

# Postgraduate Medical Journal

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**Postgraduate Medical Journal** publishes original papers on subjects of current clinical importance and welcomes review articles with extensive, up-to-date bibliographies as guides to further reading. Several symposia are published each year, each devoted to a single subject and written by specialists in different disciplines. Most issues include authoritative current surveys of clinical problems, well documented reports of cases of particular interest, and book reviews. An international Postgraduate Diary is also included each month.

The Fellowship of Postgraduate Medicine was founded by a group of London consultants after the First World War to assist postgraduates, particularly those coming to London from the Commonwealth, to pursue their studies. The Fellowship first published the **Postgraduate Medical Journal** to give information about lectures, conferences and courses and to provide a monthly review of all branches of medicine.

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## Book Reviews

**Handbook of Blood and Blood Products**, S. Ghosh, Pp. ix + 117. Macmillan Press, Basingstoke, Hants, 1988. £25.00 (hardback), £9.95 (paperback).

In recent years we have witnessed an 'outbreak' of small manuals on clinical blood transfusion, which has been needed to bridge the gulf between the scanty guidelines published by HMSO and large reference manuals. This is the latest and can be commended for its concise and practical approach. The author has adopted a straightforward though rather simple and dogmatic style and has purposefully kept theoretical information to a minimum. The text is very readable, is logically divided and complemented by useful tables.

Following a brief introductory chapter on the essentials of immunohaematology, each component is described, the rationale and indications for its use are given and contraindications are mentioned. No component is omitted but one is surprised to see that heparinized blood and fibrinogen concentrates are included since neither has been recommended nor available for several years.

Specific chapters are then devoted to the ordering and administration of blood components, transfusion in special situations, neonatal transfusion and adverse reactions. The information given is basically sound but in certain areas lacks appropriate emphasis. For example, parenterally transmitted non-A, non-B hepatitis receives no more attention than Chagas' disease, the importance of preventing hypothermia during massive transfusion is dismissed.

The author's aim was to provide junior medical staff with a convenient handbook on the practical aspects of blood transfusion. In this, he has succeeded. However, since the manual was not designed to provide a sound and concise understanding of the discipline, candidates for MRCP and FRCS would do better to look elsewhere.

S.M. Knowles  
*National Blood Transfusion Service,  
Deansbrook Road,  
Edgware,  
Middlesex HA8 9BD.*

## Books Received

**Alimentary My Dear Doctor**, Clifford Hawkins. Pp. xii + 140. Radcliffe Medical Press, Oxford, 1988. £4.95 + 60p postage and packing.

**Anatomy of Epileptogenesis**, B.S. Meldrum, J.A. Ferendelli & H.G. Wieser. Pp. vii + 187, illustrated. John Libby & Co., London, Paris, 1988. Hardback £24.00.

**Annual Review of Microbiology**, edited by L. Nicholas Ornston, Albert Balows & Paul Baumann. Pp. x + 794. Annual Reviews Inc. California, USA, 1988. \$34.00 (USA & Canada): \$38.00 (elsewhere). Price includes postage and handling.

**Diagnostic Cytopathology**, Chandra Grubb. Pp. 214, illustrated. Churchill Livingstone, Edinburgh, London, Melbourne, New York, 1988. £29.50.

**Computing for Clinicians**, Tim Chard. Pp. viii + 136, illustrated. Elmore-Chard, London, 1988. £18.00, \$32.00.

In many ways, this is a really excellent book. It is only 130 pages long, relatively cheap, and very readable. Basically, it sets out, chapter by chapter, what an ordinary clinician should know about computers. The chapters on the use of computers in medical administration and on computers in medical diagnosis are really well done and put clearly in a few words what many books put in tons of jargon and incomprehensible waffle. Only rarely does the author sink into the computer writer's usual error of initializing and jargonizing his English. The use of tables is a little odd in that many tables are full of words, but this is only a minor criticism. I don't think the publisher has helped very much with the figures either, which have been set out in a rather boring way, using a rather boring typeface.

I think that this book purports to be suitable for doctors with no knowledge of computing (and it may well be so), but I believe it would be more useful to the clinician when the clinician has had a year or so of experience getting things wrong with computers. Then, to turn to this book I think would be an enormous step forward for that person, and help them to go on to higher things. I must say that, even though I have been working in this area for about 6 years, it still helped me to clarify a number of areas about which I was confused.

Professor Chard has written an excellent, small book. Any clinician who is keeping up with the 20th century and knows a little about computers should read this.

