

Postgraduate Medical Journal

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The **Postgraduate Medical Journal** is published monthly on behalf of the Fellowship of Postgraduate Medicine by the Scientific & Medical Division, Macmillan Press Ltd.

Postgraduate Medical Journal publishes original papers on subjects of current clinical importance and welcomes review articles with extensive, up-to-date bibliographies as guides to further reading. Several symposia are published each year, each devoted to a single subject and written by specialists in different disciplines. Most issues include authoritative current surveys of clinical problems, well documented reports of cases of particular interest, and book reviews. An international Postgraduate Diary is also included each month.

The Fellowship of Postgraduate Medicine was founded by a group of London consultants after the First World War to assist postgraduates, particularly those coming to London from the Commonwealth, to pursue their studies. The Fellowship first published the **Postgraduate Medical Journal** to give information about lectures, conferences and courses and to provide a monthly review of all branches of medicine.

The Journal is covered by *Current Contents*, *Biological Abstracts*, *ASCA*, *ISI/BIOMED*, *Index Medicus*, *Excerpta Medica* and *Science Citation Index*.

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A 'Notice to Contributors' is usually published on the inside back cover of each issue. The Editor reserves the right to make changes which may clarify or condense papers where this is considered desirable.

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The book is well illustrated and produced throughout, layout is clear and easy on the eye, and although as a librarian I should not say so, I do not feel that the absence of an index in any way detracts from its usefulness.

It is worth buying by anyone with an interest in, or need for, medical information but ideally it should be purchased in bulk by librarians and given away as part of the library orientation package to both medical students and library staff. It is exactly the same format as MIMS (but slimmer) and should fit snugly in the other pocket of a white coat.

David W.C. Stewart
*Librarian,
Royal Society of Medicine,
1 Wimpole Street,
London W1.*

Postgraduate Haematology. Third edition, edited by A.V. Hoffbrand and S.M. Lewis. Pp. vi + 715, illustrated. Heinemann Professional Publishing, London, 1989. £60.

This book has been an international best seller, so it clearly fulfils a need. What is this need, how does this edition compare with the second and does it retain those characteristics that made the first two editions so successful?

The answer to the first question is, I believe, given in the preface to the 1st edition where the editors clearly state that the book is not intended for reference but as a text of reasonable size, which will be particularly useful to those preparing for the MRCPPath.

As a result of its two-column format, the third edition is significantly longer than its predecessor. However, the total number of chapters (25 versus 21) and the pages (697 versus 757) is not very different, so the book still seems of eminently manageable size. Furthermore, many will, like me, find the new double-column layout more attractive.

The 3rd edition has four new chapters: an additional one on normal leucocytes and their benign disorders; a new section on chromosomes; separate chapters on CML and CLL; and a new account of the myelodysplastic states. In addition, at relevant points in the text, due prominence is given to recent advances in biochemistry, molecular biology and monoclonal antibody technology – subjects specifically cited by the authors as growth areas since the last edition.

Furthermore, the book stood up well when I looked up specific areas of interest to me. For example, the interleukins, interferons and TNF are all considered and, although I might argue with a few of the details, the section on hairy-cell disease and hairy cell variants is balanced and up-to-date.

In conclusion, then, I believe this 3rd edition retains the best selling characteristics of its two predecessors, while keeping abreast of recent advances. I am sure it will be as successful as the 1st and 2nd editions.

Professor J.C. Cawley
*University Department of Haematology,
Royal Liverpool Hospital,
Liverpool L69 3BX.*

Books Received

Antimicrobial Chemotherapy. Second edition, edited by David Greenwood. Pp. xi + 372, illustrated. Oxford University Press, Oxford, New York, Tokyo, 1989. £20.00.

Common Medical Diagnoses: An Algorithmic Approach, Patrice M. Healey and Edwin J. Jacobson. Pp. xiv + 203, illustrated. W.B. Saunders Company, Philadelphia, London etc, 1990. £26.50. Softback.

