

Postgraduate Medical Journal

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The **Postgraduate Medical Journal** is published monthly on behalf of the Fellowship of Postgraduate Medicine by the Scientific & Medical Division, Macmillan Press Ltd.

Postgraduate Medical Journal publishes original papers on subjects of current clinical importance and welcomes review articles with extensive, up-to-date bibliographies as guides to further reading. Several symposia are published each year, each devoted to a single subject and written by specialists in different disciplines. Most issues include authoritative current surveys of clinical problems, well documented reports of cases of particular interest, and book reviews. An international Postgraduate Diary is also included each month.

The Fellowship of Postgraduate Medicine was founded by a group of London consultants after the First World War to assist postgraduates, particularly those coming to London from the Commonwealth, to pursue their studies. The Fellowship first published the **Postgraduate Medical Journal** to give information about lectures, conferences and courses and to provide a monthly review of all branches of medicine.

The Journal is covered by *Current Contents*, *Biological Abstracts*, *ASCA*, *ISI/BIOMED*, *Index Medicus*, *Excerpta Medica* and *Science Citation Index*.

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Manuscripts and all editorial correspondence, including books for review should be sent to: The Editor, Postgraduate Medical Journal, 6 St Andrew's Place, London NW1 4LB, UK. Tel: 071-935 5556, Fax: 071-224 3219.

A 'Notice to Contributors' is usually published on the inside back cover of each issue. The Editor reserves the right to make changes which may clarify or condense papers where this is considered desirable.

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trying to investigate patients by sequential rather than simultaneous tests. Algorithms remain a fascinating intellectual exercise and I would agree that they could 'provide a lattice-work upon which thoughts could be organised'. As long as the book is used in this way it is both educational and fun.

S.M. Watkins
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Digestive Disease Pathology. Vol. 1, edited by Shaw Watanabe, Marianne Wolff & Sheldon C. Sommers. Pp. 229, illustrated. Macmillan Publishing Company, New York, 1989. £36.00.

It is always useful to consult the preface when considering buying a book and, certainly, before embarking on a book review. Unfortunately, although one is promised in the contents, there is no preface to this book. Therefore, the reader can only guess at its purpose before turning to the text itself. It is immediately clear that this is not a review of gastrointestinal pathology but, rather, a catholic collection of what seem to be randomly selected topics, not all of which are necessarily representative of the 'advancing edge' of gastroenterology. Nor is the book an up to date source of information on those topics which it does cover. There are only one or two references later than 1985 and, if the chapters on gastrointestinal lymphoma and mucosal immunity are representative, then the book is very dated indeed. The first chapter, which is a somewhat turgid account of differentiation in gastric cancer, accounts for slightly less than a quarter of the entire book; it is written in the style of a scientific paper as is the second on the prognosis of this disease. The style then changes to that of a book rather than a journal, as chapters follow on a subtype of gastritis, autonomic nerves, lymphoma, neuroendocrine tumours and their cells, protein losing enteropathy and mucosal immunity. The final chapter on Japanese Crohn's disease is once more presented as a formal scientific paper. I have no doubt that the authors have given their best but the editors have not. They appear to have given little guidance to the authors and to have been in no hurry to get the book into press. Perhaps the missing preface is no idle omission; like this reviewer the editors seem to have

been unable to summarise the reasons for producing this volume.

Professor P.G. Isaacson
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University College Hospital,
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Ward Rounds for Medical Students – Clinical Medicine, Gerald Sandler. Pp. x + 278, illustrated. Chapman and Hall Medical, London, New York, 1990.

This is a textbook for clinical medical students. The format used is a script of the teaching ward round we all know so well: the difference is that it is in print and therefore endlessly repeatable. Each chapter deals with a common symptom or sign such as dizziness or hypertension, by means of a conversation between consultant, student and, occasionally, patient. A traditional sequence of history, examination, investigation and management is used.

This book is eminently readable. It covers each subject broadly, explaining underlying principles well. It does, however, lack the depth of a more detailed text which is why I feel it will be of most use to students first on the wards, giving them a wide basis of knowledge upon which detail can be added. There is a good selection of apposite X-rays, ECGs, photographs and diagrams interposed with the text. At the end of each chapter there is an excellent section entitled 'Learning Points'. This provides a useful summary, as well as material for those students expected to give the odd list in examinations. I particularly like the footnotes applied to each eponym used – another handy guide for examinations and ward rounds.

