings and symposia are held throughout the year.

Postgraduate Office, National Heart and Lung Institute, Dovehouse Street, London SW3 6LY. Tel: 071-351 8172.

Institute of Child Health

Short courses booklet available.

For further details please apply to: Anne Crowley, Short Courses Office (Room 6), Institute of Child Health, 30 Guilford Street, London WC1N 1EH. Tel: 071-829 8692 (direct).

Institute of Dental Surgery

Courses for M.Sc. in various aspects of dentistry, Diploma in Dental Public Health, basic medical sciences, etc.

Information: The Dean, Institute of Dental Surgery, Eastman Dental Hospital, Gray's Inn Road, London WC1X 8LD, UK.

Hunterian Institute

Long and short courses in basic medical sciences for primary FRCS (including revision courses in Anatomy/Physiology/Pathology), Primary FDS, FFA part 2 held through the year.

Courses in Clinical Surgery for final FRCS held in Spring and Autumn. Anastomosis Workshop; AO course of fracture treatment.

Details and applications: The Hunterian Institute, Royal College of Surgeons, Lincoln's Inn Fields, London WC2A 3PN. Tel: 071-405 3474.

Institute of Laryngology and Otolaryngology

Pre-FRCS and DLO exam courses. Advanced courses on: Temporal bone surgery – November and June. Anaesthesia for ENT – October. Rhinology and Surgery of the Nasal Cavity and Paranasal Sinuses – October. Nasal Plastic and Facial Soft Tissue Surgery – February. Pathology of the Ear, Nose and Throat – June.

Applications and enquiries: Cheryl Overington, Secretary to the Dean, Institute of Laryngology and Otolaryngology, 330/332 Gray's Inn Road, London WC1X 8EE.

Institute of Neurology

Sandoz Foundation advanced lectures on clinical and experimental neurology. Each Wednesday evening throughout academic year.

Details: Institute Registrar, National Hospital, Queen Square, London WC1N 3BG, UK.

RPMS Institute of Obstetrics and Gynaecology

The computer as a research tool – 10 September 1990.

HIV infection in women and children – 14 September 1990.

Children – the forgotten mourners – 17 September 1990.

The dilemmas of women in medicine – 18 September 1990.

Details of symposia from: Symposium Secretary, RPMS Institute of Obstetrics and Gynaecology, Queen Charlotte's Hospital for Women, Goldhawk Road, London W6 0XG, UK.

Institute of Ophthalmology

Regular courses in ophthalmology held throughout the year.

17/25 Cayton Street, London EC1 9AT, UK.

Institute of Orthopaedics

Radiodiagnosis demonstrations – Mondays at 5 p.m. during the academic year.

Professorial unit residents' seminars/conferences, Thursdays. 8.00 a.m., Stanmore

Details: Miss A.M. Lucas, Postgraduate Secretary, Institute of Orthopaedics, The Middlesex Hospital, London W1. Tel: 071-380 9418.

Institute of Psychiatry

Programme of courses and lectures.

Two day course on Eating Disorders. 27–28 September 1990.

Conference on 'Psychiatric audit' 1st October 1990.

Biometrics Unit Short Courses:

Latent variable models using LISREL and EQS on a PC – 10/11 December 1990.

An introduction to the analysis of epidemiological data using GLIM-PC – 25/26 September 1990.

Details: Nadine Morgan, Conference Office, Institute of Psychiatry, De Crespigny Park, London SE5 8AG. Tel: 071-703 5411 ext 3170.

Institute of Urology

Short courses on aspects of urology and nephrology – throughout the year.

One year Diploma courses in urology and nephrology commencing September each year.

Advanced stone management course – held twice yearly. *Applications and enquiries: The Dean, Institute of Urology, 172–176 Shaftesbury Avenue, London WC2H 8JE, UK.*

Royal Postgraduate Medical School

Regular courses on advanced topics.

School Office, Royal Postgraduate Medical School, Hammersmith Hospital, Du Cane Road, London W12 0HS, UK.

