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Postgraduate Medical Journal publishes original papers on subjects of current clinical importance and welcomes review articles with extensive, up-to-date bibliographies as guides to further reading. Several symposia are published each year, each devoted to a single subject and written by specialists in different disciplines. Most issues include authoritative current surveys of clinical problems, well documented reports of cases of particular interest, and book reviews. An international Postgraduate Diary is also included each month.

The Fellowship of Postgraduate Medicine was founded by a group of London consultants after the First World War to assist postgraduates, particularly those coming to London from the Commonwealth, to pursue their studies. The Fellowship first published the **Postgraduate Medical Journal** to give information about lectures, conferences and courses and to provide a monthly review of all branches of medicine.

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Manuscripts and all editorial correspondence, including books for review should be sent to: The Editor, Postgraduate Medical Journal, 6 St Andrew's Place, London NW1 4LB, UK. Telephone: 01-935 5556. Fax: 01-224 3219. A 'Notice to Contributors' is published on the inside back cover of this issue. The Editor reserves the right to make changes which may clarify or condense papers where this is considered desirable. The Journal is covered by *Current Contents*, *Biological Abstracts*, *ASCA*, *ISI/BIOMED* and *Science Citation Index*.

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Books Received

AIDS Bulletin No. 4. Report from Institute of Actuaries AIDS Working Party. Pp. 62, March 1989. Not priced.

AIDS: Social Representations, Social Practices, edited by Peter Aggleton, Graham Hart and Peter Davies. Pp. viii + 276. The Falmer Press, New York, Philadelphia, London, 1989. Price: Cloth £20.00, paper £9.95.

Autonomic Failure, Second edition, edited by Sir Roger Bannister. Pp. xv + 783. Oxford University Press, Oxford, New York, Tokyo, 1989. £30.00.

High Altitude Medicine and Physiology, Michael P. Ward, James S. Milledge and John B. West. Pp. xii + 515. Chapman and Hall Medical, London, 1989. £50.00.

Medical Audit – A first report – What, why and how? Pp. iv + 15. Published by The Royal College of Physicians of London, 1989. £3.00.

Medicine: the Bare Essentials, E.H.I. Friedman and R.E. Moshy. Pp. xxxi + 302. John Wiley & Sons, Chichester, New York, Brisbane, Toronto, Singapore, 1989. £7.95

Postgraduate Diary

Institute of Cancer Research

Regular programme of seminars and teaching sessions throughout the year.

Information: The Dean, Institute of Cancer Research, Haddow Laboratories, 15 Cotswold Road, Belmont, Surrey SM2 5NG, UK.

National Heart and Lung Institute

Courses leading to award of University Diplomas in Cardiology and Thoracic Medicine. Short Courses, meetings and symposia are held throughout the year.

Postgraduate Office, National Heart and Lung Institute, Dovehouse Street, London SW3 6LY. Tel: 01-351 8172.

Institute of Child Health

Short courses booklet available.

For further details please apply to: Anne Crowley, Short Courses Office (Room 6), Institute of Child Health, 30 Guilford Street, London WC1N 1EH. Tel: 01-829 8692 (direct).

Institute of Dental Surgery

Courses for M.Sc. in various aspects of dentistry, Diploma in Dental Public Health, basic medical sciences, etc.

Information: The Dean, Institute of Dental Surgery, Eastman Dental Hospital, Gray's Inn Road, London WC1X 8LD, UK.

Hunterian Institute

Long and short courses in basic medical sciences for primary FRCS (including revision courses in Anatomy/Physiology/Pathology), Primary FDS, FFA part 2 held throughout the year.

Courses in Clinical Surgery for final FRCS held in Spring and Autumn. Anastomosis Workshop; AO course of fracture treatment.

Details and applications: The Hunterian Institute, Royal College of Surgeons, Lincoln's Inn Fields, London WC2A 3PN. Tel: 01-405 3474.