Family Problems, Peter R. Williams. Pp. viii + 108, illustrated. Oxford University Press, London, New York, Tokyo, 1989. £12.50. Softback.

Manual of Surgical Clearance, Abel E. Moreyra and John B. Kostis. Pp. vii + 133, illustrated. Ishiyaku Euro-America Inc., USA, 1989. £16.25. Softback.

Medical Genetics – An Illustrated Outline, Andrew Read. Pp. viii + 152, illustrated. Gower Medical Publishing, London, New York, 1989. \$14.95.

Readings in Medical Sociology, edited by Sarah Cunningham-Burley & Neil M. McKegane. Pp. x + 261, illustrated. Tavistock/Routledge, London, New York, 1989. £10.95. Paperback.

Reviews on Immunoassay Technology, Volume 3, edited by S.B. Oak. Pp. vii + 173, illustrated. Macmillan Press, Basingstoke, London, 1989. £45.

Yearbook of Medicine 1989, edited by David E. Rogers, Roger M. Des Prez *et al.* Pp. xxvii + 818, illustrated. Year Book Medical Publishers Inc., Chicago, London, Boca Raton, 1989. £42.00. Hardback.

Postgraduate Diary

Institute of Cancer Research

Regular programme of seminars and teaching sessions throughout the year.

Information: The Dean, Institute of Cancer Research, Haddow Laboratories, 15 Cotswold Road, Belmont, Surrey SM2 5NG, UK.

National Heart and Lung Institute

Courses leading to award of University Diplomas in Cardiology and Thoracic Medicine. Short Courses, meetings and symposia are held throughout the year.

Postgraduate Office, National Heart and Lung Institute, Dovehouse Street, London SW3 6LY. Tel: 01-351 8172.

Institute of Child Health

Short courses booklet available.

For further details please apply to: Anne Crowley, Short Courses Office (Room 6), Institute of Child Health, 30 Guilford Street, London WC1N 1EH. Tel: 01-829 8692 (direct).

Institute of Dental Surgery

Courses for M.Sc. in various aspects of dentistry, Diploma in Dental Public Health, basic medical sciences, etc.

Information: The Dean, Institute of Dental Surgery, Eastman Dental Hospital, Gray's Inn Road, London WC1X 8LD, UK.

Hunterian Institute

Long and short courses in basic medical sciences for primary FRCS (including revision courses in Anatomy/Physiology/Pathology), Primary FDS, FFA part 2 held throughout the year.

Courses in Clinical Surgery for final FRCS held in Spring and Autumn. Anastomosis Workshop; AO course of fracture treatment.

Details and applications: The Hunterian Institute, Royal College of Surgeons, Lincoln's Inn Fields, London WC2A 3PN. Tel: 01-405 3474.

Institute of Laryngology and Otolaryngology

Pre-FRCS and DLO exam courses. Advanced courses on: Temporal bone surgery – November and June. Anaesthesia for ENT – October. Rhinology and Surgery of the Nasal Cavity and Paranasal Sinuses – October. Nasal Plastic and Facial Soft Tissue Surgery – February. Pathology of the Ear, Nose and Throat – June. *Applications and enquiries: Cheryl Overington, Secretary to the Dean, Institute of Laryngology and Otolaryngology, 330/332 Gray's Inn Road, London WC1X 8EE.*

Institute of Neurology

Sandoz Foundation advanced lectures on clinical and experimental neurology. Each Wednesday evening throughout academic year.

Details: Institute Registrar, National Hospital, Queen Square, London WC1N 3BG, UK.

RPMS Institute of Obstetrics and Gynaecology

Details of symposia from: Symposium Secretary, RPMS Institute of Obstetrics and Gynaecology, Queen Charlotte's Hospital for Women, Goldhawk Road, London W6 0XG, UK.

Institute of Ophthalmology

Regular courses in ophthalmology held throughout the year.