F.R. Vicary  
*Whittington Hospital,  
St Mary's Wing,  
London N19 5NF.*

**Perfecting the World**, A.M. Kass & E.H. Kass. Pp. xxx + 642, illustrated. Harcourt Brace Jovanovich, Boston, San Diego, New York, 1988. £24.50.

**Reproduction, Obstetrics and Gynaecology**, M.G. Elder. Pp. xiv + 333, illustrated. Heinemann Medical Books, Oxford, London, Melbourne, Auckland, 1988. £20.00.

**Student Psychiatry Today**, Robert I. Cohen & Jerome J. Hart. Pp. viii + 478. Heinemann Medical Books, Oxford, London, Melbourne, Auckland, 1988. £17.50.

## Postgraduate Diary

### **Institute of Cancer Research**

Regular programme of seminars and teaching sessions throughout the year.

*Information: The Dean, Institute of Cancer Research, Haddow Laboratories, 15 Cotswold Road, Belmont, Surrey SM2 5NG, UK.*

### **National Heart and Lung Institute**

Courses leading to award of University Diplomas in Cardiology and Thoracic Medicine. Short Courses, meetings and symposia are held throughout the year.

*Postgraduate Office, National Heart and Lung Institute, Dovehouse Street, London SW3 6LY. Tel: 01-351 8172.*

### **Institute of Child Health**

Short courses booklet available.

*For further details please apply to: Anne Crowley, Short Courses Office (Room 6), Institute of Child Health, 30 Guilford Street, London WC1N 1EH. Tel: 01-829 8692 (direct).*

### **Institute of Dental Surgery**

Courses for M.Sc. in various aspects of dentistry, Diploma in Dental Public Health, basic medical sciences, etc.

*Information: The Dean, Institute of Dental Surgery, Eastman Dental Hospital, Gray's Inn Road, London WC1X 8LD, UK.*

### **Hunterian Institute**

Long and short courses in basic medical sciences for primary FRCS (including revision courses in Anatomy/Physiology/Pathology), Primary FDS, FFA part 2 held through the year.

Courses in Clinical Surgery for final FRCS held in Spring and Autumn. Anastomosis Workshop; AO course of fracture treatment.

Short revision courses for Surgeons: anatomy/physiology/pathology, 10–28 April 1989.

*Details and applications: The Hunterian Institute, Royal College of Surgeons, Lincoln's Inn Fields, London WC2A 3PN. Tel: 01-405 3474.*

### **Institute of Laryngology and Otology**

Pre-FRCS and DLO exam courses. Advanced courses on:

Temporal bone surgery – November and June. Anaesthesia for ENT – October. Rhinology and Surgery of the Nasal Cavity and Paranasal Sinuses – October. Nasal Plastic and Facial Soft Tissue Surgery – February. Pathology of the Ear, Nose and Throat – June.

*Applications and enquiries: Cheryl Overington, Secretary to the Dean, Institute of Laryngology and Otology, 330/332 Gray's Inn Road, London WC1X 8EE.*

### **Institute of Neurology**

Sandoz Foundation advanced lectures on clinical and experimental neurology. Each Wednesday evening throughout academic year.

*Details: Institute Registrar, National Hospital, Queen Square, London WC1N 3BG, UK.*

### **RPMS Institute of Obstetrics and Gynaecology**

Teach-in 'How to get your message across (lecturing and writing papers). Wednesday 24 May 1989.

Expanding the frontiers of neonatal care. Symposium, Friday 30 June 1989

'Theoretical and practical course on Doppler blood flow measurement in pregnancy' 13 and 14 July 1989 at Queen Charlotte's and Chelsea Hospital.

*Details of symposia and courses from: Symposium Secretary, RPMS Institute of Obstetrics and Gynaecology, Queen Charlotte's Hospital for Women, Goldhawk Road, London W6 0XG, UK.*

### **Institute of Ophthalmology**

Regular courses in ophthalmology held throughout the year. 17/25 Cayton Street, London EC1 9AT, UK.

### **Institute of Orthopaedics**

Radiodiagnosis demonstrations – Mondays at 5 p.m. during the academic year.

Lecture courses – Wednesdays at 6 p.m. during the academic year. Inflammatory joint disease – May – July 1989.

Management of spinal metastases – Mr T.R. Morley. Contemporary management of spondylolisthesis – Mr J.K. Webb.

Course on Radiology of Bones and Joints – 17–19 May 1989.

*Details: Miss A.M. Lucas, Postgraduate Secretary, Institute of Orthopaedics, The Middlesex Hospital, London W1. Tel: 01-380 9418.*

### **Institute of Psychiatry**

Association for Family Therapy, Institute of Family Therapy and Institute of Psychiatry – first national conference 'Family research and family therapy: a marriage, cohabitation or divorce'. 20–21 April 1989.