Institute of Laryngology and Otology

Pre-FRCS and DLO exam courses. Advanced courses on: Temporal bone surgery – November and June. Anaesthesia for ENT – October. Rhinology and Surgery of the Nasal Cavity and Paranasal Sinuses – October. Nasal Plastic and Facial Soft Tissue Surgery – February. Pathology of the Ear, Nose and Throat – June.

Applications and enquiries: Cheryl Overington, Secretary to the Dean, Institute of Laryngology and Otology, 330/332 Gray's Inn Road, London WC1X 8EE.

Institute of Neurology

Sandoz Foundation advanced lectures on clinical and experimental neurology. Each Wednesday evening throughout academic year.

Details: Institute Registrar, National Hospital, Queen Square, London WC1N 3BG, UK.

RPMS Institute of Obstetrics and Gynaecology

The abnormal fetus. 20 September 1989

Controversies in obstetrics and gynaecology. 29 September 1989

Perinatal bereavement, 21 September 1989

Disability – the value of early intervention, 22 September 1989

Molecular biology for obstetricians, 2 October 1989

Advanced course for obstetricians and gynaecologists, 3–6 October 1989

Details of symposia and courses from: Symposium Secretary, RPMS Institute of Obstetrics and Gynaecology, Queen Charlotte's Hospital for Women, Goldhawk Road, London W6 0XG, UK.

Institute of Ophthalmology

Regular courses in ophthalmology held throughout the year. 17/25 Cayton Street, London EC1 9AT, UK.

Institute of Orthopaedics

Radiodiagnosis demonstrations – Mondays at 5 p.m. during the academic year.

Course on Radiology of Bones and Joints – 15–17 November 1989

Details: Miss A.M. Lucas, Postgraduate Secretary, Institute of Orthopaedics, The Middlesex Hospital, London W1. Tel: 01-380 9418.

Institute of Psychiatry

Advanced course in psychiatry 'From Research into Practice'. 11–15 September 1989

2-day course on eating disorders, 28, 29 September 1989

Programme of courses and lectures.

Details: Nadine Morgan, Conference Office, Institute of Psychiatry, De Crespigny Park, London SE5 8AG. Tel: 01-703 5411 ext 3170.

Institute of Urology

Short courses on aspects of urology and nephrology – throughout the year.

One year Diploma courses in urology and nephrology commencing September each year.

Advanced stone management course – held twice yearly.

Applications and enquiries: The Dean, Institute of Urology, 172–176 Shaftesbury Avenue, London WC2H 8JE, UK.

Royal Postgraduate Medical School

Regular courses on advanced topics.

School Office, Royal Postgraduate Medical School, Hammersmith Hospital, Du Cane Road, London W12 0HS, UK.

University of Manchester

M.A. in Health Care Ethics.

Details: Mrs S. Ibbotson, Department of Education, University of Manchester, Oxford Road, Manchester M13 9PL, UK.

International Union Against Cancer

Details of fellowship programmes from: 3 rue du Conseil-Général, 1205 Geneva, Switzerland.

Liverpool, Newsham General Hospital

Lunchtime meetings twice monthly.

Secretary, Postgraduate Centre, Belmont Road, Liverpool L6 4AF, UK.

London School of Hygiene and Tropical Medicine

MSc, diploma and research degree courses in public health and tropical medicine.

Enquiries: The Registrar, LSHTM, Keppel Street, London WC1E 7HT.

Forum on Clinical Pharmacology and Therapeutics

6 October 1989 The anxiolytic jungle: what drug for whom?

Details: Miss Barbara Komoniewska, Royal Society of Medicine, 1 Wimpole Street, London W1M 8AE. Tel: 01-408 2119 ext 301.

Advances in the Understanding and Treatment of Asthma

An international meeting jointly sponsored by The Royal Society of Medicine and The New York Academy of Sciences.

