

Postgraduate Medical Journal

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Postgraduate Medical Journal publishes original papers on subjects of current clinical importance and welcomes review articles with extensive, up-to-date bibliographies as guides to further reading. Several symposia are published each year, each devoted to a single subject and written by specialists in different disciplines. Most issues include authoritative current surveys of clinical problems, well documented reports of cases of particular interest, and book reviews. An international Postgraduate Diary is also included each month.

The Fellowship of Postgraduate Medicine was founded by a group of London consultants after the First World War to assist postgraduates, particularly those coming to London from the Commonwealth, to pursue their studies. The Fellowship first published the **Postgraduate Medical Journal** to give information about lectures, conferences and courses and to provide a monthly review of all branches of medicine.

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Manuscripts and all editorial correspondence, including books for review should be sent to: The Editor, Postgraduate Medical Journal, 6 St Andrew's Place, London NW1 4LB, UK. Telephone: 01-935 5556.

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dissatisfaction. New writings on child care are therefore welcome, especially those that give a view of special areas not well covered elsewhere. This third volume of the Progress in Child Health Series succeeds admirably in its aim of increasing communication between the many different specialties involved in paediatrics. Chapters range from pure clinical medicine, such as a review on management of congenital dislocation of the hip, to less well known areas such as the excellent review of the origin of colds in children. Particularly good are the chapters on conjoint family therapies and the Home Start scheme (why isn't there such a scheme in all areas?). It is a pity, though, that the discussion on behavioural therapy is so heavy to read, and that on learning in medicine is better covered elsewhere. References are plenty and up to date, and the index is very comprehensive. This book must be essential reading for anyone intending to sit for one of the diplomas in child health, and would be a worthy addition to a general practitioner's library, particularly if he is a trainer or has a special interest in paediatrics.

A.P. Lewis
Health Centre,
Bodriggy,
Hayle,
Cornwall.

Skin Disease in Old Age, by Ronald Marks. Pp.ix+276, illustrated. Martin Dunitz, London, 1987. £30.00.

This is a very personal account of skin disease in the elderly. When so many books have multiple authorship, it is refreshing to have the lively enthusiasm of Professor Marks shining from every page. 'Baldness is progressive as the author will testify' and the reader can imagine the Professor; again 'as winter sports enthusiasts will know ...' Overall, this is a splendid book. The illustrations, in particular, are almost universally excellent. The author has already defended himself in the introduction by admitting to a somewhat arbitrary decision as to the inclusion of certain disorders. However, surely it is ridiculous to include pityriasis versicolor, which is pre-eminently a condition of adolescence, acne vulgaris is mentioned no fewer than 7 times in the index.

A more serious criticism is that the book claims to be written 'with the dermatologist in mind'. I think it would be true to say that any dermatologist might enjoy dipping into this book, but would scarcely expect to learn from it. It contains material with which every practising dermatologist should be familiar; it is physicians in the care of the elderly who would most benefit from having this on their departmental library shelves. To them I would commend it highly.

Michael Klaber
Chelmsford and Basildon Hospitals
Essex.

Books Received

Cardiopulmonary Cerebral Resuscitation, 3rd edition, by P. Safar & N.G. Bircher. Pp. xvii+464, illustrated. Baillière Tindall (W.B. Saunders), London, Philadelphia, Toronto, Sydney, Tokyo, 1987. £11.50.

Child Health Clinics - a Handbook for Doctors, by M. Barker & J. Ferrier. Pp. xi+120. John Wiley & Sons, New York, Brisbane, Toronto, Singapore, 1988. £9.50.

Communicating with Dying People and their Relatives, by J. Lugton. Pp. xi+105. Austen Cornish Publishers in association with The Lisa Sainsbury Foundation, London, 1987. £6.50

A Handbook for Trainee Psychiatrists, edited by K.J.B. Rix. Pp. 301. Baillière Tindall, London, Philadelphia, Toronto, Sydney, Tokyo, 1987. £8.50.

Immunology of the Gastrointestinal Tract and Liver, edited by M.F. Heyworth and A.L. Jones. Pp. xii+229. Raven Press, New York, 1987. \$70.00.

Keep Your Voice Healthy, 2nd edition, by F.S. Brodnitz. Pp. ix+158, illustrated. Little Brown & Co, Boston, Toronto, San Diego, 1988. £13.

Melanoma and Naevi - Incidence, Interrelationships and Implications, edited by J.M. Elwood. Pp. 156, illustrated. Karger, Basle, Munich, Paris, London, New York, New Delhi, Singapore, Tokyo, Sydney, 1988. £56.90.