Royal Free Hospital School of Medicine

MRCP Part II. 5-day courses for clinical examination. Monday 15 October to Friday 19 October 1990.

Monday 11 February to Friday 15 February 1991.

Details from: Dr Geraint James, Visiting Professor of Medicine, The Royal Free Hospital School of Medicine, Pond Street, Hampstead, London NW3 2QG. Tel: 071 0500 ext 3931.

University of Keele

Diploma course for general practitioners in Primary Medical Care.

Details: Dr B. McGuiness, Department of Postgraduate Medicine, University of Keele, Keele, Staffordshire ST5 5BG. (Stoke on Trent 49144 ext 4047).

University of Manchester

M.A. in Health Care Ethics.

Details: Mrs S. Ibbotson, Department of Education, University of Manchester, Oxford Road, Manchester M13 9PL, UK.

University of Wales College of Medicine

Full or part-time Diploma or MSc programme in Medical Education.

Enquiries to Ms Lynne Allery, Lecturer in Medical Education, Department of Postgraduate Studies, University of Wales College of Medicine, Heath Park, Cardiff CF4 4XN.

Liverpool, Newsham General Hospital

Lunchtime meetings twice monthly.

Secretary, Postgraduate Centre, Belmont Road, Liverpool L6 4AF, UK.

London School of Hygiene and Tropical Medicine

MSc, diploma and research degree courses in public health and tropical medicine.

Enquiries: The Registrar, LSHTM, Keppel Street, London WC1E 7HT.

The Amnesia Association

Workshop 'Working with memory disorders' 24 September 1990. Postgraduate Medical Centre, City Hospital, Nottingham.

'Cognitive and emotional aspects of brain injury' University of Southampton. 17 November 1990.

Information: The Amnesia Association, St Charles' Hospital, Exmoor Street, London W10 6DZ.

Advances in the Understanding and Treatment of Asthma

An international meeting jointly sponsored by The Royal Society of Medicine and The New York Academy of Sciences.

1-3 October 1990. To be held at the Royal College of Surgeons of England, Lincoln's Inn Fields, London WC2A 3PN

Details: Janet Locker, Medical Services Department, The Royal Society of Medicine, 1 Wimpole Street, London W1M 8AE

CEMEC European Centre for Disaster Medicine

4th International Training Course on Disaster Medicine. Republic of San Marino. 15 October to 7 November 1990.

Information: Segreteria Generale CEMEC, Ospedale di Stato, 47031 Repubblica San Marino.

International Symposium on Arthroscopy

1-3 November 1990.

Details: MetaPhor Conference & Meetings, 21 Kirkless Close, Farsley, Pudsey, W. Yorks LS28 5TF.

The Johns Hopkins University

32nd Annual Postgraduate Institute for pathologists in clinical cytopathology.

Home Study course A - February to April 1991.

14 April to 25 April 1991. In residence course B.

Details: J.K. Frost or Ms B.A. Remley, 111 Pathology Building, The Johns Hopkins Hospital, Baltimore, MD 21205 U.S.A.

Barrow Neurological Institute

18th Annual Symposium. Marriott's Camelback Inn Resort, Scottsdale, Arizona. 21-23 March 1991.

'Recent advances in neurology and neurosurgery'

Information: T.A. Jardine, BNI Administration, Barrow Neurological Institute, 350 West Thomas Road, Phoenix, Arizona, 85013, USA.

St Joseph's Hospital and Medical Center

5th Annual Magnetic Resonance Imaging Conference.

Barrow Neurological Institute of St Joseph's Hospital and Medical Center Marriott's Camelback Inn, Scottsdale, Arizona, USA. March 16-20 1991.

Information: K. King, Education Coordinator, Radiologic Education Center, St Joseph's Hospital and Medical Center, 350 W. Thomas Road, Phoenix, AZ 85013, USA.

National Association of Clinical Tutors

The Winter Meeting of the Association is on 23 November at the Royal College of Physicians.