17/25 Cayton Street, London EC1 9AT, UK.

Institute of Orthopaedics

Radiodiagnosis demonstrations – Mondays at 5 p.m. during the academic year.

Professional unit residents' seminars/conferences, Thursdays. 8.00 a.m., Stanmore

Details: Miss A.M. Lucas, Postgraduate Secretary, Institute of Orthopaedics, The Middlesex Hospital, London W1. Tel: 01-380 9418.

Institute of Psychiatry

Programme of courses and lectures.

1st International conference on Psychology and the Performing Arts. 5–7 July 1990. Enquiries to Dr Glenn Wilson, Department of Psychology, Institute of Psychiatry.

Advances in affective disorders in old age 23–25 July 1990.

Details: Nadine Morgan, Conference Office, Institute of Psychiatry, De Crespigny Park, London SE5 8AG. Tel: 01-703 5411 ext 3170.

Biometrics unit short course. An introduction to the analysis of epidemiological data using GLIM-PC. 25–26 April 1990.

Applications to: Dr G. Dunn, Biometrics Unit, Institute of Psychiatry.

Institute of Urology

Short courses on aspects of urology and nephrology – throughout the year.

One year Diploma courses in urology and nephrology commencing September each year.

Advanced stone management course – held twice yearly. *Applications and enquiries: The Dean, Institute of Urology, 172–176 Shaftesbury Avenue, London WC2H 8JE, UK.*

IIIrd International Conference on SLE

To be held in the Queen Elizabeth II Conference Centre, Westminster, London on 13, 14, 15 April, 1992.

For further details please contact: Dr Graham Hughes or Mrs Denzil Fletcher, Rheumatology Department, St. Thomas' Hospital, London SE1 7EH. Telephone and Fax No. 01-633 9422.

Royal Postgraduate Medical School

Regular courses on advanced topics.

School Office, Royal Postgraduate Medical School, Hammersmith Hospital, Du Cane Road, London W12 0HS, UK.

XVth International Update on Liver Disease

Royal Free Hospital and School of Medicine, London NW3 2QG 12–14 July 1990.

Further details and information: Professor Neil McIntyre, Academic Department of Medicine, Royal Free Hospital, Pond Street, London NW3 2QG. Tel. 01 794 0500 ext 3969.

St Thomas's Hospital

MRCP Part II (Paeds course aimed at both written and clinical part of examination).

Saturday 28 April to 4 May 1990.

Held in Postgraduate Centre, St Thomas' Hospital.

Details: Miss M. Brooks, Paediatric Unit, St Thomas' Hospital, London SE1 6EH. Tel: 01-928 9292 ext 2146/3044.

Royal Free Hospital

MRCP Part II courses: five day clinical course 4-8 June 1990, 15-19 October 1990.

Details: Dr D. Geraint James, Royal Free Hospital, Pond Street, Hampstead, London NW3 2QG.

Advanced Medicine Course

Royal South Hants Hospital, Southampton. 21-15 May 1990. Designed for consultants and senior registrars.

Information: The Administrator, Postgraduate Medical Centre, Royal South Hants Hospital, Southampton. Tel. 0703 634288, ext 2493.

University of Keele

Diploma course for general practitioners in Primary Medical Care.

Details: Dr B. McGuinness, Department of Postgraduate Medicine, University of Keele, Keele, Staffordshire ST5 5BG. (Stoke on Trent 49144 ext 4047).

University of Manchester

M.A. in Health Care Ethics.

Details: Mrs S. Ibbotson, Department of Education, University of Manchester, Oxford Road, Manchester M13 9PL, UK.

University of Warwick

Techniques and applications of molecular biology: a course for medical practitioners. 9-12 April 1990.

Enquiries and applications: Dr Rachel Strachan, Department of Biological Sciences, University of Warwick, Coventry, CV4 7AL.