One day conference 'Counselling in General Practice' 11 May 1989.

The ethical implications of the new genetics for psychiatry 7 June 1989.

Programme of courses and lectures.

*Details: Nadine Morgan, Conference Office, Institute of Psychiatry, De Crespigny Park, London SE4 8AG. Tel: 01-703 5411 ext 3170.*

### **Institute of Urology**

Short courses on aspects of urology and nephrology – throughout the year.

One year Diploma courses in urology and nephrology commencing September each year.

Advanced stone management course – held twice yearly.

*Applications and enquiries: The Dean, Institute of Urology, 172–176 Shaftesbury Avenue, London WC2H 8JE, UK.*

### **Royal Postgraduate Medical School**

Regular courses on advanced topics.

*School Office, Royal Postgraduate Medical School, Hammersmith Hospital, Du Cane Road, London W12 0HS, UK.*

### **St Thomas' Hospital – Postgraduate Centre**

MRCP Part 2 (Paeds) Course Saturday 29 April to 5 May, 1989.

General Practitioner Refresher Weekend Course, 29 and 30 April 1989.

*Details: Secretary to Professor Scopes, Paediatric Unit, 4th Floor, North Wing, St Thomas' Hospital, London SE1 7EH*

**Bloomsbury Intensive Medical Course**

University College and Middlesex Hospitals.

Every Tuesday morning from 4 April to 20 June 1989. Speakers include national and international experts on intensive care. Course designed for junior medical staff of any speciality.

*Details: Intensive Care Course Secretary, Room 107, 1st Floor, The Rayne Institute, University Street, London WC1E 6JJ.*

**XIVth International Update on Liver Disease**

Royal Free Hospital, 13–15 July 1989.

*Details: Professor Neil McIntyre, Academic Department of Medicine, Royal Free Hospital, Pond Street, London NW3 2QG.*

**Advanced Medicine Course**

At The Royal South Hants Hospital, Southampton 18th – 22nd May 1989.

This Course, designed for Consultants and Senior Registrars, will discuss recent developments in: Renal Medicine, Rheumatic and Connective Tissue Diseases, Respiratory Medicine, Neurology, Gastroenterology, Dermatology, Cardiology, Diabetes and Endocrinology, Therapeutics.

*Information and application forms from: The Secretary, Post-graduate Medical Centre, Royal South Hants Hospital, Southampton. Tel: (0703) 634288, Ext. 2493*

**University of Manchester**

M.A. in Health Care Ethics.

*Details: Mrs S. Ibbotson, Department of Education, University of Manchester, Oxford Road, Manchester M13 9PL, UK.*

**International Union Against Cancer**

*Details of fellowship programmes from: 3 rue du Conseil-Général, 1205 Geneva, Switzerland.*

**Liverpool, Newsham General Hospital**

Lunchtime meetings twice monthly.

*Secretary, Postgraduate Centre, Belmont Road, Liverpool L6 4AF, UK.*

**London School of Hygiene and Tropical Medicine**

MSc, diploma and research degree courses in public health and tropical medicine.

*Enquiries: The Registrar, LSHTM, Keppel Street, London WC1E 7HT.*

**Forum on Clinical Pharmacology and Therapeutics**

6 October 1989 The anxiolytic jungle: what drug for whom?

*Details: Miss Barbara Komoniewska, Royal Society of Medicine, 1 Wimpole Street, London W1M 8AE. Tel: 01-408 2119 ext 301.*

**Royal Society of Medicine**

Sumner Trust Conference 'Monoclonal antibodies and immunoconjugates in cancer treatment' 6, 7 April 1989.

*Details: Miss Barbara Komoniewska, Royal Society of Medicine, 1 Wimpole Street, London W1M 8AE.*

**European Society of Gynaecological Oncology**

6th International Congress, April 27–29 1989, Palais de Congrès de Versailles, France.

*Details: Professor A. Gorins, Centre d'Oncologie et des Maladies du Sein, Hôpital Saint-Louis, 38 rue Bichet, 75101 Paris.*

**Loughborough University**

Hazardous wastes: legislation, monitoring and disposal, 2–5 May 1989.

Occupational health management, 22–26 May 1989.

*Brochure of short courses run by University Training Group available from: Loughborough University of Technology, University Training Group, Centre for Extension Studies, Loughborough, Leicestershire LE11 3TU, UK.*

**Oxford University and Regional Postgraduate Medical Education**

Radiobiology and allied sciences. Course for FRCR Part 1 candidates, 3–14 July 1989.