Pain Control, by J. Latham. Pp. x+106. Austen Cornish Publishers in association with The Lisa Sainsbury Foundation, London, 1987. £6.50.

Pharmacotherapy and Mental Retardation, by K.D. Gadow and A.G. Poling. Pp. xxii+370. Taylor & Francis, London, New York, Philadelphia, 1988. £16.50.

Practical NMR Imaging, edited by M.A. Foster and J.M.S. Hutchison. Pp. xv+311, illustrated. IRL Press, Oxford, Washington DC, 1987. £36.

Prevention of Coronary Heart Disease and Stroke (A workbook for primary care teams), by J.T. Hart and B. Stilwell. Pp. xii+244. Faber & Faber, London, Boston, 1988. £5.95.

Residents Handbook of Pediatrics, 7th edition, edited by W.B. Abelson and R.G. Smith. Pp. xxvi+909. B.C. Decker, Toronto, Philadelphia, 1988. £21.50.

Women's Problems in General Practice, 2nd edition, edited by A. McPherson. Pp. xvi+473. Oxford University Press, Oxford, New York, Tokyo, Melbourne, 1988. £17.50.

Postgraduate Diary

British Postgraduate Medical Federation

Educational development courses – programme of courses and workshops
Central Office, 33 Millman Street, London WC1N 3EJ, UK.

Institute of Cancer Research

Regular programme of seminars and teaching sessions throughout the year.

Information: *The Dean, Institute of Cancer Research, D Block, Clifton Avenue, Sutton, Surrey SM2 5PX, UK.*

Cardiothoracic Institute

Courses leading to award of diplomas in cardiac medicine and thoracic medicine. Short courses, meetings and symposia held throughout the year.

Postgraduate Office, Cardiothoracic Institute, Fulham Road, London SW3 6HP.

Institute of Child Health

Courses, meetings and symposia held throughout the year
The Dean's Office, Institute of Child Health, 30 Guilford Street, London WC1 1EH, UK.

Institute of Dental Surgery

Courses for M.Sc. in various aspects of dentistry, Diploma in Dental Public Health, basic medical sciences, etc.

Information: *The Dean, Institute of Dental Surgery, Eastman Dental Hospital, Gray's Inn Road, London WC1X 8LD, UK.*

Hunterian Institute

Courses in basic medical sciences for Primary FRCS and FFA part 2; in Anatomy Physiology and Pathology for Primary FRCS; in basic dental sciences for Primary FDS

Course in Clinical surgery for Final FRCS

Anastomosis Workshop: AO course

The Hunterian Institute, Royal College of Surgeons, Lincoln's Inn Fields, London WC2A 3PN, UK.

Institute of Laryngology and Otology

Advanced courses held throughout the year

Temporal bone surgery, 6-13 June 1988 and 10-17 June 1988

Pathology of the ear, nose and throat, 15-17 June 1988

Applications and enquiries to the Dean, Institute of Laryngology and Otology, 330/336 Gray's Inn Road, London WC1 8EE, UK.

Institute of Neurology

Sandoz Foundation advanced lectures on clinical and experimental neurology. Each Wednesday evening throughout academic year

Details: *Institute Registrar, National Hospital, Queen Square, London WC1N 3BG, UK.*

Institute of Obstetrics and Gynaecology

Regular symposia and courses throughout the year

Details: *The Secretary, Institute of Obstetrics and Gynaecology, Queen Charlotte's Maternity Hospital, Goldhawk Road, London W6 0XG, UK.*

Institute of Ophthalmology

Diabetic eye day for physicians, 12 May 1988

Regular courses in ophthalmology held throughout the year

17/25 Cayton Street, London EC1 9AT, UK.

Institute of Orthopaedics

Radiodiagnosis demonstrations – Mondays at 5.00 p.m. during the academic year

Applications and enquiries to Professor of Orthopaedic Surgery, Jules Thorn Building, The Middlesex Hospital, Mortimer Street, London W1P 7PN, UK.

Institute of Psychiatry

Programme of courses available

The Dean's Office, Institute of Psychiatry, De Crespigny Park, London SE5 8AF, UK.

Institute of Urology

Short courses on aspects of urology and nephrology – throughout the year

One year Diploma courses in urology and nephrology commencing September each year.

Advanced stone management courses – held twice yearly.