As this review is appearing in a postgraduate journal, I would like to make a plea that consultants also read this book, as the author's methods of positive criticism (and very little damning sarcasm) are to be applauded and copied. After all, not all doctors are born teachers and much can be learnt from such good example. Although no substitute for the real thing this would be a welcome addition to any student's bookshelf.

Ann Graham
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Books Received

'Cabbage Syndrome': the Social Construction of Dependence, Colin Barnes. Pp. ix + 232, The Falmer Press, London, New York, Philadelphia, 1990. £25.00 Hardback; £10.95 paperback.

A Consumer's Guide to Prescription Medicines, Barrington Cooper and Laurence Gerlis. Pp. 719, Hamlyn, London, 1990. £12.95 Hardback; £6.99 paperback.

Hospital-acquired Infection: Principles and Prevention, G.A.J. Ayliffe, B.J. Collins and L.J. Taylor. Second edition. Pp. xii + 140, illustrated. Wright, London, Boston, Singapore, Sydney, Toronto, Wellington, 1990. £12.95.

How to Use a Medical Library, Leslie T. Morton and Derek J. Wright. Seventh edition. Pp. v + 88, Clive Bingley, London, 1990. £12.50.

Medical Audit: A Plan for Regional Implementation, Pp. iv + 16. South West Thames Regional Health Authority, London. £3.50 Single copy; £30 for 10 copies; £50 for 20 copies.

Medical Statistics: A Commonsense Approach, Michael J. Campbell and David Machin. Pp. xii + 172, illustrated. John Wiley, Chichester, New York, Brisbane, Toronto, Singapore, 1990. £9.95.

Synopsis of Ophthalmology, Sixth edition. Jack J. Kanski. Pp. xi + 237, Wright, London, Boston, Singapore, Sydney, Toronto, Wellington, 1990. £14.95.

Teaching Genetics to Medical Students: A Survey and Recommendations. Report of a working party of the Committee on Clinical Genetics of the Royal College of Physicians. Pp. iv + 32, Royal College of Physicians of London, 1990. £5.00; £7.00 overseas; \$15.00 US.

Textbook of Medicine, Edited by R.L. Souhami and J. Moxham. Pp. xii + 1198, illustrated. Churchill Livingstone, Edinburgh, London, Melbourne, New York, 1990. £24.95.

A Textbook of Paediatrics in the Tropics and Sub-tropics, P.M. Barnes, Harjit Singh and A.J.H. Stephens. Pp. vi + 282, illustrated. Macmillan Publishers, London, Basingstoke, 1990. £35.00.

Postgraduate Diary

Institute of Cancer Research

Regular programme of seminars and teaching sessions throughout the year.

Information: The Dean, Institute of Cancer Research, Haddow Laboratories, 15 Cotswold Road, Belmont, Surrey SM2 5NG, UK.

National Heart and Lung Institute

Courses leading to award of University Diplomas in Cardiology and Thoracic Medicine. Short Courses, meetings and symposia are held throughout the year.

Postgraduate Office, National Heart and Lung Institute, Dovehouse Street, London SW3 6LY. Tel: 071-351 8172.

Institute of Child Health

Short courses booklet available.

For further details please apply to: Anne Crowley, Short Courses Office (Room 6), Institute of Child Health, 30 Guilford Street, London WC1N 1EH. Tel: 071-829 8692 (direct).

Institute of Dental Surgery

Courses for M.Sc. in various aspects of dentistry, Diploma in Dental Public Health, basic medical sciences, etc.

Information: The Dean, Institute of Dental Surgery, Eastman Dental Hospital, Gray's Inn Road, London WC1X 8LD, UK.

Hunterian Institute

Long and short courses in basic medical sciences for primary FRCS (including revision courses in Anatomy/Physiology/Pathology), Primary FDS, FFA part 2 held through the year.

Courses in Clinical Surgery for final FRCS held in Spring and Autumn. Anastomosis Workshop; AO course of fracture treatment.

Details and applications: The Hunterian Institute, Royal College of Surgeons, Lincoln's Inn Fields, London WC2A 3PN. Tel: 071-405 3474.

Institute of Laryngology and Otology

Pre-FRCS and DLO exam courses. Advanced courses on: Temporal bone surgery – November and June. Anaesthesia for ENT – October. Rhinology and Surgery of the Nasal Cavity and Paranasal Sinuses – October. Nasal Plastic and Facial Soft Tissue Surgery – February. Pathology of the Ear, Nose and Throat – June.

