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Postgraduate Medical Journal publishes original papers on subjects of current clinical importance and welcomes review articles with extensive, up-to-date bibliographies as guides to further reading. Several symposia are published each year, each devoted to a single subject and written by specialists in different disciplines. Most issues include authoritative current surveys of clinical problems, well documented reports of cases of particular interest, and book reviews. An international Postgraduate Diary is also included each month.

The Fellowship of Postgraduate Medicine was founded by a group of London consultants after the First World War to assist postgraduates, particularly those coming to London from the Commonwealth, to pursue their studies. The Fellowship first published the **Postgraduate Medical Journal** to give information about lectures, conferences and courses and to provide a monthly review of all branches of medicine.

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Manuscripts and all editorial correspondence, including books for review should be sent to: The Editor, Postgraduate Medical Journal, 6 St Andrew's Place, London NW1 4LB, UK. Telephone: 01-935 5556. Fax: 01-224 3219. A 'Notice to Contributors' is published on the inside back cover of this issue. The Editor reserves the right to make changes which may clarify or condense papers where this is considered desirable. The Journal is covered by *Current Contents*, *Biological Abstracts*, *ASCA*, *ISI/BIOMED* and *Science Citation Index*.

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new-born babies who do not require admission to the intensive or special care unit. The manual starts logically with definitions, statistics and a useful chapter on the effects of maternal illness, bad habits and therapy on the new-born child. This is followed by statements on the care of the baby in the delivery suite, including resuscitation, examination of the new-born, routine post-natal care and neonatal screening. There is a highly practical chapter on infant feeding, in which the author pulls no punches in expressing his own opinion. The remainder of the book deals with problems which are likely to arise in the post-natal ward, including topics such as care for the small normal pre-term and normal small-for-dates babies and problems associated with infection, jaundice, post-maturity and malformations which are likely to be seen on the post-natal ward.

The strength of this manual is that it is a highly practical statement based on the personal experience of the author. It is written in a very clear didactic form with touches of humour. I am sure all those who are responsible for the care of babies in post-natal wards, including obstetric SHOs, general practitioners and midwives, will find this book invaluable. I suspect it will be just as popular as its companion *A Manual of Neonatal Intensive Care*. In my opinion it certainly deserves to succeed.

Professor A.D. Milner
*Department of Child Health,
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 Nottingham NG7 2UH.*

On the Demon Drink, By Jancis Robinson. Pp. 208. Mitchell Beazley, London, 1988. £9.95.

Journalists like Ms Robinson – and the drinks industry – are fond of using the expression ‘anti-alcohol lobby’ to stigmatize those of us who campaign against alcohol abuse. The reason becomes clear half way through the present volume:

‘The temperance movement began as . . . a group of very sensible and concerned individuals who urged moderation, certainly not abstinence’. So it is necessary to reassure Ms Robinson and her allies that most of us enjoy a drink too and are certainly not bent on resurrecting prohibition. Our message, like hers, is moderation, though it is not always clear what she means by this. To be fair she is not above chastising her fellow drinkers, the government and the drinks industry in an attempt to present a balanced view of the great alcohol debate.

One of her chief obsessions is liver cirrhosis which recurs like a *leit-motiv* throughout the text. This is unfortunate because it gives undue prominence to this and indeed other physical complications of alcohol excess. Nor is it true to say that physical damage ‘usually predates’ dependence; well over 80% of our most severely dependent clients have no serious physical disease. Such concentration on physical illness gives a very one-sided view, called by those most critical of doctors ‘the medical model’. It ignores the enormous amount of social, psychological, economic and financial distress suffered not only by the individual but by families, friends and colleagues, which is the real burden of overindulgence. Apart from drink driving, which she could hardly avoid, Ms Robinson says nothing about these important aspects; perhaps she is saving them for another book.

A recurrent theme of ‘the anti-alcohol lobby’ is the need to educate professionals and public about alcohol. In spite of a good deal of repetition, some contradiction, and occasional superficiality we should welcome *On the Demon Drink* as a competent, informative, journalistic and thoroughly readable attempt to do just that. If only doctors would read it

Alex Paton
 201 Russell Court,
 London WC1H 0ND.

Books Received

Allergy to Bee Stings and its Prevention, L.R. Croft. Pp. 104, illustrated. Elmwood Medical Monographs, Chorley, 1988. £12.95.