*Details: Regional Postgraduate Office, John Radcliffe Hospital, Headington, Oxford OX3 9DU.*

**Clinical Dermatology in the Year 2000**

22–25 May 1990.

*Details: Scientific Secretariat, Professor Malcolm Greaves, Institute of Dermatology, St Thomas' Hospital, London SE1 7EH.*

**Centre for Social Ethics and Policy**

University of Manchester.

Human molecular genetics: Professor Sir David Weatherall, 5.30 p.m.

*Details of this and other lectures: Centre for Social Ethics and Policy, The University of Manchester M13 9PL.*

**15th International Cancer Congress**

Hamburg, FRG, 16–22 August 1990.

*Details: c/o Hamburg Messe und Congress GmbH, P.O. Box 30 24 80. D-2000 Hamburg 36 FRG.*

**Alaska 89 – Cruise the Inland Passage**

8–15 July 1989. Professor L. Bassett, Department of Radiological Sciences, University of California. Programme of lectures, seminars and case discussion.

*Information: ALASKA 89, c/o Medical Seminars International Inc, 9800 D Topanga Canyon Blvd, Suite 232, Chatsworth Ca 91311, USA.*

**Anglo French Medical Society**

Annual Scientific Meetings alternating between Britain and France. 1989 – Toulouse (theme, aviation medicine). Also week-long medical language courses in France.

*Information: Secretary, Anglo French Medical Society, The Moat House, Lymm Hall, Lymm, Cheshire WA13 0AJ.*

**4th South-East European Symposium of Paediatric Surgery**

'Normal and Disturbed Oesophageal Function in Childhood'. 7–9 September 1989, Graz, Austria.

*Details: Professor Dr M. Hollwarth, Department of Paediatric Surgery, University of Graz, Heinrichstrasse 31, A-8010, Graz, Austria.*

**European Society for Clinical Investigation**

23rd Annual Scientific Meeting, Athens, Greece, April 19–22 1989

*Details and registration: ESCI-89 c/o Prof. Dr S. Raptis, 2nd Department Internal Medicine-Propaedeutic, Athens University, P.O. Box 14127, CR-11510, Athens, Greece.*

**First European CPR-Congress**

November 3 and 4, 1989. Switel, Antwerp.

*Information and applications: European CPR-Congress, Belgian Red Cross, Vleurgatsesteenweg 98, 1050 Brussels.*

**2nd European Congress of Endocrinology**

Ljubljana, Yugoslavia, 1–6 July 1990.

*Information: Secretariat, Kompas Jugoslavia, Congress Department, Prazakova 4, 61000 Ljubljana, Yugoslavia.*

**European Medical Research Group**

The European Medical Research Group has been formed by Young AEMIE (European Association of Internal Medicine) with the advice and support of the Fellowship of Postgraduate Medicine to provide a forum for professional and social contact among physicians in training, particularly those from continental Europe. The first European centre in which meetings of the Group were held was London and meetings are now being held in other major European centres.

Regular meetings are being held at which abstracts accepted by the Editorial panel are presented as posters. Successful abstracts are published in the *Postgraduate Medical Journal*. The second part of each meeting is an invited lecture reviewing recent advances in medical research and practice. Refreshments are provided in the form of tea and coffee, with a buffet supper at the close of the meeting.

The next meeting will be held on 6 June 1989 when the invited lecture will be given by Professor A.M. McGregor, Department of Medicine, King's College Hospital Medical School, London, on 'Autoimmunity and the thyroid'.

*Anyone interested in joining the Group, or presenting posters, should contact: Dr D.R.J. Singer, European Medical Research Group, c/o Fellowship of Postgraduate Medicine, 6 St Andrew's Place, London NW1 4LB Tel. 01 935 5556 (Fax 01 224 3219).*

**National Association of Clinical Tutors**

The Summer Meeting of the National Association of Clinical Tutors will be held at Shrewsbury (Prince Rupert Hotel) on Friday 5th May 1989.

The Winter Meeting will be held in London at the Zoological Society, Regent's Park, London NW1 on Friday 1st December 1989.

The dates for meetings of Council of the Association are as follows:

Thursday 13 April 1989

Wednesday 19 July 1989

Thursday 12 October 1989

There will be further 'Nuts and Bolts' and Careers Counselling meetings later in the year.

*Details of all meetings can be obtained from: Secretariat, National Association of Clinical Tutors, 6 St Andrew's Place, London NW1 4LB Tel. 01 935 5556 (Fax. 01 224 3219).*

Full details of the courses, meetings and symposia listed above, and of others of interest to medical postgraduates, can be obtained from the individual organisations.