Council meeting: October 4

Former clinical tutors who would like to become Associate Members of the National Association of Clinical Tutors should write to the Secretariat for details of membership.

Information about the Association, and details of courses and meetings can be obtained from:

The Secretariat, National Association of Clinical Tutors, 6 St Andrew's Place, London NW1 4LB.

Tel. 071 935 5556 Fax 071 224 3219.

NEWS

Postgraduate Medical Education

A joint meeting of the United Kingdom Conference of Postgraduate Medical Deans and Directors, The National Association of Clinical Tutors, The National Association of Postgraduate Medical Education Centre Administrators and the United Kingdom Conference of Postgraduate Advisers in General Practice was held in York from 4 to 6 July. The Secretary of State for Health, Kenneth Clarke, addressed the meeting on Friday July 6th. During his speech he announced that he had accepted the recommendations of the Chief Medical Officer's Expert Advisory Group on the funding and organisation of postgraduate medical education in the future. There would be a protected funding system for the delivery of education and the monitoring of standards. The budget holder would be the Regional Postgraduate Dean. In future the Regional Deans would be appointed jointly by the Regional Health Authority and the University and would be accountable to the RHA for their budgets while retaining strong links with their University.

NACT Training Package

During the Joint Meeting the National Association of Clinical Tutors' Training Package was launched. This is an open learning study pack which aims to improve the teaching skills of clinical tutors and other tutors. Topics covered include junior doctors' educational skills and their provision, the funding and management of resources, managing change, and the operation of post-graduate centres. The development of the package was funded by the Department of Health and produced with the help of the Open University and the Joint Centre for Educational Research and Development in Medicine.

Further information about the NACT Training Package, which costs £50 including postage, can be obtained from the Secretariat, NACT, 6 St Andrew's Place, London NW1 4LB (Tel. 071 935 5556)

Biomedicals Material Research Centre

The Science and Engineering Research Council has announced that a new £10 million biomedical research centre will open in October at Queen Mary & Westfield College (University of London). First among its objectives will be research to improve the lifetime of hip replacements and the development of implant materials

for younger patients. The Interdisciplinary Research Centre involves collaboration between the London Hospital Medical College, the Royal Free Hospital and the Institute of Orthopaedics together with Queen Mary & Westfield College, and will be headed by Professor William Bonfield, head of the Materials Department at QMW.

Dystrophic epidermolysis bullosa research association (DEBRA)

Applications for grants are invited from research workers interested in the study of epidermolysis bullosa.

This is a disease with many forms of expression, often crippling and sometimes lethal. The condition involves blistering of both skin and internal mucosal surfaces. A deficiency of Type VII collagen has been reported in some cases and lack of a specific proteoglycan in others.

Interested persons should contact the Director, DEBRA, 1 Kings Rd, Crowthorne, Berkshire, RG11 7BG (Tel. 0344 771961) from whom a list of publications on the subject may be obtained together with a grant application form. The grant applications will be assessed by a specialist medical and scientific panel and will be competitive.

EUROPEAN DOCTORS IN LONDON**European Medical Research Group**

The European Medical Research Group has been formed by Young AEMIE (European Association of Internal Medicine) with the support of the Fellowship of Postgraduate Medicine, to provide a meeting place for professional and social contact among physicians in training, particularly those from continental Europe. Regular meetings are held at the Medical Society of London. An invited lecture is given, preceded by poster presentations and followed by a buffer supper.

Members of the Group are mailed regularly about the meetings. The next meeting is on Tuesday 6 November 1990.

European research fellows and other visiting doctors who would like details of these meetings should write to:

**Dr D.R.J. Singer, c/o The Fellowship of Postgraduate Medicine,
6 St Andrew's Place, London NW1 4LB. Tel: 071 935 5556**

Fellowship of Postgraduate Medicine

Notice to Contributors

The *Postgraduate Medical Journal* considers manuscripts prepared in accordance with the guidelines laid down by the International Committee of Medical Journal Editors (*Br Med J* 1988, **296**: 401–405). All material submitted is assumed to be submitted exclusively to the *Postgraduate Medical Journal* unless the contrary is stated.

