

The British spas can be divided into three categories :—

- (1) Those of a frankly tonic or bracing character, such as Buxton and Harrogate ; (2) those whose action is mainly sedative, which would include Bath, Cheltenham, Leamington and Droitwich ; (3) those which to some extent partake of the character of each, as exemplified by Strathspeffer, Lltadrindod, Trefriw and Woodhall Spa.

The great majority of patients who frequent spas are either of middle or beyond it, and their recuperative powers are a diminishing quantity. Although the course of treatment as usually prescribed at the more bracing or "tonic" spas is a powerful stimulant to the general bodily metabolism, a stimulus of this kind can quite well be overdone.

Over-exhaustion in young people with resilient blood-vessels is quickly recovered from, but it is a very different story where older people with hardening arteries are concerned.

The resumption of the ordinary habits of life on the part of, say, a business man who has undergone three to four weeks' treatment at one of the more stimulating spas, is apt to be followed by a period of exhaustion and complaints that no benefit has accrued, particularly when the resumption of ordinary habits has been too sudden. For this reason an "after cure" is generally recommended, and as the main feature of the after cure is rest, it matters little whether it takes place in the spa where the chief part of the treatment has been undergone or elsewhere.

In conclusion, it must be remembered that the concept of the unity or "wholeness" of the living organism, human or otherwise, is of paramount importance. The ideal of spa treatment should be the promotion of that unity, and it can best be attained by a combination of all methods of treatment which, by improving the environment, will favour the restoration of normal functioning.

## POST-GRADUATE NEWS.

SEVERAL courses have been arranged to be held during May at the various general and special hospitals associated with the Fellowship of Medicine.

Special attention is drawn to the M.R.C.P. Evening Course which begins on May 13 and continues until July 4. The complete syllabus of this course was printed in last month's issue of this Journal. The course will consist of seventeen lectures on Diseases of the Brain, Nervous System, Heart, Blood, Kidneys, Alimentary System, Spleen and Bio-chemical Methods. Well-known authorities will be participating in the course, and the fees are 10s. 6d. per lecture, or £6 6s. for the series of seventeen lectures. In addition to the lectures, two demonstrations of the Fundus Oculi (classes limited) will be given, fees 10s. 6d. each demonstration.

From May 5 to May 31, an afternoon and evening course will be given at the London School of Dermatology (St. John's Hospital). This course consists of Clinical Instruction in the Out-patient Department with lectures on certain days in the week, for which the fee is £1 1s. A course in Practical Pathology can be arranged at the fee of £4 4s.

From May 12 to May 24 a course in Diseases of the Heart and Lungs will be given at the City of London Hospital, Victoria Park. Fee for this course is £2 2s.

A four weeks' afternoon course in Ophthalmology will take place at the Central London Ophthalmic Hospital from May 19. Lecture-demonstrations will be given daily, in addition to the clinical practice of the hospital. Fee £3 3s.

A comprehensive morning course will be undertaken by the Staff at the Hospital for Sick Children, from May 26 to June 7. The minimum entry for the course is twelve,

and the fee is £5 5s. Early application is desirable.

From May 26 to June 7 an all-day course will be held in Medicine, Surgery and the Specialities at the Queen Mary's Hospital, Stratford. Daily sessions will begin at 10 30 a.m. and will continue until 5.30 p.m. A feature of this course is the study of tuberculosis from various aspects. Fee £3 3s. or £2 2s. for either week.

Three courses began on April 28, namely, a four weeks' course at the Central London Throat, Nose and Ear Hospital, a two weeks' course at the Infants Hospital (April 28 to May 10) and a four weeks' course in Psychological Medicine at the Maudsley Hospital.

Detailed syllabuses will be forwarded on application to the office of the Fellowship of Medicine, at 1, Wimpole Street, W.1.

The Fellowship of Medicine has arranged a series of clinical demonstrations in Medicine and Surgery for the summer months. Those for May are:—

Monday, May 12, 10 a.m.—Dr. Stanley Wyard, at the Bolingbroke Hospital, Wandsworth Common, S.W. (O.P. and Wards).

Thursday, May 15, 2 p.m.—Mr. Herbert Paterson, at the London Temperance Hospital, Hampstead, Road, N.W.1. (Operations and Wards).