Annual Review of Genetics, Vol. 22, edited by Allan Campbell, Bruce S. Baker and Ira Herskowitz. Pp. ix + 704, illustrated. Annual Reviews Inc., Palo Alto, California, 1988. \$34.00 (USA & Canada); \$38.00 (elsewhere). Price includes postage and handling.

Hydrocephalus Shunt Infections, Roger Bayston. Pp. ix + 160, illustrated. Chapman and Hall, London, 1989. £22.50.

Loss and Bereavement, The Lisa Sainsbury Foundation Series, Bridget Cook and Shelagh G. Phillips. Pp. viii + 90, illustrated. Austen Cornish in association with The Lisa Sainsbury Foundation, London, 1988. £6.50 (incl. p & p).

Ultrastructural Pathology of the Cell and Matrix: a Text and Atlas of Physiological and Pathological Alterations in the Fine Structure of Cellular and Extracellular Components. Two volumes, 3rd edition. Feroze N. Ghadially. Pp. xxiii + 1340, illustrated. Butterworths, London, Boston, Singapore, Sydney, Toronto, Wellington, 1988. £25.00.

Postgraduate Diary

Institute of Cancer Research

Regular programme of seminars and teaching sessions throughout the year.

Information: The Dean, Institute of Cancer Research, Haddow Laboratories, 15 Cotswold Road, Belmont, Surrey SM2 5NG, UK.

National Heart and Lung Institute

Courses leading to award of University Diplomas in Cardiology and Thoracic Medicine. Short Courses, meetings and symposia are held throughout the year.

Postgraduate Office, National Heart and Lung Institute, Dovehouse Street, London SW3 6LY. Tel: 01-351 8172.

Institute of Child Health

Short courses booklet available.

For further details please apply to: Anne Crowley, Short Courses Office (Room 6), Institute of Child Health, 30 Guilford Street, London WC1N 1EH. Tel: 01-829 8692 (direct).

Institute of Dental Surgery

Courses for M.Sc. in various aspects of dentistry, Diploma in Dental Public Health, basic medical sciences, etc.

Information: The Dean, Institute of Dental Surgery, Eastman Dental Hospital, Gray's Inn Road, London WC1X 8LD, UK.

Hunterian Institute

Long and short courses in basic medical sciences for primary FRCS (including revision courses in Anatomy/Physiology/Pathology), Primary FDS, FFA part 2 held through the year.

Courses in Clinical Surgery for final FRCS held in Spring and Autumn. Anastomosis Workshop; AO course of fracture treatment.

Details and applications: The Hunterian Institute, Royal College of Surgeons, Lincoln's Inn Fields, London WC2A 3PN. Tel: 01-405 3474.

Institute of Laryngology and Otolaryngology

Pre-FRCS and DLO exam courses. Advanced courses on: Temporal bone surgery – November and June. Anaesthesia for ENT – October. Rhinology and Surgery of the Nasal Cavity and Paranasal Sinuses – October. Nasal Plastic and Facial Soft Tissue Surgery – February. Pathology of the Ear, Nose and Throat – June.

Applications and enquiries: Cheryl Overington, Secretary to the Dean, Institute of Laryngology and Otolaryngology, 330/332 Gray's Inn Road, London WC1X 8EE.

Institute of Neurology

Sandoz Foundation advanced lectures on clinical and experimental neurology. Each Wednesday evening throughout academic year.

Details: Institute Registrar, National Hospital, Queen Square, London WC1N 3BG, UK.

RPMS Institute of Obstetrics and Gynaecology

Expanding the frontiers of neonatal care. Symposium, Friday 30 June 1989

'Theoretical and practical course on Doppler blood flow measurement in pregnancy' 13 and 14 July 1989 at Queen Charlotte's and Chelsea Hospital.

The abnormal fetus. 20 September 1989

Controversies in obstetrics and gynaecology. 29 September 1989

Details of symposia and courses from: Symposium Secretary, RPMS Institute of Obstetrics and Gynaecology, Queen Charlotte's Hospital for Women, Goldhawk Road, London W6 0XG, UK.

Institute of Ophthalmology

Regular courses in ophthalmology held throughout the year. 17/25 Cayton Street, London EC1 9AT, UK.

