

Books received

- Biochemistry of Mental Disorders: New Vistas.* Edited by EARL USDIN and ARNOLD J. MANDELL. (Modern Pharmacology-Toxicology, vol. 13). Pp. 268, illustrated. Marcel Dekker, New York, 1978. SFr. 80.
- By Guess or by What? Information with Design in the NHS.* Papers by P. D. FOX, and others. Edited by GORDON MCLACHLAN. (Problems and Progress in Medical Care. Essays in Current Research 11th series). Pp. 125, soft cover. Nuffield Provincial Hospitals Trust, Oxford University Press, 1978. £4.00.
- Clinical Parenteral Nutrition. Proceedings of a Parenteral Nutrition Workshop, University of Liverpool, April 1977.* Edited by D. H. BAXTER and G. M. JACKSON. Pp. 272, illustrated, hard back. Geistlich Education, Chester, 1978.
- A Colour Atlas of Gynaecological Surgery. Vol. 1. Vaginal Operations.* By DAVID H. LEES and ALBERT SINGER. Pp. 224, illustrated. Wolfe Medical Publications, London, 1978. £22.00.
- A Colour Atlas of Oral Medicine.* By WILLIAM R. TYLDESLEY. Pp. 111, illustrated. Wolfe Medical Publications, London, 1978. £10.00.
- Essential Intensive Care.* By E. SHERWOOD JONES. Pp. 503, illustrated. MTP Press, Lancaster, 1978. £9.95.
- Hepatotropic Factors.* Ciba Foundation Symposium 55 (new series). Edited by RUTH PORTER and JULIE WHELAN. Pp. 405, illustrated. Elsevier, Amsterdam, Oxford, New York; Excerpta, North Holland, 1978. \$36.00.
- Hormontherapie in der Frauenheilkunde Grundlagen und Praxis.* By JOACHIM UFER. 5th Edition. Pp. 285, illustrated. Walter de Gruyter, Berlin, New York, 1978. DM 68.00.
- Immediate Hypersensitivity. Modern Concepts and Developments.* Edited by MICHAEL K. BACH. (Immunology series no. 7). Pp. 848, illustrated. Marcel Dekker, New York, 1978. SFr. 130.00.
- MCQ Tutor: MRCOG Part I. Basic Sciences as applied to Obstetrics and Gynaecology.* By V. R. TINDALL. Pp. 180, soft cover. William Heinemann Medical Books, London, 1978. £3.75.
- Metabolic Consequences of Chronic Renal Failure.* 2nd Edition. By MICHAEL R. WILLS. Pp. 216, illustrated. HM + M Publishers, Aylesbury, Bucks, 1978. £10.50.
- The Molecular Biology of Animal Viruses. Volume 2.* Edited by DEBI PROSAD NAYAK. Pp. 480, illustrated. Marcel Dekker, New York and Basle, 1978. \$45.00.
- Multiple Choice Questions in Psychiatry.* By G. GLEW. Pp. 78, soft cover. Butterworths, London, etc., 1978. £2.95.
- Neisseria Gonorrhoeae and Gonococcal Infections.* Report of a WHO Scientific Group. Pp. 142, soft cover. World Health Organization, Geneva, 1978. \$5.40. SFr. 12.
- Scientific Research on the Transcendental Meditation Programme.* Collected papers volume 1. Edited by D. W. ORME-JOHNSON and J. T. FARROW. Pp. 727, illustrated. Maharishi European Research University Press, 1978. Price not given.
- Therapist Disclosure. The Use of Self in Psychotherapy.* By MYRON F. WEINER. Pp. 178. Butterworths, Boston, London, 1978. £8.25.
- X-Ray Anatomy.* By George Simon and W.J. Hamilton. Pp. 343, illustrated. Butterworths, London, Boston, 1978. £25.00.

Book reviews

Davidson's Principles and Practice of Medicine (12th Edition).

Edited by JOHN MACLEOD. Pp. 978, illustrated. Churchill Livingstone, Edinburgh, London and New York, 1978. Soft cover £6.50; cased £10.00.