University of Wales College of Medicine

Courses in Medical Education:

Evaluating Courses and Curricula - 4-6 April 1990.

Also available - full or part-time Diploma or MSc programme in Medical Education.

Enquiries to Ms Lynne Allery, Lecturer in Medical Education, Department of Postgraduate Studies, University of Wales College of Medicine, Heath Park, Cardiff CF4 4XN.

Liverpool, Newsham General Hospital

Lunchtime meetings twice monthly.

Secretary, Postgraduate Centre, Belmont Road, Liverpool L6 4AF, UK.

London School of Hygiene and Tropical Medicine

MSc, diploma and research degree courses in public health and tropical medicine.

Enquiries: The Registrar, LSHTM, Keppel Street, London WC1E 7HT.

Advances in the Understanding and Treatment of Asthma

An international meeting jointly sponsored by The Royal Society of Medicine and The New York Academy of Sciences.

1-3 October 1990. To be held at the Royal College of Surgeons of England, Lincoln's Inn Fields, London WC2A 3PN

Details: Janet Locker, Medical Services Department, The Royal Society of Medicine, 1 Wimpole Street, London W1M 8AE

9th International Congress. European Federation for Medical Informatics

20-23 August 1990.

Details: Dr. J.S. Bryden, Meeting Makers, 50 Richmond Street, Glasgow G1 1XP.

Institute of Health Services Management

IHSM conference programme: March to June 1990: Providing Health Services in the Year 2000 - RIBA, London, 2 April 1990.

The Business of Health - Kensington Town Hall, London, 30 April 1990.

IHSM Annual Conference, 6-8 June 1990 Torquay.

Details: Institute of Health Services Management, 75 Portland Place, London W1N 4AN. Tel: 01-580 5041.

Healthcare

Exhibition and Lectures, NEC Birmingham 22-24 May 1990.

Details: Health Care 90, Trinity House, Hercies Road, Hillingdon, Middx UB10 9NA.

The Restenosis Summit II

17-18 May 1990. University of Michigan Towsley Center for Continuing Medical Education.

Details: Towsley Center for Continuing Medical Education, Box 0201, Ann Arbor, Michigan 48109-0201 USA.

XXXII International Congress for the History of Medicine

Antwerp, Belgium 3-7 September 1990.

Information: Thierry Appelboom MD, Erasmus University Hospital, route de Lennik 808. 1070 Brussels, Belgium.

IV World Congress of Scientific Acupuncture

Rome 17-20 April 1990.

Pain and acupuncture.

Information: Barberini Tours, Congress Secretariat, via Della Purificazione 95-00187 Rome, Italy.

Management in Practice

A series of educational seminars for general practice managers and administrators.

6-7 April 1990 (University of Wales, Cardiff).

Information: Valerie Bush, Management in Medicine Conferences, 42 Devonshire Road, Cambridge, CB1 2BL. Tel. 0223 311946.

31st Annual Postgraduate Institute for Pathologists in Clinical Cytopathology

Home study course Feb-April 1990 In Residence Course April 23 to May 4, 1990.

Details: J.K. Frost, MD, or Ms B.A. Remley, 111 Pathology Building, The Johns Hopkins Hospital, Baltimore, MD 21205, USA.

International Symposium on Arthroscopy

1-3 November 1990.

*Details: MetaPhor Conference & Meetings, 21 Kirkless Close, Farsley, Pudsey, W. Yorks LS28 5TF.***2nd European Congress of Endocrinology**

1-6 July 1990. Ljubljana, Yugoslavia.

*Information: Secretariat, Kompas Jugoslavia, Congress Department, Prazakova 4, 61000 Ljubljana, Yugoslavia.***ICR International Clinical Symposium**

Edinburgh May 9-10, 1990.