Friday, May 16, 3 p.m.—Mr. Malcolm Simpson, at St. Paul's Hospital, Endell Street, W.C.2 (Urethroscopic Demonstrations).

Wednesday, May 21, 11 a.m.—Mr. A. Rugg-Gunn, at Western Ophthalmic Hospital, Marylebone Road, N.W.1.

Monday, May 26, 2 p.m.—Dr. E. C. Warner, at the Miller Hospital, Greenwich, S.E.10 (Clinical selected cases—Children).

Friday, May 30, 2 p.m.—Mr. Arthur Gray, at the Miller Hospital, Greenwich, S.E.10 (Gynæ. operations).

These demonstrations are open to the medical profession without fee or ticket.

*Royal College of Physicians*, Pall Mall East, S.W.

The second Oliver-Sharpey lecture will be delivered by Professor J. J. R. Macleod, on May 1, at 5 p.m. The subject of his lecture will be, "Diabetes as a Physiological Problem." Any members of the medical profession will be admitted to this lecture on presentation of card.

*Royal College of Surgeons*, Lincoln's Inn Fields, W.C.2.

Six Hunterian Lectures on "The Anatomy of Fossil Man" (illustrated by recent discoveries) will be delivered in the Theatre of the College at 5 o'clock, by Professor Sir Arthur Keith, F.R.C.S., on May 5, 7, 9, 12, 14 and 16. There is no fee for attendance.

*City of London Maternity Hospital*, City Road, E.C.1.

The following lectures, free, will be delivered on Tuesdays at 5 p.m.

May 6.—Mr. J. A. Willett, "Lessons Learned from Emergency Admissions."

May 13.—Mr. McKim McCullagh, "The Treatment of Post-partum Hæmorrhage."

May 20.—Mr. H. Burt-White, "The Investigation and Treatment of Puerperal Pyrexia."

May 27.—Mr. Arnold L. Walker, "The Causes of Maternal Mortality."

*Royal Chest Hospital, City Road, E.C.1.*

The following free lecture demonstrations will be delivered at the above hospital :

May 7, 3.15 p.m.—Dr. James Maxwell, "Bronchial Carcinoma."

May 14, 3.15 p.m.—Dr. Barty King, "Demonstrations of Cases in the Wards."

May 21, 3.15 p.m.—Dr. H. B. Day, "Chronic Bronchitis."

May 28, 2.30 p.m.—Dr. Ernest Fletcher, "Electrocardiographic Diagnosis of Heart Disease."

*Institute of Pathology and Research, St. Mary's Hospital, Paddington, W.2.*

The programme of the course of lectures on "Pathological Research in its Relation to Medicine" is as follows, for the month of May :—

May 1.—Professor John Mellanby, "Absorption from the Alimentary Canal."

May 8.—Dr. W. E. Gye, "The action of Antiseptics on the Virus of Filtrable Tumours."

May 15.—Dr. Leonard E. Hill, "The Physiology of Diving."

May 22.—Professor C. A. Lovatt Evans, "Stages in the Investigation of the Physiology of the Heart."

May 29.—Sir Thomas Lewis, "Reactions of the Skin to Cold."

These lectures will be given in the lecture room of the bacteriological department of the Institute on Thursday afternoons at 5 p.m. There is no fee for attendance.

Under the ægis of the *University of London*, the following lectures have been arranged :—  
*St. Thomas's Hospital, Albert Embankment, S.E.1.*

Dr. H. Leslie-Roberts will deliver two lectures on May 1 and 2, at the above

Hospital Medical School. The lectures will be delivered at 5.30 p.m., and the subject will be, "Some Biological Aspects of the Human Skin."

*King's College, Strand, W.C.1.*

Professor J. A. Gunn, M.D., will give a course of three lectures on "Pharmacological Reactions of Involuntary Muscle," on May 7, 8 and 9, at 5 p.m.

*London School of Medicine for Women, Hunter Street, W.C.1.*

Dr. A. Lacassagne, of the Pasteur Laboratory at the Institut of Radium, Paris, will give a course of three lectures on "Treatment of Uterine Cancer by Radiations," on May 12, 13 and 15, at 5.30 p.m.

*University College, Gower Street, W.C.1.*

Professor F. J. Cole, D.Sc., F.R.S., will give a course of six lectures on "The Early History of Generation and Comparative Anatomy" at 5.30 p.m., on May 7, 8, 14, 15, 21 and 22.

