

# Postgraduate Medical Journal

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The **Postgraduate Medical Journal** is published monthly on behalf of the Fellowship of Postgraduate Medicine by the Scientific & Medical Division, Macmillan Press Ltd.

**Postgraduate Medical Journal** publishes original papers on subjects of current clinical importance and welcomes review articles with extensive, up-to-date bibliographies as guides to further reading. Several symposia are published each year, each devoted to a single subject and written by specialists in different disciplines. Most issues include authoritative current surveys of clinical problems, well documented reports of cases of particular interest, and book reviews. An international Postgraduate Diary is also included each month.

The Fellowship of Postgraduate Medicine was founded by a group of London consultants after the First World War to assist postgraduates, particularly those coming to London from the Commonwealth, to pursue their studies. The Fellowship first published the **Postgraduate Medical Journal** to give information about lectures, conferences and courses and to provide a monthly review of all branches of medicine.

The Journal is covered by *Current Contents*, *Biological Abstracts*, *ASCA*, *ISI/BIOMED*, *Index Medicus*, *Excerpta Medica* and *Science Citation Index*.

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future editions is also a sign of an enlightened editorial approach.

Readers should also note that the editors are looking for another to join their team and are holding a competition to find a suitable person, details on the last printed page of the Handbook.

Other changes introduced in this new edition include a number of minor but fairly significant changes to the nine major sections, with particular emphasis on paediatrics and orthopaedics/trauma. The useful list of unusual eponymous syndromes remains.

In a kind gesture to the ophthalmological shortcomings of their readers, the publishers have adjusted the typeface to sections previously printed in microscopically small type, so that larger (although still small!) type is used. The use of illustrations is on the whole helpful and to the point, enhancing the text and improving understanding of the subject under con-

sideration. An exception to this is the section on psychiatry.

There are some areas which I found unhelpful. A great deal of the accuracy of Tanner percentile growth charts depends on their scale. There seems little point in printing tiny versions of the weight and height charts on page 295 when larger and more useable versions are reproduced on pages 296 & 297.

The price of this Handbook is competitive, and it will be of use to both medical students during their training in the various specialities and to those undertaking vocational training for general practice.

John Anderson  
*St Bartholomew's Hospital,  
 West Smithfield,  
 London EC1A 7BG.*

## Books Received

**Annual Review of Microbiology.** Vol 43, edited by L. Nicholas Ornston. Pp. xii + 682, illustrated. Annual Reviews Incorporated, USA, 1989. Hard cover \$38.00.

**Digestive Disease Pathology.** Vol 1, edited by Shaw Watanabe, Marianne Wolff & Sheldon C. Sommers. Pp. 229, illustrated. Macmillan Publishing Co, New York, 1989. £36.00.

**Family Problems,** Peter R Williams. Pp. viii + 108, illustrated. Oxford University Press, Oxford, New York, Tokyo, 1989. £12.50 Paperback.

**The Laboratory Investigation of Liver Disease,** P.J. Johnson & I.G. McFarlane. Bailliere Tindall, London, 1989. £19.95 (Paper).

**Learning in Medical School. A Model for the Clinical Professions,** edited by John I. Balla, Margaret Gibson & Anne M. Chang. Pp. xviii + 176, illustrated. Hong Kong University Press, Hong Kong, 1989. \$20.

**Perinatal and Multigeneration Carcinogenesis,** edited by N.P. Napalkov, J.M. Rice, L. Tomatis & H. Yamasaki. Pp. xi + 436, illustrated. Oxford University Press, IARC Scientific Publications, Oxford, 1989. £48.

**Rob & Smith's Operative Surgery – Trauma Surgery** Parts 1 and 2. 4th Edition. Gen. editors: Hugh Dudley, David Carter and R.C.G. Russell. Pp. 952. Butterworths, London, Boston, 1989. £122 Hard cover.

**Stress Addiction – A New Theory on Evolution,** Branko Bokun. VITA Books, 1989. Paperback £6.00.

## Postgraduate Diary

### **Institute of Cancer Research**

Regular programme of seminars and teaching sessions throughout the year.

*Information: The Dean, Institute of Cancer Research, Haddow Laboratories, 15 Cotswold Road, Belmont, Surrey SM2 5NG, UK.*

### **National Heart and Lung Institute**

Courses leading to award of University Diplomas in Cardiology and Thoracic Medicine. Short Courses, meetings and symposia are held throughout the year.