Institute of Orthopaedics

Radiodiagnosis demonstrations – Mondays at 5 p.m. during the academic year.

Lecture courses – Wednesdays at 6 p.m. during the academic year. Inflammatory joint disease – May – July 1989.

Management of spinal metastases – Mr T.R. Morley. Contemporary management of spondylolisthesis – Mr J.K. Webb.

Course on Radiology of Bones and Joints – 15–17 November 1989

Details: Miss A.M. Lucas, Postgraduate Secretary, Institute of Orthopaedics, The Middlesex Hospital, London W1. Tel: 01-380 9418.

Institute of Psychiatry

The ethical implications of the new genetics for psychiatry 7 June 1989.

Alzheimer 125: dementia of the Alzheimer type (DAT) and other related psychiatric and neurological disorders 19–21 July 1989

The present state examination – a familiarisation course. 24–26 July 1989

Psychiatry Research Trust – Third Benno Pallak lecture. 'Alcohol and the brain' – Professor W.A. Lishman, Tuesday 13 June 1989

Programme of courses and lectures.

Details: Nadine Morgan, Conference Office, Institute of Psychiatry, De Crespigny Park, London SE4 8AG. Tel: 01-703 5411 ext 3170.

Institute of Urology

Short courses on aspects of urology and nephrology – throughout the year.

One year Diploma courses in urology and nephrology commencing September each year.

Advanced stone management course – held twice yearly. *Applications and enquiries: The Dean, Institute of Urology, 172–176 Shaftesbury Avenue, London WC2H 8JE, UK.*

Royal Postgraduate Medical School

Regular courses on advanced topics.

School Office, Royal Postgraduate Medical School, Hammersmith Hospital, Du Cane Road, London W12 0HS, UK.

XIVth International Update on Liver Disease

Royal Free Hospital, 13–15 July 1989.

Details: Professor Neil McIntyre, Academic Department of Medicine, Royal Free Hospital, Pond Street, London NW3 2QG.

University of Manchester

M.A. in Health Care Ethics.

Details: Mrs S. Ibbotson, Department of Education, University of Manchester, Oxford Road, Manchester M13 9PL, UK.

International Union Against Cancer

Details of fellowship programmes from: 3 rue du Conseil-Général, 1205 Geneva, Switzerland.

Liverpool, Newsham General Hospital

Lunchtime meetings twice monthly.

Secretary, Postgraduate Centre, Belmont Road, Liverpool L6 4AF, UK.

London School of Hygiene and Tropical Medicine

MSc, diploma and research degree courses in public health and tropical medicine.

Enquiries: The Registrar, LSHTM, Keppel Street, London WC1E 7HT.

Forum on Clinical Pharmacology and Therapeutics

6 October 1989 The anxiolytic jungle: what drug for whom?

Details: Miss Barbara Komoniewska, Royal Society of Medicine, 1 Wimpole Street, London W1M 8AE. Tel: 01-408 2119 ext 301.

Oxford University and Regional Postgraduate Medical Education

Radiobiology and allied sciences. Course for FRCR Part 1 candidates, 3–14 July 1989.

Details: Regional Postgraduate Office, John Radcliffe Hospital, Headington, Oxford OX3 9DU.

University of Warwick

One day conference on ethical issues for Health Care Professionals. 5 July 1989.

Details: Dept of Continuing Education, University of Warwick, Coventry CV4 7AL.

Clinical Dermatology in the Year 2000

22–25 May 1990.

Details: Scientific Secretariat, Professor Malcolm Greaves, Institute of Dermatology, St Thomas' Hospital, London SE1 7EH.

The Royal Institute of Public Health and Hygiene

Series of two day modular courses on Health Care Evaluation. 4. Mentally handicapped (15–16 June) 5. Acute medical services (29–30 June) 6. Community care services (13–14 July).

Details: Ms N. Adamides, RIPHH, 28 Portland Place, London W1N 4DE. Tel: 01-580 2731.

Pain 1989

International Symposia. Herzliyam Israel, 16–19 September 1989. Sessions on chronic pain, neurological and psychiatric aspects of pain, mechanisms of analgesia.

Details: Secretariat, PAIN 1989, POB 50006, Tel Aviv 61500, Israel.