*'The role of clinical measurement in the evaluation of new drugs'. Organised by Inveresk Clinical Research, Edinburgh.**Information: Symposium Secretariat, CEP Consultants, 26-28 Albany Street, Edinburgh EH1 3QH.***European Medical Research Group***Next meeting: Tuesday 12 June 1990. Invited speaker Dr I. Munro (formerly Editor of The Lancet), 'How To Write a Good Paper'. 6.00 p.m. Medical Society of London.**Details: Dr D.R.J. Singer, c/o The Fellowship of Postgraduate Medicine, 6 St Andrew's Place, London NW1 4LB. Tel: 01 935 5556.*

Full details of the courses, meetings and symposia listed above, and of others of interest to medical postgraduates, can be obtained from the individual organisations.

National Association of Clinical Tutors

The Summer Meeting of the Association will be held in York, from 4 to 7 July. This meeting is being held simultaneously with meetings of CRAGPIE, NAPMECA and the Conference of UK Deans, and a plenary session will be held.

The Winter Meeting of the Association is on 23 November at the Royal College of Physicians.

Council meetings: April 3, July 18, October 4
*Information about the Association, and details of the above courses and meetings can be obtained from: The Secretariat, National Association of Clinical Tutors, 6 St Andrew's Place, London NW1 4LB. Tel. 01 935 5556 Fax 01 224 3219.***NEWS****Fellowship of Postgraduate Medicine**

At the meeting of the Council of the Fellowship of Postgraduate Medicine held on 13 February 1990 the following were elected as Fellows of the Fellowship:

Dr C. Coles, Mr J.C. Gingell, Professor P.G.E. Kennedy, Dr R.C. King, Professor R.I. McCallum and Dr N. O'Connor. The following have been elected to the Editorial Board of the *Postgraduate Medical Journal*: Dr G.F. Batstone, Dr C. Coles, Mr J.C. Gingell, Professor R.I. McCallum and Professor P.G.E. Kennedy.Following a meeting of the Editorial Board of the *Postgraduate Medical Journal* on 13 February 1990 Professor Paul Turner, President of the Fellowship of Postgraduate Medicine, presided at a dinner at the Athenaeum to mark the presentation of a Festschrift to Sir David Innes Williams. Also present were Lady Innes Williams, Lord Walton of Detchant, Sir Walter and Lady Bodmer, Professor and Mrs A.J. Harding Rains, Dr and Mrs B.I. Hoffbrand, Mrs P. Turner, contributors to the Festschrift, and members of the Council of the Fellowship of Postgraduate Medicine and of the Editorial Board of the *Postgraduate Medical Journal* and their guests.**FELLOWSHIP OF POSTGRADUATE MEDICINE****Grants for Research 1990**The Fellowship of Postgraduate Medicine is offering grants for travel, or towards the cost of equipment, for young graduates entering careers in clinical research. Successful applicants will be expected to submit reports of their research for publication in the *Postgraduate Medical Journal*.

Further information may be obtained from Mrs J.M. Coops, Fellowship of Postgraduate Medicine, 6 St Andrew's Place, London NW1 4LB (Tel. 01-935 5556), to whom applications should be made, giving a concise summary of the research project, the sum requested and a curriculum vitae of the applicant.

Closing date for applications: 30 June 1990

Notice to Contributors

The *Postgraduate Medical Journal* considers manuscripts prepared in accordance with the guidelines laid down by the International Committee of Medical Journal Editors (*Br Med J* 1988, **296**: 401–405). All material submitted is assumed to be submitted exclusively to the *Postgraduate Medical Journal* unless the contrary is stated.

Typescripts Two complete copies should be sent to the Editor, *Postgraduate Medical Journal*, 6 St Andrew's Place, London NW1 4LB. Papers must be typewritten, double-spaced, on one side of paper not larger than A4 (297 mm × 210 mm), with a 5 cm margin. The first page of the typescript should bear the names of the author(s) and the name and address of the laboratory or institution where the work has been carried out, in addition to the title of the paper. The full address of the principal author to whom proofs will be sent should be given as a footnote, as should any permanent changes of address and/or appointment. A short (running) title of not more than 45 characters should be given. All pages should be numbered including the title page. In line with many other journals, we do not normally return rejected manuscripts.