Davidson has justifiably become a classic in the quarter century since it first appeared. Although one has wondered whether the pace of advances in medicine really justified a new edition every 2 years, it is a pleasure to welcome the twelfth. The major change has been the incorporation of the previously separate *Tropical Diseases Supplement* into a single book. The result is that this section forms one eighth of the text and one has the apparent anomaly of yaws getting as much space as the irritable bowel syndrome. This is, probably, the ultimate benefit of the large number of readers of Davidson in those parts of the world consuming a high-residue diet.

The quality of the print and paper is not as good as that of the previous edition but the book is of a smaller size, thanks to the removal of dated contents and in spite of new material. The chapters on genetics, the cardiovascular system, liver and psychiatry show the biggest changes.

The editor's objective in providing a rational and comprehensible basis for the practice of medicine suitable for under- and postgraduate students has been amply achieved.

Diagnostic E.N.T.

By G. D. L. SMYTH. Pp. 130, illustrated. Oxford University Press, Oxford, 1978. Paper back. £3.00.

This is an excellent new textbook for medical students but it contains, in my view, one most serious fault.

This short book is designed for undergraduate students and also, the cover says, to be helpful to ENT registrars. It is most clearly written by an acknowledged leader in the speciality and the 37 line illustrations – there could have been more in a book on a subject so dependent on visual observation – are models other authors would do well to follow. The short summaries or revision paragraphs at the end of each chapter will be especially helpful just before examinations.

The book, however, has been written to 'do away with the mystique of the laryngeal mirror'. Diagnosis of diseases of the larynx and pharynx is described without recourse to indirect laryngoscopy or its possible findings; all cases of laryngeal disease and many of pharyngeal disease are to be referred to an ENT Clinic. The technique (not mystique) of indirect laryngoscopy using a mirror is and has been acquired by many doctors other than ENT surgeons, no laryngeal diagnosis is possible otherwise and many if not most teachers of ENT feel that the mirror should not be the sole province of

laryngologists. I think it is a serious fault to consider training doctors who would only be able to work in an urban area with immediate access to an ENT department. Doctors working anywhere else in the country or the world must know something of laryngeal appearances in the mirror. To leave out this aspect of ENT reduces the value of this book very considerably.

Should another edition include indirect laryngoscopy and its findings in disease, this book would become most useful to students and, indeed, to ENT registrars as well.

Disorders of the Blood. A Textbook of Clinical Haematology

By R. B. THOMPSON. Pp. 851, illustrated. Churchill Livingstone, Edinburgh, London, New York, 1977. £30.00
Dr R. B. Thompson has undertaken the enormous task of producing a major text in haematology single-handed. The outcome is this beautifully produced book by Churchill Livingstone, Edinburgh, London, New York, 1977. †30.00. admirably balanced in a manner that is only possible with limited authorship (or perhaps paranoid editors).

In length (851 large pages) it stands between the shorter texts and longer books such as that edited by Williams, Beutler, Erslev and Rundles (1755 pages). Each chapter sets out the background, clinical presentation and treatment with clarity and with emphasis on the clinical rather than the backroom aspects of the disorders. Each chapter is accompanied by a very full list of references. Everyone with an interest in haematology will want to possess a copy of this book. It can be recommended to those sitting advanced examinations in haematology such as the final examination of the Royal College of Pathologists in the U.K. Perhaps the next edition will see an expansion of the section on blood coagulation and its disorders and a shrinkage of the mean red cell corpuscular volume since the range 76 to 96 fl. has an antique pre-Coulterian ring about it.

Epidemiology of Head Injuries in England and Wales. With Particular Application to Rehabilitation

By J. H. FIELD. Pp. 109+viii, illustrated, soft cover. Crown Copyright HMSO, London. Copies from Department of Health and Social Security: Research Division.