*Postgraduate Office, National Heart and Lung Institute, Dovehouse Street, London SW3 6LY. Tel: 01-351 8172.*

### **Institute of Child Health**

Short courses booklet available.

*For further details please apply to: Anne Crowley, Short Courses Office (Room 6), Institute of Child Health, 30 Guilford Street, London WC1N 1EH. Tel: 01-829 8692 (direct).*

### **Institute of Dental Surgery**

Courses for M.Sc. in various aspects of dentistry, Diploma in Dental Public Health, basic medical sciences, etc.

*Information: The Dean, Institute of Dental Surgery, Eastman Dental Hospital, Gray's Inn Road, London WC1X 8LD, UK.*

### **Hunterian Institute**

Long and short courses in basic medical sciences for primary FRCS (including revision courses in Anatomy/Physiology/Pathology), Primary FDS, FFA part 2 held throughout the year.

Courses in Clinical Surgery for final FRCS held in Spring and Autumn. Anastomosis Workshop; AO course of fracture treatment.

*Details and applications: The Hunterian Institute, Royal College of Surgeons, Lincoln's Inn Fields, London WC2A 3PN. Tel: 01-405 3474.*

### **Institute of Laryngology and Otolaryngology**

Pre-FRCS and DLO exam courses. Advanced courses on: Temporal bone surgery – November and June. Anaesthesia for ENT – October. Rhinology and Surgery of the Nasal Cavity and Paranasal Sinuses – October. Nasal Plastic and Facial Soft Tissue Surgery – February. Pathology of the Ear, Nose and Throat – June.

*Applications and enquiries: Cheryl Overington, Secretary to the Dean, Institute of Laryngology and Otolaryngology, 330/332 Gray's Inn Road, London WC1X 8EE.*

### **Institute of Neurology**

Sandoz Foundation advanced lectures on clinical and experimental neurology. Each Wednesday evening throughout academic year.

*Details: Institute Registrar, National Hospital, Queen Square, London WC1N 3BG, UK.*

### **RPMS Institute of Obstetrics and Gynaecology**

*Details of symposia from: Symposium Secretary, RPMS Institute of Obstetrics and Gynaecology, Queen Charlotte's Hospital for Women, Goldhawk Road, London W6 0XG, UK.*

### **Institute of Ophthalmology**

Regular courses in ophthalmology held throughout the year.

*17/25 Cayton Street, London EC1 9AT, UK.*

### **Institute of Orthopaedics**

Radiodiagnosis demonstrations – Mondays at 5 p.m. during the academic year.

Course on neuromuscular disorders – January to March 1990, Wednesday evenings, at Middlesex Hospital.

Professional unit residents' seminars/conferences, Thursdays. 8.00 a.m., Stanmore

*Details: Miss A.M. Lucas, Postgraduate Secretary, Institute of Orthopaedics, The Middlesex Hospital, London W1. Tel: 01-380 9418.*

### **Institute of Psychiatry**

Programme of courses and lectures.

1st International conference on Psychology and the Performing Arts. 5–7 July 1990. Enquiries to Dr Glenn Wilson, Department of Psychology, Institute of Psychiatry.

Needs Assessment in Psychiatry – 20 March 1990.

Is There a Psychiatry of Sexual Offending? – 29 March 1990.

Advances in affective disorders in old age 23–25 July 1990.

*Details: Nadine Morgan, Conference Office, Institute of Psychiatry, De Crespigny Park, London SE5 8AG. Tel: 01-703 5411 ext 3170.*

### **Institute of Urology**

Short courses on aspects of urology and nephrology – throughout the year.

One year Diploma courses in urology and nephrology commencing September each year.

Advanced stone management course – held twice yearly. *Applications and enquiries: The Dean, Institute of Urology, 172–176 Shaftesbury Avenue, London WC2H 8JE, UK.*

### **Royal Postgraduate Medical School**

Regular courses on advanced topics.

*School Office, Royal Postgraduate Medical School, Hammersmith Hospital, Du Cane Road, London W12 0HS, UK.*

### **XVth International Update on Liver Disease**

Royal Free Hospital and School of Medicine, London NW3 2QG 12–14 July 1990.

*Further details and information: Professor Neil McIntyre, Academic Department of Medicine, Royal Free Hospital, Pond Street, London NW3 2QG. Tel. 01 794 0500 ext 3969.*

### **St Thomas's Hospital**

MRCP Part II (Paeds course aimed at both written and clinical part of examination).

Saturday 28 April to 4 May 1990.

Held in Postgraduate Centre, St Thomas' Hospital.