Applications and enquiries: Cheryl Overington, Secretary to the Dean, Institute of Laryngology and Otology, 330/332 Gray's Inn Road, London WC1X 8EE.

Institute of Neurology

Sandoz Foundation advanced lectures on clinical and experimental neurology. Each Wednesday evening throughout academic year.

Details: Institute Registrar, National Hospital, Queen Square, London WC1N 3BG, UK.

RPMS Institute of Obstetrics and Gynaecology

The computer as a research tool – 10 September 1990.
HIV infection in women and children – 14 September 1990.
Children – the forgotten mourners – 17 September 1990.
The dilemmas of women in medicine – 18 September 1990.
Details of symposia from: Symposium Secretary, RPMS Institute of Obstetrics and Gynaecology, Queen Charlotte's Hospital for Women, Goldhawk Road, London W6 0XG, UK.

Institute of Ophthalmology

Regular courses in ophthalmology held throughout the year.

17/25 Cayton Street, London EC1 9AT, UK.

Institute of Orthopaedics

Radiodiagnosis demonstrations – Mondays at 5 p.m. during the academic year.

Professorial unit residents' seminars/conferences, Thursdays. 8.00 a.m., Stanmore

Details: Miss A.M. Lucas, Postgraduate Secretary, Institute of Orthopaedics, The Middlesex Hospital, London W1. Tel: 071-380 9418.

Institute of Psychiatry

Programme of courses and lectures.

Two day course on Eating Disorders. 27–28 September 1990.
Conference on 'Psychiatric audit' 1st October 1990.

Biometrics Unit Short Courses:

Latent variable models using LISREL and EQS on a PC – 10/11 December 1990.

An introduction to the analysis of epidemiological data using GLIM-PC – 25/26 September 1990.

Details: Nadine Morgan, Conference Office, Institute of Psychiatry, De Crespigny Park, London SE5 8AG. Tel: 071-703 5411 ext 3170.

Institute of Urology

Short courses on aspects of urology and nephrology – throughout the year.

One year Diploma courses in urology and nephrology commencing September each year.

Advanced stone management course – held twice yearly.
Applications and enquiries: The Dean, Institute of Urology, 172–176 Shaftesbury Avenue, London WC2H 8JE, UK.

Royal Postgraduate Medical School

Regular courses on advanced topics.

School Office, Royal Postgraduate Medical School, Hammersmith Hospital, Du Cane Road, London W12 0HS, UK.

Royal Free Hospital School of Medicine

MRCP Part II. 5-day courses for clinical examination.
Monday 15 October to Friday 19 October 1990.

Monday 11 February 1991 to Friday 15 February 1991.
Details from: Dr Geraint James, Visiting Professor of Medicine, The Royal Free Hospital School of Medicine, Pond Street, Hampstead, London NW3 2QG. Tel: 071 0500 ext 3931.

University of Keele

Diploma course for general practitioners in Primary Medical Care.

Details: Dr B. McGuiness, Department of Postgraduate Medicine, University of Keele, Keele, Staffordshire ST5 5BG. (Stoke on Trent 49144 ext 4047).

University of Manchester

M.A. in Health Care Ethics.

Details: Mrs S. Ibbotson, Department of Education, University of Manchester, Oxford Road, Manchester M13 9PL, UK.

University of Wales College of Medicine

Full or part-time Diploma or MSc programme in Medical Education.

Enquiries to Ms Lynne Allery, Lecturer in Medical Education, Department of Postgraduate Studies, University of Wales College of Medicine, Heath Park, Cardiff CF4 4XN.

Liverpool, Newsham General Hospital

Lunchtime meetings twice monthly.

Secretary, Postgraduate Centre, Belmont Road, Liverpool L6 4AF, UK.

London School of Hygiene and Tropical Medicine

MSc, diploma and research degree courses in public health and tropical medicine.

Enquiries: The Registrar, LSHTM, Keppel Street, London WC1E 7HT.

4th International Conference on ICIRP

Conference on incest and related problems: developing awareness and therapeutic skills. 6–8 August 1990. Northwick Park Hospital, Harrow, Middlesex.

Information: ICIRP Conference Office, 101 Harley Street, London W1N 1DF.

King's Fund Forum

Consensus and controversies in medicine. Cancer of the colon and rectum.