## FELLOWSHIP OF POSTGRADUATE MEDICINE

### Grants for research

The Fellowship of Postgraduate Medicine is offering grants for travel, or towards the cost of equipment, for young graduates entering careers in clinical research. Successful applicants will be expected to submit reports of their research for publication in the *Postgraduate Medical Journal*.

Further information may be obtained from Mrs J.M. Coops, Fellowship of Postgraduate Medicine, 6 St Andrew's Place, London NW1 4LB (Tel. 01-935 5556), to whom applications should be made, giving a concise summary of the research project, the sum requested and a curriculum vitae of the applicant.

## Notice to Contributors

The *Postgraduate Medical Journal* considers manuscripts prepared in accordance with the guidelines laid down by the International Committee of Medical Journal Editors (*Br Med J* 1988, **296**: 401–405). All material submitted is assumed to be submitted exclusively to the *Postgraduate Medical Journal* unless the contrary is stated.

**Typescripts** Two complete copies should be sent to the Editor, *Postgraduate Medical Journal*, 6 St Andrew's Place, London NW1 4LB. Papers must be typewritten, double-spaced, on one side of paper not larger than A4 (297 mm × 210 mm), with a 5 cm margin. The first page of the typescript should bear the names of the author(s) and the name and address of the laboratory or institution where the work has been carried out, in addition to the title of the paper. The full address of the principal author to whom proofs will be sent should be given as a footnote, as should any permanent changes of address and/or appointment. A short (running) title of not more than 45 characters should be given. All pages should be numbered including the title page. In line with many other journals, we do not normally return rejected manuscripts.

**The principal author** must ensure that any co-authors listed agree to submission of the typescript. Any written or illustrative material which has been or will be published elsewhere must be duly acknowledged and accompanied by the written consent of the authors and publishers concerned.

**Arrangement** Papers should be divided into; (a) Title page, (b) Summary, (c) Introduction, (d) Materials and methods, (e) Results, (f) Discussion, (g) Acknowledgements, (h) References, (i) Tables, (j) Figures and captions. The summary should not exceed 250 words and should state concisely what was done, the main findings and how the work was interpreted. In all sections of the paper numbered paragraphs should be avoided if at all possible.

**Style** Abbreviations and symbols must be standard and SI units used throughout. Acronyms should be used sparingly and must be fully explained when first used. Whenever possible drugs should be given their approved generic name. Where a proprietary (brand) name must be used, it should begin with a capital letter. Statistical analyses must explain the methods used. The use of footnotes is not permitted. Single quotation marks should be used and words to be italicized should be underlined. The *Concise Oxford English Dictionary* is used as a reference for all spelling and hyphenation.

**References** should follow the Vancouver format. In the text, they should appear as numbers starting at 1. At the end of the paper they should be listed (double-spaced) in numerical order corresponding to the order of citation in the text. All authors should be quoted for papers with up to six authors; for papers with more than six authors, the first three only should be quoted followed by *et al.* Abbreviations for titles of medical periodicals should conform to those used in the latest

edition of *Index Medicus*. The first and last page numbers for each reference should be provided. Abstracts and letters must be identified as such.

1. Clements, R. & Gravelle, I.H. Radiological appearances of hydatid disease in Wales. *Postgrad Med J* 1986, **62**: 167–173.
2. Greenberger, J.S. Long-term hematopoietic cultures. In: Golde, W. (ed) *Hematopoiesis*. Churchill-Livingstone, New York, 1984, pp 203–242.

**Figures** In the text Arabic numbers should be used and all illustrations should be specifically referred to in the text, e.g. (Figure 2). All illustrations should be submitted at about 1½ times the intended final size and should be numbered as figures whether they are photographs, representational drawings or line diagrams and graphs.

**Photographs and photomicrographs** should be unmounted glossy prints and should not be retouched, and should be chosen to exclude technical artefacts. Magnification is best indicated by a line representing a defined length included within the photographs. Areas of key interest and/or critical reproduction should be indicated on a flimsy overlay attached to the photograph or on a photocopy. All annotations and lettering should be indicated in the same way, and preferably not included on the original print. Clearly contrasted and focused prints are essential for adequate reproduction.

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**A photocopy** of all illustrations should be submitted.

**Tables** These should be as few as possible and should present only essential data. They should be typewritten on separate sheets, have a title or caption, and given Roman numbers.

**Proofs** Two marked copies of the proofs will be sent to the principal author which should be read carefully for errors. One corrected copy must be returned to the editor within 3 days. Major alterations to the text cannot be accepted.

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