Applications and enquiries: *The Dean, Institute of Urology, 172-176 Shaftesbury Avenue, London WC2H 8JE, UK.*

Royal Postgraduate Medical School

Regular courses on advanced topics

School Office, Royal Postgraduate Medical School, Hammersmith Hospital, Du Cane Road, London W12 0HS, UK.

University of Manchester

M.A. in Health Care Ethics

Details: *Mrs S. Ibbotson, Department of Education, University of Manchester, Oxford Road, Manchester M13 9PL, UK.*

International Union Against Cancer

Details of fellowship programmes from: 3 rue du Conseil-Général, 1205 Geneva, Switzerland.

Liverpool, Newsham General Hospital

Lunchtime meetings twice monthly

Secretary, Postgraduate Centre, Belmont Road, Liverpool L6 4AF, UK.

London School of Hygiene and Tropical Medicine

Courses in community health, occupational health and preventive medicine. Course in human and clinical genetics leading to award of diploma.

The Registrar, LSHTM, Keppel Street, London WC1E 7HT, UK.

Forum on Clinical Pharmacology and Therapeutics
'Restrictive Drug Lists – a Worldwide Controversy'.

Wednesday 12 October 1988.

Registration: *Barbara Komoniewska, Royal Society of Medicine, 1 Wimpole Street, London W1M 8AE.*

First Conference of the European Society for Chlamydia Research

To be held in Bologna, Italy 30 May to 1 June 1988.

Topics include epidemiology and preventive measures of chlamydial infections in Europe; clinical manifestations and therapy; immunology and host-parasite interaction; diagnostic procedures; genetics; vaccine development.

Details: *Dr R. Cevenini, Institute of Microbiology of the University of Bologna, S. Orsola University Hospital, 9 via Massaretti, 40138-Bologna, Italy.*

9th International Symposium on Parkinson's Disease

Jerusalem, Israel, 5-9 June 1988.

Details: *P.O.B. 50006, Tel-Aviv 61500, Israel.*

International Conference on Ergonomics, Occupational Health, Safety and Health, and the Environment

24-28 October, Beijing, China.

Details: *Conference Administrator, ICE-O-SHE, Darling Downs Institute of Advanced Education, P.O. Box 44, Darling Heights, Toowoomba, Qld. 4350, Australia.*

European Medical Research Group (Young AEMIE)

Regular meetings consisting of poster session and invited lecture, held at Lettson House, 11 Chandos Street, London W1, UK.

Next meeting 7 June 1988. Dr P.J. Oldershaw. 'Intracoronary Thrombolysis – history, recent studies and future direction'.

Details from: *Dr D.R.J. Singer, c/o Fellowship of Postgraduate Medicine, 6 St Andrew's Place, London NW1 4LB, UK. Tel. 01-035 0556.*

European Association of Internal Medicine

Eurotherapeutics III – Amsterdam, 29 September to 1 October 1988

'Risk factors in vascular disease'

Details: *Dr Michael Rudolf, Ealing Hospital, Uxbridge Road, Southall, Middlesex.*

XIIIth International Update on Liver Disease

To be held in the Royal Free Hospital, London NW3 2QG, 14-16 July 1988

Details: *Professor Neil McIntyre, Academic Department of Medicine, Royal Free Hospital, Pond Street, London NW3 2QG*

Royal Free Hospital

Dr D. Geraint James has transferred his 5-day course for MRCP to the Royal Free Hospital. Clinicals, case presentations and quizzes. Course fee £160.

Courses will be starting on: 13 June 1988, 17 October 1988.

Details: *Dr D.G. James, Royal Free Hospital, Pond Street, London NW3 2QG, UK.*

Oxford Regional Committee for Postgraduate Medical Education and Training

Radiobiology and allied sciences course, Oxford, 3-15 July 1988.

Enquiries to Dr K. Durrant or Dr J. Hopewell, Churchill Hospital, Headington, Oxford OX3 7LJ
Neurosciences course at Department of Human Anatomy, Oxford, 12-16 September 1988.

Enquiries to Regional Postgraduate Office, Level 3, John Radcliffe Hospital, Oxford OX3 9DU

General enquiries: *K. Bicknell, Administrator, Medical School Offices, John Radcliffe Hospital, Headington, Oxford OX3 9DU*

The Royal Photographic Society

Recent developments in medical imaging. Assembly Rooms, Bath, 12-16 September 1988

Details: *The Royal Photographic Society, The Octagon, Milsom Street, Bath BA1 1DN*

4th South-East European Symposium of Paediatric Surgery

'Normal and Disturbed Oesophageal Function in Childhood'.