Dr. R. J. Lythgoe will give a course of six lectures on "Special Sense Physiology" at 5 p.m., on May 15, 20, 22, 27, 29, and June 3.

The above lectures are open to the medical profession without fee or without ticket.

A course of instruction in—  
"The Diagnosis and Treatment of Fevers" will be held at each of the undermentioned Hospitals on the days and times stated below :—

*Eastern Hospital, Homerton Grove, E.9.*  
Monday and Thursday, at 11 a.m., beginning May 5.

*North Eastern Hospital, St. Ann's Road, Tottenham, N.15.* Monday and Wednesday, at 2.30 p.m., beginning May 5.

*North Western Hospital, Lawn Road, N.W.3.*  
Tuesday and Thursday, at 2 p.m., beginning May 6.

*Western Hospital*, Seagrave Road, Fulham, S.W.6. Monday and Thursday, at 2 p.m., beginning May 5.

*Grove Hospital*, Tooting Grove, S.W. 17. Monday and Thursday, at 11 a.m., beginning May 5.

*Park Hospital*, Hither Green, S.E.13. Wednesday and Friday at 11 a.m., beginning May 7.

*Brook Hospital*, Shooters Hill, S.E.18. Tuesday and Friday, at 2.30 p.m., beginning May 6.

A course will also be held in August and September at the South-Eastern Hospital on Tuesdays and Fridays at 10.30 a.m.

Applications should be made for any of the above courses to the Medical Officer of Health, London County Council, Public Health Department (Special Hospitals), Victoria Embankment, E.C.4.

A short course of lectures on Functional Nervous Disorders will be given at the Tavistock Clinic, 51, Tavistock Square, W.C.1, from May 19 to May 31 inclusive. The lectures will be delivered at 4.45 p.m., 5.45 p.m. and 8.15 p.m. At the 8.15 p.m. session there will be cases, and discussion will be invited. The fee for the course is £2 2s. and tickets are obtainable from the Fellowship of Medicine.

#### *University of Birmingham.*

A course of post-graduate demonstrations will be given at the General Hospital, Birmingham, on Tuesdays from 3.30 to 5 p.m., and at the Queen's Hospital, Birmingham, on Fridays, 3.30 to 5 p.m., April to July, 1930, beginning April 29 at the General Hospital and on May 2 at the Queen's Hospital. The course will be given by members of the Medical and Surgical Staffs

and will include demonstrations on Medical, Surgical and Gynæcological Cases, Nervous Diseases, Ophthalmic Cases, Diseases of the Ear, Nose and Throat, Radiology, Venereal Diseases, Children's Diseases, &c. Fee for the course, £2 2s. Tickets of admission and time-tables obtainable from the Clerk to the Clinical Board, The University, Edmund Street, Birmingham.

A course of seven lectures (illustrated by lantern slides) on "Specific Therapy" will be delivered by Professor W. E. Dixon, M.D., in the Large Theatre of the Medical Faculty Buildings, Edmund Street, on May 7, 14, 21, and 28, June 4, 11 and 18, at 4 p.m.

Dr. Charles W. Buckley will lecture on "Mineral Waters in Therapeutics, their Scope and Practical Application," on Thursday, May 15, at 4 o'clock in the Medical Lecture Theatre, Edmund Street Buildings.

Sir John Bland-Sutton, Bart., will deliver The Ingleby Lecture on May 22, at 4 o'clock in the Medical Lecture Theatre, Edmund Street Buildings. Subject: "The Blood Trail."

These nine lectures are free to the medical profession.

---

We beg to remind our readers that a subscription of ten shillings per annum entitles them to become *Members of the Fellowship of Medicine*. Every Member gets this Journal post free for the year of his subscription, and he also receives any "Special Announcements" of lectures, demonstrations, &c., taking place at the various hospitals, general and special. Subscription for the Journal only is 6s. per annum.

## THE FELLOWSHIP OF MEDICINE, 1, WIMPOLE STREET, LONDON, W.1.

Telephone: MAYFAIR 2236.

Members of the medical profession who are interested in or desirous of obtaining post-graduate work are invited to become Members of the Fellowship of Medicine.

The subscription is 10/- a year.