*Details: Miss M. Brooks, Paediatric Unit, St Thomas' Hospital, London SE1 6EH. Tel: 01-928 9292 ext 2146/3044.*

**Royal Free Hospital**

MRCP Part II courses: five day clinical course 4–8 June 1990, 15–19 October 1990.

*Details: Dr D. Geraint James, Royal Free Hospital, Pond Street, Hampstead, London NW3 2QG.*

**Advanced Medicine Course**

Royal South Hants Hospital, Southampton. 21–15 May 1990. Designed for consultants and senior registrars.

*Information: The Administrator, Postgraduate Medical Centre, Royal South Hants Hospital, Southampton. Tel. 0703 634288, ext 2493.*

**University of Keele**

Diploma course for general practitioners in Primary Medical Care.

*Details: Dr B. McGuiness, Department of Postgraduate Medicine, University of Keele, Keele, Staffordshire ST5 5BG. (Stoke on Trent 49144 ext 4047).*

**University of Manchester**

M.A. in Health Care Ethics.

*Details: Mrs S. Ibbotson, Department of Education, University of Manchester, Oxford Road, Manchester M13 9PL, UK.*

**University of Warwick**

Techniques and applications of molecular biology: a course for medical practitioners. 9–12 April 1990.

*Enquiries and applications: Dr Rachel Strachan, Department of Biological Sciences, University of Warwick, Coventry, CV4 7AL.*

**London Sports Medicine Institute**

Lecture series. 7 March — Children in sport — how does it affect them? (The TOYA Study). Dr S. Rowley. 14 March — Sport and arthritis. Dr D. Perry. Wednesdays 7.15–8.15 p.m.

*Information: London Sports Medical Institute, c/o Medical College of St Bartholomew's Hospital, Charterhouse Square, London EC1M 6BQ. Tel. 01 251 0583.*

**IVth International Symposium on Antiphospholipid Antibodies** 9–11 April 1990. Sirmione, Lake Garda, Italy.

*Details: Lupus Research Unit, Rayne Institute, St Thomas' Hospital, London SE1 7EH.*

**University of Wales College of Medicine**

Courses in Medical Education:

Design and Production of Learning Resources – 7–9 March 1990.

Also available – full or part-time Diploma or MSc programme in Medical Education.

*Enquiries to Ms Lynne Allery, Lecturer in Medical Education, Department of Postgraduate Studies, University of Wales College of Medicine, Heath Park, Cardiff CF4 4XN.*

**Liverpool, Newsham General Hospital**

Lunchtime meetings twice monthly.

*Secretary, Postgraduate Centre, Belmont Road, Liverpool L6 4AF, UK.*

**London School of Hygiene and Tropical Medicine**

MSc, diploma and research degree courses in public health and tropical medicine.

*Enquiries: The Registrar, LSHTM, Keppel Street, London WC1E 7HT.*

**Advances in the Understanding and Treatment of Asthma**  
An international meeting jointly sponsored by The Royal Society of Medicine and The New York Academy of Sciences.

1–3 October 1990. To be held at the Royal College of Surgeons of England, Lincoln's Inn Fields, London WC2A 3PN

*Details: Janet Locker, Medical Services Department, The Royal Society of Medicine, 1 Wimpole Street, London W1M 8AE*

**9th International Congress. European Federation for Medical Informatics**

20–23 August 1990.

*Details: Dr. J.S. Bryden, Meeting Makers, 50 Richmond Street, Glasgow G1 1XP.*

**XXXII International Congress for the History of Medicine**

Antwerp, Belgium 3–7 September 1990.

*Information: Thierry Appelboom MD, Erasmus University Hospital, route de Lennik 808. 1070 Brussels, Belgium.*

**IV World Congress of Scientific Acupuncture**

Rome 17–20 April 1990.

Pain and acupuncture.

*Information: Barberini Tours, Congress Secretariat, via Della Purificazione 95-00187 Rome, Italy.*

**Management in Practice**

A series of educational seminars for general practice managers and administrators.

23–24 March 1990 (University of Warwick)

6–7 April 1990 (University of Wales, Cardiff).

*Information: Valerie Bush, Management in Medicine Conferences, 42 Devonshire Road, Cambridge, CB1 2BL. Tel. 0223 311946.*

**31st Annual Postgraduate Institute for Pathologists in Clinical Cytopathology**

Home study course Feb–April 1990 In Residence Course April 23 to May 4, 1990.

*Details: J.K. Frost, MD, or Ms B.A. Remley, 111 Pathology Building, The Johns Hopkins Hospital, Baltimore, MD 21205, USA.*

**International Symposium on Arthroscopy**

1–3 November 1990.