International Conference on Gallstones and their Management

Jerusalem, 25–28 February 1990.

Details: Gallstone Conference, Vered Congress. 15 Weizman Street, Nes Ziona 70400, Israel.

15th International Cancer Congress

Hamburg, FRG, 16–22 August 1990.

Details: c/o Hamburg Messe und Congress GmbH, P.O. Box 30 24 80. D-2000 Hamburg 36 FRG.

Alaska 89 – Cruise the Inland Passage

8–15 July 1989. Professor L. Bassett, Department of Radiological Sciences, University of California. Programme of lectures, seminars and case discussion.

Information: ALASKA 89, c/o Medical Seminars International Inc, 9800 D Topanga Canyon Blvd, Suite 232, Chatsworth Ca 91311, USA.

Anglo French Medical Society

Annual Scientific Meetings alternating between Britain and France. 1989 – Toulouse (theme, aviation medicine). Also week-long medical language courses in France.

Information: Secretary, Anglo French Medical Society, The Moat House, Lymm Hall, Lymm, Cheshire WA13 0AJ.

4th South-East European Symposium of Paediatric Surgery

'Normal and Disturbed Oesophageal Function in Childhood'.

7–9 September 1989, Graz, Austria.

Details: Professor Dr M. Hollwarth, Department of Paediatric Surgery, University of Graz, Heinrichstrasse 31, A-8010, Graz, Austria.

First European CPR-Congress

November 3 and 4, 1989. Switell, Antwerp.

Information and applications: European CPR-Congress, Belgian Red Cross, Vleurgatsesteenweg 98, 1050 Brussels.

2nd European Congress of Endocrinology

Ljubljana, Yugoslavia, 1–6 July 1990.

Information: Secretariat, Kompas Jugoslavia, Congress Department, Prazakova 4, 61000 Ljubljana, Yugoslavia.

IV World Congress of Scientific Acupuncture

Rome 17–20 April 1990.

Pain and acupuncture.

Information: Barberini Tours, Congress Secretariat, via Della Purificazione 95-00187 Rome, Italy.

European Medical Research Group

The European Medical Research Group has been formed by Young AEMIE (European Association of Internal Medicine) with the advice and support of the Fellowship of Postgraduate Medicine to provide a forum for professional and social contact among physicians in training, particularly those from continental Europe. The first European centre in which meetings of the Group were held was London and meetings are now being held in other major European centres.

Regular meetings are being held at which abstracts accepted by the Editorial panel are presented as posters. Successful abstracts are published in the *Postgraduate Medical Journal*. The second part of each meeting is an invited lecture reviewing recent advances in medical research and practice. Refreshments are provided in the form of tea and coffee, with a buffet supper at the close of the meeting.

The next meeting will be held on 6 June 1989 when the invited lecture will be given by Professor A.M. McGregor, Department of Medicine, King's College Hospital Medical School, London, on 'Autoimmunity and the thyroid'.

Anyone interested in joining the Group, or presenting posters, should contact: Dr D.R.J. Singer, European Medical Research Group, c/o Fellowship of Postgraduate Medicine, 6 St Andrew's Place, London NW1 4LB Tel. 01 935 5556 (Fax 01 224 3219).

National Association of Clinical Tutors

The Winter Meeting will be held in London at the Zoological Society, Regent's Park, London NW1 on Friday 1st December 1989.

The dates for meetings of Council of the Association are as follows:

Wednesday 19 July 1989

Thursday 12 October 1989

Career Counselling course - 27-28 September 1989.
Beaumaris, Isle of Anglesey.

Career Counselling course - 14-15 March 1990. Stoke Rochford, Lincolnshire.

Details of all meetings can be obtained from: Secretariat, National Association of Clinical Tutors, 6 St Andrew's Place, London NW1 4LB Tel. 01 935 5556 (Fax. 01 224 3219).

Full details of the courses, meetings and symposia listed above, and of others of interest to medical postgraduates, can be obtained from the individual organisations.

FELLOWSHIP OF POSTGRADUATE MEDICINE

Grants for research

The Fellowship of Postgraduate Medicine is offering grants for travel, or towards the cost of equipment, for young graduates entering careers in clinical research. Successful applicants will be expected to submit reports of their research for publication in the *Postgraduate Medical Journal*.