All Members of the Fellowship of Medicine receive, post free, the *Post-Graduate Medical Journal*, which contains lectures, reports, and editorial notes, together with a full list of Special and other Courses taking place in the following months. In addition, Members living in or near London\* are supplied each month with a list of lectures and demonstrations taking place in London, whether arranged by the Fellowship of Medicine, or by the University, and other associations. Members are entitled to vote at the Annual General Meeting.

The Secretary's office will try as far as possible to arrange for any special post-graduate work that may be desired by a Member of the Association, apart from and in addition to the advertised work in the *Post-Graduate Journal*.

\* Or any Member desiring it.

The following advantages are offered to Members of Medical Societies which are affiliated to the Fellowship of Medicine:

1. Members of affiliated Societies may become Associates of the Fellowship of Medicine at a fee of 7/6 per annum.
2. Associates are entitled to receive monthly the *Post-Graduate Medical Journal*, and also the Special Announcement sheets (if desired).
3. Associates are entitled to a reduction 10% on the fee of any post-graduate course organised by the Fellowship of Medicine.

### EXAMINING BOARD IN ENGLAND

BY THE

Royal College of Physicians of London,

AND THE

Royal College of Surgeons of England.

#### DIPLOMA IN LARYNGOLOGY AND OTOLGY.

Part I of this Examination will commence on Monday, 16th June, and Part II on Monday, 23rd June, 1930.

#### DIPLOMA IN PSYCHOLOGICAL MEDICINE.

Part I of this Examination will commence on Monday, 2nd June, and Part II on Friday 6th, June, 1930.

#### DIPLOMA IN PUBLIC HEALTH.

Part I of this Examination will commence on Monday, 23rd June, and Part II on Monday, 30th June 1930.

#### DIPLOMA IN TROPICAL MEDICINE AND HYGIENE.

This Examination will commence on Monday, 7th July, 1930.

#### DIPLOMA IN OPHTHALMIC MEDICINE & SURGERY.

Part I of this Examination will commence on Monday, 7th July, and Part II on Friday, 11th July, 1930.

Particulars of these Examinations, dates of entry, &c., may be obtained from the Secretary, Examination Hall, 8-11, Queen Square, London, W.C. 1.

HORACE H. REW,

Secretary.

11th April, 1930.

## Fellowship of Medicine AND Post-Graduate Medical Association

Telephone: Mayfair 2236.

The following facilities are offered:—

- I. Comprehensive tickets admitting to the daily practice of some 40-50 General and Special Hospitals. 1 week to 1 year. Fees: £22/0 to £21. Special arrangements made for part-time study.
- II. Intensive Courses in Medicine and Surgery, and in Special subjects. 1-4 weeks, Fees £11/0 to £7/0. List for 12 months available.
- III. Annual Membership Subscription: 10/- includes "Post-Graduate Medical Journal," and monthly lists of lectures and demonstrations.

For copies of all syllabuses, and for information regarding Post-Graduate work in Great Britain and Ireland, apply to:

THE SECRETARY, FELLOWSHIP OF MEDICINE  
1, Wimpole Street, London, W. 1.

### SPECIAL COURSES

MAY.

19. **M.R.C.P. Evening Course.** May 13th to July 4th. London Society Lecture Room. Two evenings weekly 8.30 p.m. Fee £6 6s. 0d. for Course, or 10s. 6d. per lecture (see Post-Graduate News columns).
20. **Dermatology.** May 5 to May 31. St. John's Hospital. Every afternoon. Fee £1 1s. 0d. (Practical Pathological Demonstrations arranged. Fee £4 4s. 0d.)
21. **Diseases of the Chest.** May 12 to May 24. Victoria Park Hospital. All day. Fee £2 2s. 0d.
22. **Ophthalmology.** May 19 to June 7. Central London Ophthalmic Hospital. Afternoons. Fee £3 3s. 0d.
23. **Diseases of Children.** May 26 to June 7. Hospital for Sick Children. Mornings. Fee £5 5s. 0d. (Minimum of 12).
24. **Medicine, Surgery and the Specialities.** May 26 to June 7. Queen Mary's Hospital. All day. Fee £3 3s. 0d.

Copies of the Syllabuses of above Courses and tickets of admission can be obtained from the Secretary to the Fellowship of Medicine, 1, Wimpole Street, W. 1.