

Postgraduate Medical Journal

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The Fellowship of Postgraduate Medicine was founded by a group of London consultants after the First World War to assist postgraduates, particularly those coming to London from the Commonwealth, to pursue their studies. The Fellowship first published the *Postgraduate Medical Journal* to give informa-

tion about lectures, conferences and courses and to provide a monthly review of all branches of medicine.

Postgraduate Medical Journal publishes original papers on subjects of current clinical importance and welcomes review articles with extensive, up-to-date bibliographies as guides to further reading. Several symposia are published every year, each devoted to a single subject and written, by invitation, by specialists in different disciplines. Most issues include authoritative Current Surveys of clinical problems, as well as well-documented Reports of cases of particular interest, Correspondence and Book Reviews.

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Books received

- Biological Interfaces: Flows and Exchanges.* Proceedings of a Symposium sponsored by the New York Heart Association. Pp. 326, illustrated. Boston: Little, Brown; London: J. & A. Churchill, 1969. £3 5s.
- Spontaneous Pneumothorax.* By D. A. KILLEN and W. G. GOBBEL. Pp. 289, illustrated. Boston: Little, Brown; London: J. & A. Churchill, 1969. £6 5s.
- The New Dimensions of Medicine.* By A. NORTON. *Twentieth Century Studies* (Edited by DONALD TYERMAN). Pp. 288. London: Hodder & Stoughton, 1969. £2 10s.
- Acro-Dystrophic Neuropathy.* By J. D. SPILLANE and C. E. C. WELLS. Pp. 109, illustrated. London: Oxford University Press, 1969. £2 10s.
- Central Pain: A Neurosurgical Survey.* By V. CASSINARI and C. A. PAGNI. Pp. 192. Boston: Harvard University Press; London: Oxford University Press, 1969. £3 3s.
- The Hypertensive Vascular Crisis. An Experimental Study.* By F. B. BYROM. Pp. 131, illustrated. London: William Heinemann Medical Books, 1969. £1 10s.
- Anovulatory Infertility.* By D. FERRIMAN. Pp. 114, illustrated. London: William Heinemann Medical Books, 1969. £1 5s.
- Endocrine Aspects of Diseases Processes.* Edited by G. JASMIN. Pp. 456, illustrated. London: William Heinemann, 1969. £10 5s.
- A Clinical Guide to Intravenous Nutrition.* By P. C. ALLEN and H. A. LEE. Pp. 174. Oxford and Edinburgh: Blackwell Scientific Publications, 1969. £2 5s.
- Removable Intracranial Tumours.* By L. OLIVER. Pp. 168, illustrated. London: William Heinemann Medical Books, 1969. £2.
- Studies in Clinical Enzymology.* By D. P. MULLAN. Pp. 238, illustrated. London: William Heinemann Medical Books, 1969. £2 2s.
- Modern Trends in Obstetrics.* Edited by R. J. KELLER. Pp. 370, illustrated. London: Butterworths, 1969. £3 15s.
- Fears and Phobias.* By I. MARKS. Pp. 302. London: William Heinemann Medical Books, 1969. £2 5s.
- Depression. Clinical, Experimental and Theoretical Aspects.* By A. T. BECK. Pp. 370. London: Staples Press, 1969. £3 5s.
- Modern Trends in Gynaecology.* Edited by R. J. KELLER. Pp. 274, illustrated. London: Butterworths, 1969. £3 4s.

New Editions

- Brain's Clinical Neurology.* Revised by R. BANNISTER. Third edition. Pp. 436, illustrated. London: Oxford University Press, 1969. £3 (paperback, £2 2s).
- Pye's Surgical Handicraft.* Edited by J. KYLE. Nineteenth edition. Pp. 820, illustrated. Bristol: John Wright, 1969. £3 5s.
- Shoulder Lesions.* By H. F. MOSELEY. Third edition. Pp. 318, illustrated. Edinburgh and London: E. & S. Livingstone, 1969. £12.
- Recent Advances in Neurology and Neuropsychiatry.* Edited by the Late LORD BRAIN and MARCIA WILKINSON. Eighth edition. Pp. 252, illustrated. London: J. & A. Churchill, 1969. £3.
- Disorders of Voluntary Muscle.* Edited by J. N. WALTON. Second edition. Pp. 941, illustrated. London: J. & A. Churchill, 1969. £10.

Book reviews

Stigma: Notes on the Management of Spoiled Identity

By ERVING GOFFMAN. Pp. 173. London: Pelican Books, 1968. 5s.

Asylums: Essays on the Social Situation of Mental Patients and Other Inmates

By ERVING GOFFMAN. Pp. 336. London: Penguin Books, 1968. 8s.

Social Psychiatry in Practice

By MAXWELL JONES. Pp. 183. London: Pelican Books, 1968. 5s.

Cripples and Jews, negroes and homosexuals, blind people and ex-mental patients share one important feature—they commonly possess a stigma in the eyes of society. A stigma is an attribute which is deeply discrediting. This may concern blemishes of the body, of individual character, or membership of an unpopular social group. Stigmatized individuals are not accorded the respect and regard which most people regard as their due, and engage in many social manoeuvres to cope with their diminished acceptability to society. Similarly, normal people themselves behave in stereotyped ways towards people who appear to have a blemish. *Stigma* is a brilliant and penetrating analysis of the social processes which come into play when stigmatized and normal people meet face to face. These processes are closely allied to certain problems of prejudice, that pervasive source of contemporary pathology. Professor Goffman's lucid essay is definitive reading for all students of human nature.