The principal author must ensure that any co-authors listed agree to submission of the typescript. Any written or illustrative material which has been or will be published elsewhere must be duly acknowledged and accompanied by the written consent of the authors and publishers concerned.

Arrangement Papers should be divided into: (a) Title page, (b) Summary, (c) Introduction, (d) Materials and methods, (e) Results, (f) Discussion, (g) Acknowledgements, (h) References, (i) Tables, (j) Figures and captions. The summary should not exceed 250 words and should state concisely what was done, the main findings and how the work was interpreted. In all sections of the paper numbered paragraphs should be avoided if at all possible.

Style Abbreviations and symbols must be standard and SI units used throughout. Acronyms should be used sparingly and must be fully explained when first used. Whenever possible drugs should be given their approved generic name. Where a proprietary (brand) name must be used, it should begin with a capital letter. Statistical analyses must explain the methods used. The use of footnotes is not permitted. Single quotation marks should be used and words to be italicized should be underlined. The *Concise Oxford English Dictionary* is used as a reference for all spelling and hyphenation.

References should follow the Vancouver format. In the text, they should appear as numbers starting at 1. At the end of the paper they should be listed (double-spaced) in numerical order corresponding to the order of citation in the text. All authors should be quoted for papers with up to six authors; for papers with more than six authors, the first three only should be quoted followed by *et al.* Abbreviations for titles of medical periodicals should conform to those used in the latest

edition of *Index Medicus*. The first and last page numbers for each reference should be provided. Abstracts and letters must be identified as such.

1. Clements, R. & Gravelle, I.H. Radiological appearances of hydatid disease in Wales. *Postgrad Med J* 1986, **62**: 167–173.
2. Greenberger, J.S. Long-term hematopoietic cultures. In: Golde, W. (ed) *Hematopoiesis*. Churchill-Livingstone, New York, 1984, pp 203–242.

Figures In the text Arabic numbers should be used and all illustrations should be specifically referred to in the text, e.g. (Figure 2). All illustrations should be submitted at about 1½ times the intended final size and should be numbered as figures whether they are photographs, representational drawings or line diagrams and graphs.

Photographs and photomicrographs should be unmounted glossy prints and should not be retouched, and should be chosen to exclude technical artefacts. Magnification is best indicated by a line representing a defined length included within the photographs. Areas of key interest and/or critical reproduction should be indicated on a flimsy overlay attached to the photograph or on a photocopy. All annotations and lettering should be indicated in the same way, and preferably not included on the original print. Clearly contrasted and focused prints are essential for adequate reproduction.

Line diagrams and graphs should be on separate sheets; they must be drawn with black Indian ink on white paper, or supplied as photographic prints of such originals. Lettering on figures should be minimal and must not duplicate the legend. The use of symbols should be consistent within papers, and explanations of symbols should be included in the caption, not on the figure.

A photocopy of all illustrations should be submitted.

Tables These should be as few as possible and should present only essential data. They should be typewritten on separate sheets, have a title or caption, and given Roman numbers.

Proofs Two marked copies of the proofs will be sent to the principal author which should be read carefully for errors. One corrected copy must be returned to the editor within 3 days. Major alterations to the text cannot be accepted.

Copyright assignment The principal author must complete and return to the Publisher the Copyright Assignment Form enclosed with the proofs.

Offprints Twenty-five offprints will be supplied free of charge to the principal author. Additional offprints may be ordered on the form accompanying proofs. The charges are necessarily higher if orders are received after the issue has gone to press.

Drug side effects Manuscripts reporting adverse drug reactions should be accompanied by evidence showing that the reaction has been reported on a 'yellow card' or to the appropriate drug licensing authority, and to the drug manufacturer.