7-9 September 1989. Graz, Austria.

Details: *Professor Dr M. Hollwarth, Department of Paediatric Surgery, University of Graz, Heinrichstrasse 31, A-8010, Graz, Austria.*

2nd European Congress of Endocrinology

Ljubljana, Yugoslavia, 1-6 July 1990.

Information: *Secretariat, Kompas Jugoslavia, Congress Department, Prazakova 4, 61000 Ljubljana, Yugoslavia.*

International Symposium on Therapeutic Progress in Urological Cancers

Hotel Inter-Continental, Paris, France. 29, 30 June, 1 July 1988

Details: *Dr G.P. Murphy, School of Medicine, State University of New York at Buffalo, 139 Parker Hall, Buffalo, 14214, USA.*

Full details of the courses, meetings and symposia listed above, and of others of interest to medical postgraduates, can be obtained from the individual organisations.

Notice to Contributors

The *Postgraduate Medical Journal* considers manuscripts prepared in accordance with the guidelines laid down by the International Committee of Medical Journal Editors (*Br Med J* 1982, **284**: 1766–70). All material submitted is assumed to be submitted exclusively to the *Postgraduate Medical Journal* unless the contrary is stated.

Typescripts Two complete copies should be sent to the Editor, *Postgraduate Medical Journal*, 6 St Andrew's Place, London NW1 4LB. Papers must be typewritten, double-spaced, on one side of paper not larger than A4 (297 mm × 210 mm), with a 5 cm margin. The first page of the typescript should bear the names of the author(s) and the name and address of the laboratory or institution where the work has been carried out, in addition to the title of the paper. The full address of the principal author to whom proofs will be sent should be given as a footnote, as should any permanent changes of address and/or appointment. A short (running) title of not more than 45 characters should be given. All pages should be numbered including the title page. In line with many other journals, we do not normally return rejected manuscripts.

The principal author must ensure that any co-authors listed agree to submission of the typescript. Any written or illustrative material which has been or will be published elsewhere must be duly acknowledged and accompanied by the written consent of the authors and publishers concerned.

Arrangement Papers should be divided into; (a) Title page, (b) Summary, (c) Introduction, (d) Materials and methods, (e) Results, (f) Discussion, (g) Acknowledgements, (h) References, (i) Tables, (j) Figures and captions. The summary should not exceed 250 words and should state concisely what was done, the main findings and how the work was interpreted. In all sections of the paper numbered paragraphs should be avoided if at all possible.

Style Abbreviations and symbols must be standard and SI units used throughout. Acronyms should be used sparingly and must be fully explained when first used. Whenever possible drugs should be given their approved generic name. Where a proprietary (brand) name must be used, it should begin with a capital letter. Statistical analyses must explain the methods used. The use of footnotes is not permitted. Single quotation marks should be used and words to be italicized should be underlined. The *Concise Oxford English Dictionary* is used as a reference for all spelling and hyphenation.

References should follow the Vancouver format. In the text, they should appear as numbers starting at 1. At the end of the paper they should be listed (double-spaced) in numerical order corresponding to the order of citation in the text. All authors should be quoted for papers with up to six authors; for papers with more than six authors, the first three only should be quoted followed by *et al.* Abbreviations for titles of medical periodicals

should conform to those used in the latest edition of *Index Medicus*. The first and last page numbers for each reference should be provided. Abstracts and letters must be identified as such.

1. Clements, R. & Gravelle, I.H. Radiological appearances of hydatid disease in Wales. *Postgrad Med J* 1986, **62**: 167–73.
2. Greenberger, J.S. Long-term hematopoietic cultures. In: Golde, W. (ed) *Hematopoiesis*. Churchill-Livingstone, New York, 1984, pp 203–242.

Figures In the text Arabic numbers should be used and all illustrations should be specifically referred to in the text, e.g. (Figure 2). All illustrations should be submitted at about 1½ times the intended final size and should be numbered as figures whether they are photographs, representational drawings or line diagrams and graphs.

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Line diagrams and graphs should be on separate sheets; they must be drawn with black Indian ink on white paper, or supplied as photographic prints of such originals. Lettering on figures should be minimal and must not duplicate the legend. The use of symbols should be consistent within papers, and explanations of symbols should be included in the caption, not on the figure.

A photocopy of all illustrations should be submitted. **Tables** These should be as few as possible and should present only essential data. They should be typewritten on separate sheets, have a title or caption, and given Roman numbers.

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