This study by Dr Field of the Research Division of the DHSS was undertaken at the instigation of the Research Liaison Group for the Socially Handicapped. Originally designed as a study of rehabilitation, it was extended back in time to the outcome of injury in terms of mortality and morbidity, the cause of the injury and the social and other factors affecting the incidence. It does not include original work by the author, but is rather a review of the past and current research, with the aim of making recommendations. These are comprehensive, but are mainly concerned with the major deficiencies in basic knowledge still present and the areas for further long-term research. Yet, observations such as 'in the Midlands and the North, above average mortality is combined with below average hospital admission and the reverse applies in London' suggest more immediate action and, at least, an urgent review of the in-patient facilities in the North and Midlands.

Probably because of the original commission, very little is said about prevention. Road traffic accidents are the commonest cause of head injury. It is sometimes difficult from the Report to interpret the figures as the number of deaths in each age group are given, but do not include age-related mortality rates. However, the highest mortality occurs among the car occupants in the age range 15-45 years, among motor cycle riders 15-25 years and among pedestrians 0-25 years and 45 years and over. Overall, the lowest mortality for road traffic accident head injuries is among the age groups 0-5, 25-45 and over 75 years. Thus, young adults aged 15-25 years, whether on a motor cycle or in a car are the most vulnerable. Unfortunately, the report says little about car design

in the prevention of head injury, but the figures suggest that there is as much need to consider the pedestrian as there is the car occupants.

This book gives a good review of the studies that have been carried out on head injuries and rehabilitation following them. It also provides many interesting suggestions for further research.

General Surgical Operations

Edited by R. M. KIRK. Pp. 412, illustrated. Churchill Livingstone, Edinburgh, London, New York, 1978. £16.00.

The best way to learn operative surgery is to watch, or better still to assist, a master surgeon, and then to carry out the same procedure under his supervision. This ideal but slow process would hardly enable a surgeon in training to gain experience of the broad spectrum of operations he might be called upon to describe in the operative surgery examination which is perhaps the most terrifying part of the FRCS. The reviewer speaks here with feeling since it was in this section that he failed ignominiously at his first attempt at this pinnacle 28 years ago!

Since the candidate cannot possibly have personal experience or even see every standard operation, there is undoubtedly a need for textbooks which provide a clear description of the standard procedures which the general surgeon in training needs to know. Mr Kirk has skilfully managed to cover these in a single volume of reasonable size. He has co-opted 18 expert contributors - many of them his present or former colleagues at the Royal Free Hospital - and includes those operations of gynaecology, obstetrics, paediatrics, dentistry, eyes and ENT which a general surgeon might be called upon to perform. There is also a useful chapter on anaesthesia and related techniques. The descriptions are clear, authoritative and supplemented by numerous excellent line diagrams by that skilled medical artist, Mr Frank Price. This is a book which will undoubtedly prove valuable to surgical candidates for higher degrees and has an assured success.

An Introduction to Cell Population Kinetics

By W. A. AHERNE, R. S. CAMPLEJOHN and N. A. WRIGHT. Pp. 88, illustrated, soft back. Edward Arnold, London, 1977. £2.95.

The aim of this book is to introduce the principles and practice of cell population kinetics to scientists who are unfamiliar with this relatively new discipline.

The events of the cell cycle and factors controlling the size of cell populations are discussed and several methods of analysing proliferating cell populations (metaphase blockade, radio isotope labelling and microdensitometry) are evaluated. The classification of cells and their subdivision into compartments is presented diagrammatically and parameters for measuring dividing cells and assessing cell loss and cell gain are clearly stated and presented in mathematical form together with worked examples.

The terminology of cytogenetics may not be familiar to newcomers to the subject and a glossary of cytogenetic terms is included in the book. While this is most helpful, it could with advantage be expanded to include definitions of indices such as specific growth rate, pulse labelling index, etc. so that the reader does not have to search the text repeatedly to remind himself of their meanings. It is a pity that the authors do not include a chapter on the application of cell kinetics to clinical medicine, which is an aspect of particular interest to medically qualified readers.

This introductory book prepares the way for further study of dividing cell populations. Scientists who are newly involved in research in this field will find it provides a rational basis for their work and histopathologists whose work involves analysis of fixed and frozen sections will gain an insight into the dynamics of living tissue.