Further information may be obtained from Mrs J.M. Coops, Fellowship of Postgraduate Medicine, 6 St Andrew's Place, London NW1 4LB (Tel. 01-935 5556), to whom applications should be made, giving a concise summary of the research project, the sum requested and a curriculum vitae of the applicant.

Notice to Contributors

The *Postgraduate Medical Journal* considers manuscripts prepared in accordance with the guidelines laid down by the International Committee of Medical Journal Editors (*Br Med J* 1988, **296**: 401–405). All material submitted is assumed to be submitted exclusively to the *Postgraduate Medical Journal* unless the contrary is stated.

Typescripts Two complete copies should be sent to the Editor, *Postgraduate Medical Journal*, 6 St Andrew's Place, London NW1 4LB. Papers must be typewritten, double-spaced, on one side of paper not larger than A4 (297 mm × 210 mm), with a 5 cm margin. The first page of the typescript should bear the names of the author(s) and the name and address of the laboratory or institution where the work has been carried out, in addition to the title of the paper. The full address of the principal author to whom proofs will be sent should be given as a footnote, as should any permanent changes of address and/or appointment. A short (running) title of not more than 45 characters should be given. All pages should be numbered including the title page. In line with many other journals, we do not normally return rejected manuscripts.

The principal author must ensure that any co-authors listed agree to submission of the typescript. Any written or illustrative material which has been or will be published elsewhere must be duly acknowledged and accompanied by the written consent of the authors and publishers concerned.

Arrangement Papers should be divided into; (a) Title page, (b) Summary, (c) Introduction, (d) Materials and methods, (e) Results, (f) Discussion, (g) Acknowledgements, (h) References, (i) Tables, (j) Figures and captions. The summary should not exceed 250 words and should state concisely what was done, the main findings and how the work was interpreted. In all sections of the paper numbered paragraphs should be avoided if at all possible.

Style Abbreviations and symbols must be standard and SI units used throughout. Acronyms should be used sparingly and must be fully explained when first used. Whenever possible drugs should be given their approved generic name. Where a proprietary (brand) name must be used, it should begin with a capital letter. Statistical analyses must explain the methods used. The use of footnotes is not permitted. Single quotation marks should be used and words to be italicized should be underlined. The *Concise Oxford English Dictionary* is used as a reference for all spelling and hyphenation.

References should follow the Vancouver format. In the text, they should appear as numbers starting at 1. At the end of the paper they should be listed (double-spaced) in numerical order corresponding to the order of citation in the text. All authors should be quoted for papers with up to six authors; for papers with more than six authors, the first three only should be quoted followed by *et al.* Abbreviations for titles of medical periodicals should conform to those used in the latest

edition of *Index Medicus*. The first and last page numbers for each reference should be provided. Abstracts and letters must be identified as such.

1. Clements, R. & Gravelle, I.H. Radiological appearances of hydatid disease in Wales. *Postgrad Med J* 1986, **62**: 167–173.
2. Greenberger, J.S. Long-term hematopoietic cultures. In: Golde, W. (ed) *Hematopoiesis*. Churchill-Livingstone, New York, 1984, pp 203–242.

Figures In the text Arabic numbers should be used and all illustrations should be specifically referred to in the text, e.g. (Figure 2). All illustrations should be submitted at about 1½ times the intended final size and should be numbered as figures whether they are photographs, representational drawings or line diagrams and graphs.

Photographs and photomicrographs should be unmounted glossy prints and should not be retouched, and should be chosen to exclude technical artefacts. Magnification is best indicated by a line representing a defined length included within the photographs. Areas of key interest and/or critical reproduction should be indicated on a flimsy overlay attached to the photograph or on a photocopy. All annotations and lettering should be indicated in the same way, and preferably not included on the original print. Clearly contrasted and focused prints are essential for adequate reproduction.

Line diagrams and graphs should be on separate sheets; they must be drawn with black Indian ink on white paper, or supplied as photographic prints of such originals. Lettering on figures should be minimal and must not duplicate the legend. The use of symbols should be consistent within papers, and explanations of symbols should be included in the caption, not on the figure.

A photocopy of all illustrations should be submitted.

Tables These should be as few as possible and should present only essential data. They should be typewritten on separate sheets, have a title or caption, and given Roman numbers.

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