Asylums is a much less mature work but worth reading despite its lack of balance and perspective. The book is a collection of four essays about the kind of life led in institutions which are insulated from the outside world, be they monasteries, ships, concentration camps, gaols or mental

hospitals. Special consideration is given to life in mental hospitals, based partly on the author's experience of living with patients for a year in St Elizabeth's Hospital, Washington, D.C. A clear outline is presented of the characteristics of total institutions, the way they appear to inmates and staff, and the ceremonies which bind inmates and staff together. The social course of mental patients is outlined before, during and after their stay in hospital. The flourishing under-life of hospitals and prisons is drawn meticulously. Finally the author tries to show how the care provided by mental hospitals falls short of that one would expect from a medical ideal. Throughout this book the discussions of general themes are excellent, but are hopelessly biased and naive on psychiatric topics. ECT is equated with physical assault, and functional illness is not understood. The view is taken that admission to a mental hospital is simply a punishment for social misdeeds and not the consequence of mental disorder.

Social Psychiatry in Practice is also uneven in quality. Dr Maxwell Jones deals with the social environment of the psychiatric patient and his family, and discusses this both in hospitals and in the community. Relationships of psychiatric hospitals to their communities are well described, with a succinct summary of the different arrangements that are possible. Equally valuable is a chapter on social psychiatry in prisons, which reviews experimental work on the treatment of offenders. Critical faculties tend to fade, however, in the sections on therapeutic communities and on training. Therapeutic communities are rightly espoused as places for social learning, but the question of which patients these are suitable for is hardly raised, let alone the problem of evaluation of results. The usefulness of living learning experiences is frequently asserted but not tested.

Postgraduate Medical Journal: Notice to Contributors

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Arrangement. Papers should normally be divided into: (a) Introduction; (b) Materials and methods; (c) Results, as concise as possible (both tables and figures illustrating the same data will rarely be permitted); (d) Discussion and conclusions; (e) Summary, brief, self-contained and embodying the main conclusions; (f) Acknowledgments; (g) References.

References. Only papers closely related to the author's work should be included, exhaustive lists should be avoided. References should be made by giving the author's surname, with the year of publication in parentheses. When reference is made to a work by three authors all names should be given when cited for the first time, and thereafter only the first name, adding *et al.*, e.g. Smith *et al.* (1958). The '*et al.*' form should always be used for works by four or more authors. If several papers by the same author and from the same year are cited, a, b, c, etc., should be put after the year of publication, e.g. Smith *et al.* (1958a). All references should be brought together at the end of the paper in alphabetical order. References to articles and papers should mention (a) name(s) of the author(s); (b) year of publication in parentheses; (c) title of paper; (d) title of journal, underlined, abbreviated according to *World Medical Periodicals* (3rd edn, World Medical Association); (e) volume number; number of first page of article. References to books and monographs should include (a) name(s) and initials of author(s) or editor(s); year of publication in parentheses; (b) title, underlined; (c) edition; (d) page referred to; (e) publisher; (f) place.

Standard usage. The *Concise Oxford English Dictionary* is used as a reference for all spelling and hyphenation. Verbs which contain the suffix *ize* (*ise*) and their derivatives should be spelt with the *z*. Statistics and measurements should always be given in figures, i.e. 10 min, 20 hr, 5 ml, except where the number begins the sentence. When the number does *not*

refer to a unit of measurement, it is spelt out except where the number is greater than one hundred.

Abbreviations. Abbreviations for some of the commoner units are given below. The abbreviation for the plural of a unit is the same as that for the singular unless confusion is likely to arise.

gram(s)	g	second(s)	sec
kilogram(s)	kg	cubic millimetre(s)	mm ³
milligram(s)		millimetre(s)	mm
(10 ⁻³ g)	mg	centimetre(s)	cm
microgram(s)		millicurie(s)	mCi
(10 ⁻⁶ g)	μg	millilitre(s)	ml
nanogram(s)		pound(s)	lb
(10 ⁻⁹ g)	ng	milliequivalent	mEq
picogram(s)			
(10 ⁻¹² g)	pg	R _F values	R _F
hour(s)	hr		
minute(s)	min	gravitational acceleration	<i>g</i>
micron(s)	μ	per cent	%

Example: mg/100 ml, for biochemical values; mEq/l

Figures. In the text these should be given Arabic numbers, e.g. Fig. 3. They should be marked on the backs with the name(s) of the author(s) and the title of the paper. Where there is any possible doubt as to the orientation of a figure the top should be marked with an arrow. Each figure must bear a reference corresponding to a similar number in the text. Photographs and photomicrographs should be unmounted glossy prints and should not be retouched. Line diagrams should be on separate sheets; they should be drawn with black Indian ink on white paper and should be about four times the area of the final reproduction. Lines and lettering should be of sufficient thickness and size to stand reduction to one-half or one-third. Letters and numbers must be written lightly in pencil. Whenever possible, the originals of line diagrams, prepared as described above, should be submitted and not photographs. The legends of all the figures should be typed together on a single sheet of paper headed 'Legends to Figures'.

Tables. There should be as few tables as possible and these should include only essential data; the data should not be crowded together. The main heading should be in capitals with an Arabic number, e.g. TABLE 2. Each table must have a caption in small letters. Vertical lines should not be used.

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