18–20 June 1990.

Regent's College, Inner Circle, Regent's Park, London NW1.

Information: King's Fund Forum, King's Fund Centre, 126 Albert Street, London NW1 7NF.

The Amnesia Association

Workshop 'Working with memory disorders' 24 September 1990. Postgraduate Medical Centre, City Hospital, Nottingham.

'Cognitive and emotional aspects of brain injury' University of Southampton. 17 November 1990.

Information: The Amnesia Association, St Charles' Hospital, Exmoor Street, London W10 6DZ.

Advances in the Understanding and Treatment of Asthma

An international meeting jointly sponsored by The Royal Society of Medicine and The New York Academy of Sciences.

1–3 October 1990. To be held at the Royal College of Surgeons of England, Lincoln's Inn Fields, London WC2A 3PN

Details: Janet Locker, Medical Services Department, The Royal Society of Medicine, 1 Wimpole Street, London W1M 8AE

9th International Congress. European Federation for Medical Informatics

20–23 August 1990.

Details: Dr. J.S. Bryden, Meeting Makers, 50 Richmond Street, Glasgow G1 1XP.

Marcé Society

Fifth International Conference of the Marcé Society. Child Bearing and Mental Health.

University of York 4 to 7 September 1990.

Details: Conference Secretariat (Marcé). Bell Howe Conferences, 1 Willoughby, Beeston, Nottingham NG9 2LT. Tel. 44 (0) 602 436323.

XXXII International Congress for the History of Medicine

Antwerp, Belgium 3–7 September 1990.

Information: Thierry Appelboom MD, Erasmus University Hospital, route de Lennik 808. 1070 Brussels, Belgium.

International Symposium on Arthroscopy

1–3 November 1990.

Details: MetaPhor Conference & Meetings, 21 Kirkless Close, Farsley, Pudsey, W. Yorks LS28 5TF.

The Johns Hopkins University

32nd Annual Postgraduate Institute for pathologists in clinical cytopathology.

Home Study course A – February to April 1991.

14 April to 25 April 1991. In residence course B.

Details: J.K. Frost or Ms B.A. Remley, 111 Pathology Building, The Johns Hopkins Hospital, Baltimore, MD 21205 U.S.A.

Barrow Neurological Institute

18th Annual Symposium. Marriott's Camelback Inn Resort, Scottsdale, Arizona. 21–23 March 1991.

'Recent advances in neurology and neurosurgery'

Information: T.A. Jardine, BNI Administration, Barrow Neurological Institute, 350 West Thomas Road, Phoenix, Arizona, 85013, USA.

St Joseph's Hospital and Medical Center

5th Annual Magnetic Resonance Imaging Conference. Barrow Neurological Institute of St Joseph's Hospital and Medical Center Marriott's Camelback Inn, Scottsdale, Arizona, USA. March 16–20 1991.

Information: K. King, Education Coordinator, Radiologic Education Center, St Joseph's Hospital and Medical Center, 350 W. Thomas Road, Phoenix, AZ 85013, USA.

NATIONAL ASSOCIATION OF CLINICAL TUTORS

The Winter Meeting of the Association is on 23 November at the Royal College of Physicians.

Council meeting: October 4

Former clinical tutors who would like to become Associate Members of the National Association of Clinical Tutors should write to the Secretariat for details of membership.

Information about the Association, and details of the above courses and meetings can be obtained from:

The Secretariat, National Association of Clinical Tutors, 6 St Andrew's Place, London NW1 4LB. Tel. 071 935 5556 Fax 071 224 3219.

EUROPEAN DOCTORS IN LONDON

European Medical Research Group

Fellowship of Postgraduate Medicine

The European Medical Research Group has been formed by Young AEMIE (European Association of Internal Medicine) with the support of the Fellowship of Postgraduate Medicine, to provide a meeting place for professional and social contact among physicians in training, particularly those from continental Europe. Regular meetings are held at the Medical Society of London. An invited lecture is given, preceded by poster presentations and followed by a buffer supper.

Members of the Group are mailed regularly about the meetings. The next meeting is on Tuesday 6 November 1990.