*Details: MetaPhor Conference & Meetings, 21 Kirkless Close, Farsley, Pudsey, W. Yorks LS28 5TF.*

**2nd European Congress of Endocrinology**

1–6 July 1990. Ljubljana, Yugoslavia.

*Information: Secretariat, Kompas Jugoslavia, Congress Department, Prazakova 4, 61000 Ljubljana, Yugoslavia.*

**ICR International Clinical Symposium**

Edinburgh May 9–10, 1990.

'The role of clinical measurement in the evaluation of new drugs'. Organised by Inveresk Clinical Research, Edinburgh.

*Information: Symposium Secretariat, CEP Consultants, 26–28 Albany Street, Edinburgh EH1 3QH.*

Full details of the courses, meetings and symposia listed above, and of others of interest to medical post-graduates, can be obtained from the individual organisations.

**National Association of Clinical Tutors**

The following courses are planned so far for 1990:

March 8/9 Nuts and Bolts course – Clatterbridge, Wirral.  
 March 14/15 Careers Counselling course – Stoke Rochford, Lincs.

The Summer Meeting of the Association will be held in York, from 4 to 7 July. This meeting is being held simultaneously with meetings of CRAGPIE, NAPMECA and the Conference of UK Deans, and a plenary session will be held.

The Winter Meeting of the Association is on 23 November at the Royal College of Physicians.

Council meetings: April 3, July 18, October 4  
*Information about the Association, and details of the above courses and meetings can be obtained from:*  
*The Secretariat, National Association of Clinical Tutors,*  
*6 St Andrew's Place, London NW1 4LB.*  
*Tel. 01 935 5556 Fax 01 224 3219.*

**NEWS****Wessex Medico-Pharmaceutical Group**

A new venture which will improve patient care is to start in the New Year at Basingstoke District Postgraduate Centre. Dr Hugh Platt, the Postgraduate Clinical Tutor, together with the Wessex Medico-Pharmaceutical Group have developed a programme of important seminars for senior consultants to improve their management skills and, therefore, benefit patient care.

Entitled 'Management Skills for Doctors', each of the seven seminars will be presented by a senior manager from the Medicines Industry in the Wessex Region. The seminars are designed to provide basic information for

the Consultants on the subjects of 'Information Systems'; 'Selecting Staff'; 'Building and leading a team'; 'Forecasting and Budgeting'; 'Managing for Change' and 'Training'.

The Wessex Medico-Pharmaceutical Group, who are the principal sponsors of this Seminar Series, have selected speakers who are industry leaders and expert in the subjects as applied to industry.

The Group was formed several years ago under the Chairmanship of Sir Gerard Vaughan, FRCP, MP, to provide assistance with activities of mutual interest to the Medical Profession and the Medicines Industry within Wessex.

The 'Management Skills for Doctors' seminars will be chaired by Dr Hugh Platt and will be linked with the Medical Audit initiative contained in the 'National Health Service and Community Care' Bill, currently going through Parliament. Also taking part is Nancy Dixon who will act as facilitator at each seminar. She is helping the development of the Wessex Regional Health Authority's Medical Audit Education Programme.

The Seminar Series will commence in January 1990 and run until July 1990. It will include practical work and discussion involving all participants.

*Enquiries: Roger Newton, Convenor, Wessex Medico-Pharmaceutical Group, 0635-40002.*

**In the news**

Dr David Ingram, of the Department of Medicine at St Bartholomew's Hospital Medical College, and the Hon. Treasurer of the Fellowship of Postgraduate Medicine, has been appointed to the Chair of Medical Informatics at St Bartholomew's Hospital Medical College.

**EUROPEAN DOCTORS IN LONDON****European Medical Research Group****Fellowship of Postgraduate Medicine**

The European Medical Research Group has been formed by Young AEMIE (European Association of Internal Medicine) with the support of the Fellowship of Postgraduate Medicine, to provide a meeting place for professional and social contact among physicians in training, particularly those from continental Europe. Regular meetings are held at the Medical Society of London. An invited lecture is given, preceded by poster presentations and followed by a buffet supper.

Members of the Group are mailed regularly about the meetings.

The next meeting is on Tuesday 12 June 1990.