Typescripts Two complete copies should be sent to the Editor, *Postgraduate Medical Journal*, 6 St Andrew's Place, London NW1 4LB. Papers must be typewritten, double-spaced, on one side of paper not larger than A4 (297 mm × 210 mm), with a 5 cm margin. The first page of the typescript should bear the names of the author(s) and the name and address of the laboratory or institution where the work has been carried out, in addition to the title of the paper. The full address of the principal author to whom proofs will be sent should be given as a footnote, as should any permanent changes of address and/or appointment. A short (running) title of not more than 45 characters should be given. All pages should be numbered including the title page. In line with many other journals, we do not normally return rejected manuscripts.

The principal author must ensure that any co-authors listed agree to submission of the typescript. Any written or illustrative material which has been or will be published elsewhere must be duly acknowledged and accompanied by the written consent of the authors and publishers concerned.

Arrangement Papers should be divided into; (a) Title page, (b) Summary, (c) Introduction, (d) Materials and methods, (e) Results, (f) Discussion, (g) Acknowledgements, (h) References, (i) Tables, (j) Figures and captions. The summary should not exceed 250 words and should state concisely what was done, the main findings and how the work was interpreted. In all sections of the paper numbered paragraphs should be avoided if at all possible.

Style Abbreviations and symbols must be standard and SI units used throughout. Acronyms should be used sparingly and must be fully explained when first used. Whenever possible drugs should be given their approved generic name. Where a proprietary (brand) name must be used, it should begin with a capital letter. Statistical analyses must explain the methods used. The use of footnotes is not permitted. Single quotation marks should be used and words to be italicized should be underlined. The *Concise Oxford English Dictionary* is used as a reference for all spelling and hyphenation.

References should follow the Vancouver format. In the text, they should appear as numbers starting at 1. At the end of the paper they should be listed (double-spaced) in numerical order corresponding to the order of citation in the text. All authors should be quoted for papers with up to six authors; for papers with more than six authors, the first three only should be quoted followed by *et al.* Abbreviations for titles of medical periodicals should conform to those used in the latest

edition of *Index Medicus*. The first and last page numbers for each reference should be provided. Abstracts and letters must be identified as such.

1. Clements, R. & Gravelle, I.H. Radiological appearances of hydatid disease in Wales. *Postgrad Med J* 1986, **62**: 167–173.
2. Greenberger, J.S. Long-term hematopoietic cultures. In: Golde, W. (ed) *Hematopoiesis*. Churchill-Livingstone, New York, 1984, pp 203–242.

Figures In the text Arabic numbers should be used and all illustrations should be specifically referred to in the text, e.g. (Figure 2). All illustrations should be submitted at about 1½ times the intended final size and should be numbered as figures whether they are photographs, representational drawings or line diagrams and graphs.

Photographs and photomicrographs should be unmounted glossy prints and should not be retouched, and should be chosen to exclude technical artefacts. Magnification is best indicated by a line representing a defined length included within the photographs. Areas of key interest and/or critical reproduction should be indicated on a flimsy overlay attached to the photograph or on a photocopy. All annotations and lettering should be indicated in the same way, and preferably not included on the original print. Clearly contrasted and focused prints are essential for adequate reproduction.

Line diagrams and graphs should be on separate sheets; they must be drawn with black Indian ink on white paper, or supplied as photographic prints of such originals. Lettering on figures should be minimal and must not duplicate the legend. The use of symbols should be consistent within papers, and explanations of symbols should be included in the caption, not on the figure.

A photocopy of all illustrations should be submitted.

Tables These should be as few as possible and should present only essential data. They should be typewritten on separate sheets, have a title or caption, and given Roman numbers.

Proofs Two marked copies of the proofs will be sent to the principal author which should be read carefully for errors. One corrected copy must be returned to the editor within 3 days. Major alterations to the text cannot be accepted.

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