European research fellows and other visiting doctors who would like details of these meetings should write to:

**Dr D.R.J. Singer, c/o The Fellowship of Postgraduate Medicine,
6 St Andrew's Place, London NW1 4LB. Tel: 071 935 5556**

Notice to Contributors

The *Postgraduate Medical Journal* considers manuscripts prepared in accordance with the guidelines laid down by the International Committee of Medical Journal Editors (*Br Med J* 1988, **296**: 401–405). All material submitted is assumed to be submitted exclusively to the *Postgraduate Medical Journal* unless the contrary is stated.

Typescripts Two complete copies should be sent to the Editor, Postgraduate Medical Journal, 6 St Andrew's Place, London NW1 4LB. Papers must be typewritten, double-spaced, on one side of paper not larger than A4 (297 mm × 210 mm), with a 5 cm margin. The first page of the typescript should bear the names of the author(s) and the name and address of the laboratory or institution where the work has been carried out, in addition to the title of the paper. The full address of the principal author to whom proofs will be sent should be given as a footnote, as should any permanent changes of address and/or appointment. A short (running) title of not more than 45 characters should be given. All pages should be numbered including the title page. In line with many other journals, we do not normally return rejected manuscripts.

The principal author must ensure that any co-authors listed agree to submission of the typescript. Any written or illustrative material which has been or will be published elsewhere must be duly acknowledged and accompanied by the written consent of the authors and publishers concerned.

Arrangement Papers should be divided into; (a) Title page, (b) Summary, (c) Introduction, (d) Materials and methods, (e) Results, (f) Discussion, (g) Acknowledgements, (h) References, (i) Tables, (j) Figures and captions. The summary should not exceed 250 words and should state concisely what was done, the main findings and how the work was interpreted. In all sections of the paper numbered paragraphs should be avoided if at all possible.

Style Abbreviations and symbols must be standard and SI units used throughout. Acronyms should be used sparingly and must be fully explained when first used. Whenever possible drugs should be given their approved generic name. Where a proprietary (brand) name must be used, it should begin with a capital letter. Statistical analyses must explain the methods used. The use of footnotes is not permitted. Single quotation marks should be used and words to be italicized should be underlined. The *Concise Oxford English Dictionary* is used as a reference for all spelling and hyphenation.

References should follow the Vancouver format. In the text, they should appear as numbers starting at 1. At the end of the paper they should be listed (double-spaced) in numerical order corresponding to the order of citation in the text. All authors should be quoted for papers with up to six authors; for papers with more than six authors, the first three only should be quoted followed by *et al.* Abbreviations for titles of medical periodicals should conform to those used in the latest

edition of *Index Medicus*. The first and last page numbers for each reference should be provided. Abstracts and letters must be identified as such.

1. Clements, R. & Gravelle, I.H. Radiological appearances of hydatid disease in Wales. *Postgrad Med J* 1986, **62**: 167–173.
2. Greenberger, J.S. Long-term hematopoietic cultures. In: Golde, W. (ed) *Hematopoiesis*. Churchill-Livingstone, New York, 1984, pp 203–242.

Figures In the text Arabic numbers should be used and all illustrations should be specifically referred to in the text, e.g. (Figure 2). All illustrations should be submitted at about 1½ times the intended final size and should be numbered as figures whether they are photographs, representational drawings or line diagrams and graphs.

Photographs and photomicrographs should be unmounted glossy prints and should not be retouched, and should be chosen to exclude technical artefacts. Magnification is best indicated by a line representing a defined length included within the photographs. Areas of key interest and/or critical reproduction should be indicated on a flimsy overlay attached to the photograph or on a photocopy. All annotations and lettering should be indicated in the same way, and preferably not included on the original print. Clearly contrasted and focused prints are essential for adequate reproduction.

Line diagrams and graphs should be on separate sheets; they must be drawn with black Indian ink on white paper, or supplied as photographic prints of such originals. Lettering on figures should be minimal and must not duplicate the legend. The use of symbols should be consistent within papers, and explanations of symbols should be included in the caption, not on the figure.

A photocopy of all illustrations should be submitted.

Tables These should be as few as possible and should present only essential data. They should be typewritten on separate sheets, have a title or caption, and given Roman numbers.

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Offprints Twenty-five offprints will be supplied free of charge to the principal author. Additional offprints may be ordered on the form accompanying proofs. The charges are necessarily higher if orders are received after the issue has gone to press.

Drug side effects Manuscripts reporting adverse drug reactions should be accompanied by evidence showing that the reaction has been reported on a 'yellow card' or to the appropriate drug licensing authority, and to the drug manufacturer.