*European research fellows and other visiting doctors who would like details of these meetings should write to:*

**Dr D.R.J. Singer,**  
**c/o The Fellowship of Postgraduate Medicine,**  
**6 St Andrew's Place,**  
**London NW1 4LB.**  
**Tel. 01 935 5556**

## Notice to Contributors

The *Postgraduate Medical Journal* considers manuscripts prepared in accordance with the guidelines laid down by the International Committee of Medical Journal Editors (*Br Med J* 1988, **296**: 401–405). All material submitted is assumed to be submitted exclusively to the *Postgraduate Medical Journal* unless the contrary is stated.

**Typescripts** Two complete copies should be sent to the Editor, *Postgraduate Medical Journal*, 6 St Andrew's Place, London NW1 4LB. Papers must be typewritten, double-spaced, on one side of paper not larger than A4 (297 mm × 210 mm), with a 5 cm margin. The first page of the typescript should bear the names of the author(s) and the name and address of the laboratory or institution where the work has been carried out, in addition to the title of the paper. The full address of the principal author to whom proofs will be sent should be given as a footnote, as should any permanent changes of address and/or appointment. A short (running) title of not more than 45 characters should be given. All pages should be numbered including the title page. In line with many other journals, we do not normally return rejected manuscripts.

**The principal author** must ensure that any co-authors listed agree to submission of the typescript. Any written or illustrative material which has been or will be published elsewhere must be duly acknowledged and accompanied by the written consent of the authors and publishers concerned.

**Arrangement** Papers should be divided into; (a) Title page, (b) Summary, (c) Introduction, (d) Materials and methods, (e) Results, (f) Discussion, (g) Acknowledgements, (h) References, (i) Tables, (j) Figures and captions. The summary should not exceed 250 words and should state concisely what was done, the main findings and how the work was interpreted. In all sections of the paper numbered paragraphs should be avoided if at all possible.

**Style** Abbreviations and symbols must be standard and SI units used throughout. Acronyms should be used sparingly and must be fully explained when first used. Whenever possible drugs should be given their approved generic name. Where a proprietary (brand) name must be used, it should begin with a capital letter. Statistical analyses must explain the methods used. The use of footnotes is not permitted. Single quotation marks should be used and words to be italicized should be underlined. The *Concise Oxford English Dictionary* is used as a reference for all spelling and hyphenation.

**References** should follow the Vancouver format. In the text, they should appear as numbers starting at 1. At the end of the paper they should be listed (double-spaced) in numerical order corresponding to the order of citation in the text. All authors should be quoted for papers with up to six authors; for papers with more than six authors, the first three only should be quoted followed by *et al.* Abbreviations for titles of medical periodicals should conform to those used in the latest

edition of *Index Medicus*. The first and last page numbers for each reference should be provided. Abstracts and letters must be identified as such.

1. Clements, R. & Gravelle, I.H. Radiological appearances of hydatid disease in Wales. *Postgrad Med J* 1986, **62**: 167–173.
2. Greenberger, J.S. Long-term hematopoietic cultures. In: Golde, W. (ed) *Hematopoiesis*. Churchill-Livingstone, New York, 1984, pp 203–242.

**Figures** In the text Arabic numbers should be used and all illustrations should be specifically referred to in the text, e.g. (Figure 2). All illustrations should be submitted at about 1½ times the intended final size and should be numbered as figures whether they are photographs, representational drawings or line diagrams and graphs.

**Photographs and photomicrographs** should be unmounted glossy prints and should not be retouched, and should be chosen to exclude technical artefacts. Magnification is best indicated by a line representing a defined length included within the photographs. Areas of key interest and/or critical reproduction should be indicated on a flimsy overlay attached to the photograph or on a photocopy. All annotations and lettering should be indicated in the same way, and preferably not included on the original print. Clearly contrasted and focused prints are essential for adequate reproduction.

**Line diagrams and graphs** should be on separate sheets; they must be drawn with black Indian ink on white paper, or supplied as photographic prints of such originals. Lettering on figures should be minimal and must not duplicate the legend. The use of symbols should be consistent within papers, and explanations of symbols should be included in the caption, not on the figure.

**A photocopy** of all illustrations should be submitted.

**Tables** These should be as few as possible and should present only essential data. They should be typewritten on separate sheets, have a title or caption, and given Roman numbers.

**Proofs** Two marked copies of the proofs will be sent to the principal author which should be read carefully for errors. One corrected copy must be returned to the editor within 3 days. Major alterations to the text cannot be accepted.

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**Drug side effects** Manuscripts reporting adverse drug reactions should be accompanied by evidence showing that the reaction has been reported on a 'yellow card' or to the appropriate drug licensing authority, and to the drug manufacturer.