1-3 October 1990. To be held at the Royal College of Surgeons of England, Lincoln's Inn Fields, London WC2A 3PN

Details: Janet Locker, Medical Services Department, The Royal Society of Medicine, 1 Wimpole Street, London W1M 8AE

Clinical Dermatology in the Year 2000

22-25 May 1990.

Details: Scientific Secretariat, Professor Malcolm Greaves, Institute of Dermatology, St Thomas' Hospital, London SE1 7EH.

Pain 1989

International Symposia. Herzliyam Israel, 16-19 September 1989. Sessions on chronic pain, neurological and psychiatric aspects of pain, mechanisms of analgesia.

Details: Secretariat, PAIN 1989, POB 50006, Tel Aviv 61500, Israel.

Council of Europe

European Centre for Disaster Medicine. 3rd International Course on Disaster Medicine. 30 October to 18 November 1989.

Details: Dr G. Ghironzi, Ospedale di Stato, Repubblica di San Marino 47031.

International Conference on Gallstones and their Management

Jerusalem, 25-28 February 1990.

Details: Gallstone Conference, Vered Congress. 15 Weizman Street, Nes Ziona 70400, Israel.

15th International Cancer Congress

Hamburg, FRG, 16-22 August 1990.

Details: c/o Hamburg Messe und Congress GmbH, P.O. Box 30 24 80. D-2000 Hamburg 36 FRG.

Anglo French Medical Society

Annual Scientific Meetings alternating between Britain and France. 1989 - Toulouse (theme, aviation medicine). Also week-long medical language courses in France.

Information: Secretary, Anglo French Medical Society, The Moat House, Lymm Hall, Lymm, Cheshire WA13 0AJ.

4th South-East European Symposium of Paediatric Surgery

'Normal and Disturbed Oesophageal Function in Childhood'. 7-9 September 1989, Graz, Austria.

Details: Professor Dr M. Hollwarth, Department of Paediatric Surgery, University of Graz, Heinrichstrasse 31, A-8010, Graz, Austria.

First European CPR-Congress

November 3 and 4, 1989. Switel, Antwerp.

Information and applications: European CPR-Congress, Belgian Red Cross, Vleurgatsesteenweg 98, 1050 Brussels.

2nd European Congress of Endocrinology

Ljubljana, Yugoslavia, 1-6 July 1990.

Information: Secretariat, Kompas Jugoslavia, Congress Department, Prazakova 4, 61000 Ljubljana, Yugoslavia.

IV World Congress of Scientific Acupuncture

Rome 17-20 April 1990.

Pain and acupuncture.

Information: Barberini Tours, Congress Secretariat, via Della Purificazione 95-00187 Rome, Italy.

Medical Ethics

Annual intensive short course for medical and nursing teachers, general practitioners and members of ethics committees. Organised in cooperation with the Institute for Medical Ethics. 18-22 September 1989.

Details: Dr Raanan Gillon, Imperial College, Exhibition Road, London SW7 2BT

European Medical Research Group

The European Medical Research Group has been formed by Young AEMIE (European Association of Internal Medicine) with the advice and support of the Fellowship of Postgraduate Medicine to provide a forum for professional and social contact among physicians in training, particularly those from continental Europe. The first European centre in which meetings of the Group were held was London and meetings are now being held in other major European centres.

Regular meetings are being held at which abstracts accepted by the Editorial panel are presented as posters. Successful abstracts are published in the *Postgraduate Medical Journal*. The second part of each meeting is an invited lecture reviewing recent advances in medical research and practice. Refreshments are provided in the form of tea and coffee, with a buffet supper at the close of the meeting.

The next meeting will be held on 21 November 1989.

Anyone interested in joining the Group, or presenting posters, should contact: Dr D.R.J. Singer, European Medical Research Group, c/o Fellowship of Postgraduate Medicine, 6 St. Andrew's Place, London NW1 4LB Tel. 01 935 5556 (Fax 01 224 3219).

National Association of Clinical Tutors

The Winter Meeting will be held in London at the Zoological Society, Regent's Park, London NW1 on Friday 1st December 1989.

Career Counselling course - 27-28 September 1989. Beaumaris, Isle of Anglesey.

Career Counselling course - 14-15 March 1990. Stoke Rochford, Lincolnshire.

Meeting on Medical Audit - Friday 3 November 1989. Royal College of Physicians, London.

Details of all meetings can be obtained from: Secretariat, National Association of Clinical Tutors, 6 St Andrew's Place, London NW1 4LB Tel. 01 935 5556 (Fax. 01 224 3219).

Full details of the courses, meetings and symposia listed above, and of others of interest to medical postgraduates, can be obtained from the individual organisations.

Notice to Contributors

The *Postgraduate Medical Journal* considers manuscripts prepared in accordance with the guidelines laid down by the International Committee of Medical Journal Editors (*Br Med J* 1988, **296**: 401–405). All material submitted is assumed to be submitted exclusively to the *Postgraduate Medical Journal* unless the contrary is stated.

Typescripts Two complete copies should be sent to the Editor, Postgraduate Medical Journal, 6 St Andrew's Place, London NW1 4LB. Papers must be typewritten, double-spaced, on one side of paper not larger than A4 (297 mm × 210 mm), with a 5 cm margin. The first page of the typescript should bear the names of the author(s) and the name and address of the laboratory or institution where the work has been carried out, in addition to the title of the paper. The full address of the principal author to whom proofs will be sent should be given as a footnote, as should any permanent changes of address and/or appointment. A short (running) title of not more than 45 characters should be given. All pages should be numbered including the title page. In line with many other journals, we do not normally return rejected manuscripts.

The principal author must ensure that any co-authors listed agree to submission of the typescript. Any written or illustrative material which has been or will be published elsewhere must be duly acknowledged and accompanied by the written consent of the authors and publishers concerned.

Arrangement Papers should be divided into: (a) Title page, (b) Summary, (c) Introduction, (d) Materials and methods, (e) Results, (f) Discussion, (g) Acknowledgements, (h) References, (i) Tables, (j) Figures and captions. The summary should not exceed 250 words and should state concisely what was done, the main findings and how the work was interpreted. In all sections of the paper numbered paragraphs should be avoided if at all possible.

Style Abbreviations and symbols must be standard and SI units used throughout. Acronyms should be used sparingly and must be fully explained when first used. Whenever possible drugs should be given their approved generic name. Where a proprietary (brand) name must be used, it should begin with a capital letter. Statistical analyses must explain the methods used. The use of footnotes is not permitted. Single quotation marks should be used and words to be italicized should be underlined. The *Concise Oxford English Dictionary* is used as a reference for all spelling and hyphenation.

References should follow the Vancouver format. In the text, they should appear as numbers starting at 1. At the end of the paper they should be listed (double-spaced) in numerical order corresponding to the order of citation in the text. All authors should be quoted for papers with up to six authors; for papers with more than six authors, the first three only should be quoted followed by *et al.* Abbreviations for titles of medical periodicals should conform to those used in the latest

edition of *Index Medicus*. The first and last page numbers for each reference should be provided. Abstracts and letters must be identified as such.

1. Clements, R. & Gravelle, I.H. Radiological appearances of hydatid disease in Wales. *Postgrad Med J* 1986, **62**: 167–173.
2. Greenberger, J.S. Long-term hematopoietic cultures. In: Golde, W. (ed) *Hematopoiesis*. Churchill-Livingstone, New York, 1984, pp 203–242.

Figures In the text Arabic numbers should be used and all illustrations should be specifically referred to in the text, e.g. (Figure 2). All illustrations should be submitted at about 1½ times the intended final size and should be numbered as figures whether they are photographs, representational drawings or line diagrams and graphs.

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