

Postgraduate Medical Journal

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The Fellowship of Postgraduate Medicine was founded by a group of London consultants after the First World War to assist postgraduates, particularly those coming to London from the Commonwealth, to pursue their studies. The Fellowship first published the *Postgraduate Medical Journal* to give infor-

mation about lectures, conferences and courses and to provide a monthly review of all branches of medicine.

Postgraduate Medical Journal publishes original papers on subjects of current clinical importance and welcomes review articles with extensive, up-to-date bibliographies as guides to further reading. Several symposia are published every year, each devoted to a single subject and written, by invitation, by specialists in different disciplines. Every issue includes authoritative Current Surveys of clinical problems, as well as well-documented Reports of cases of particular interest, Book Reviews and Postgraduate News.

A 'Notice to Contributors' is published on the inside back cover of this issue. The Editor reserves the right to make changes which may clarify or condense papers where this is considered desirable.

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Books received

- Diagnostic Bronchoscopy.* By PETER STRADLING. Pp.104 illustrated. Edinburgh and London: E. & S. Livingstone. 1968. 60s.
- Elements of Medical Genetics.* By A. E. H. EMERY. Pp. ix + 247 illustrated. Edinburgh and London: E. & S. Livingstone. 1968. 35s.
- A Symposium on Drugs and Sensory Functions.* Edited by ANDREW HERXHEIMER. Pp. xiv + 338 illustrated. Biological Council: The Co-ordinating Committee for Symposia on Drug Action. London: J. & A. Churchill. 1968. 75s.
- A Symposium on the Interaction of Drugs and Subcellular Components in Animal Cells.* Edited by P. N. CAMPBELL. Pp. viii + 355 illustrated. Biological Council: The Co-ordinating Committee for Symposia on Drug Action. London: J. & A. Churchill. 1968. 75s.
- Major Endocrine Surgery for the Treatment of Cancer of the Breast in Advanced Stages.* Edited by M. DARGENT and CL. ROMIEU. Pp. 319 illustrated. Colloque International de Lyon. Lyon: Simep Editions. 1968. Price not given.
- Elements de Proctologie Pratique.* By PAUL DISSARD. Pp. 121 illustrated. Lyon: Simep Editions. 1968. Price not given.
- Sante Mentale de l'Enfant et de L'Adolescent.* Edited by C. KOHLER with twenty-two contributors. Pp. 155. Lyon: Simep Editions. 1966. Price not given.
- Elements de Neuropathologie.* By M. TOMMASI. Pp. 207 illustrated. Lyon: Simep Editions. 1967. Price not given.
- Les Dix Premiers Jours du Nouveau-Né de Mère Diabétique.* By J. PICAUD. Pp. 165. Monographies de Génétique Médicale. Lyon: Simep Editions. 1967. Price not given.
- La Fragilité Osseuse Héritaire.* by J.-L. GREMEAU. Pp. 321. Monographies de Génétique Médicale. Lyon: Simep Editions. 1968. Price not given.
- Le Kyste Hydatique du Foie.* Edited by J. COUDERT and P. GOINARD. Pp. 160 illustrated. Lyon: Simep Editions. 1968. Price not given.
- Cours d'Histologie et Embryologie de Première Année de Médecine.* By J.-C. CZYBA and C. GIROD. Pp. 211 illustrated. Lyon: Simep Editions. 1967. Price not given.
- Traitement Chirurgical de l'Aplasie Vaginale. La Rectocoloplastie par la Technique de J. Soustelle et H. Villiers.* By J. SOUSTELLE, H. VILLIERS and P. VUILLARD. Pp. 103 illustrated. Lyon: Simep Editions. 1967. Price not given.
- Introduction a la Séméiologie Médicale.* By H. FELIX. Pp. 79. Lyon: Simep Editions. 1967. Price not given.
- La Parole et L'Enfant Sourd.* By S. BOREL-MAISONNY, C. KOHLER, J. C. LAFON, A. MORGON, M. PORTMANN, M. RAMEL and D. SADEK-KHALIL. Pp. 92 illustrated. Lyon: Simep Editions. 1967. Price not given.
- Blood Flow through Organs and Tissues.* Edited by W. H. BAIN and A. M. HARPER. Proceedings of an international conference, Glasgow, March 1967. Pp. xx + 515 illustrated. Edinburgh and London: E. & S. Livingstone. 1968. 84s.
- The Cardia and Hiatus Hernia.* By H. DAINTREE JOHNSON. Pp. 103 illustrated. London: William Heinemann Medical Books. 1968. 30s.
- Ultrastructure of the Thyroid Gland.* By A. LUPULESCU and A. PETROVICI. Pp. viii + 168 illustrated. London: William Heinemann Medical Books. 1968. 80s.

New Edition

- A Handbook of Medical Hypnosis.* By G. AMBROSE and G. NEWBOLD. Third Edition. Pp. xiv + 312. London: Baillière, Tindall and Cassell. 1968. 54s.

Book reviews

The Treatment of Carcinoma of the Breast

Edited by A. S. JARRETT. Proceedings of the Symposium held at Cambridge, 1967 under the auspices of the Institute of Hormone Biology and Syntex Pharmaceuticals. Pp. 64, illustrated. Published for Syntex Pharmaceuticals by Excerpta Medica Foundation. London: H. K. Lewis. 1968. 14s.

This booklet reports the papers read at a Symposium held in September 1967. The emphasis is biochemical and hormonal, three of the six papers dealing entirely with animal or *in vitro* experiments. These describe and compare the cellular uptake of various steroids, in particular Drostanolone, and its use in treating animal tumours.

Of the three clinical papers, Dr A. Segaloff (U.S.A.) paints a gloomy picture of the prognosis, stresses the necessity of rigid criteria in all clinical trials, and describes recent advances in hormonal treatment. Dr W. H. Bond (Birmingham) suggests that both Surgery and Radiotherapy may actually worsen the prognosis, using a 30-year retrospective study with near-complete follow up. Some of his extrapolations may seem excessive, but his first graph, in particular, should be studied by all concerned in the treatment of Breast Cancer. It shows a continuing and uniform rate of recurrence (on a semi-logarithmic scale) up to 25 years after mastectomy, at which time no less than 20% of deaths are still caused by recurrent breast carcinoma.

Elsewhere in this issue is a report of an 'opinion-poll' on the current treatment of breast cancer. If the substance of this booklet is accepted, the trend towards conservatism in surgical treatment will probably continue. Meanwhile, sys-

temic treatment is improved a little at a time, with the ever-present possibility of a sudden advance, hormonal, immunological, or in cytotoxic drugs. This stimulating group of papers are introduced and edited by the late Dr A. S. Jarrett, who conceived and chaired the symposium.

Year Book of Ear, Nose and Throat 1967-1968 series.

Edited by J. R. LINDSAY with a section on Maxillofacial Surgery edited by D. M. LIERLE and W. C. HUFFMAN. Pp. 331 illustrated. Chicago: Year Book Medical Publishers. Chichester: John Wiley. 1968. 94s.

This is one of the eighteen Practical Medicine Year Book Series, which have been published annually in America since 1900.

Although the cover title of this volume is 'Ear, Nose and Throat' one-third of the book is devoted to maxillofacial surgery.

This valuable *Year Book* consists of a collection of précis of a large number of articles published in predominantly American journals of 1966 and 1967. The E.N.T. material is selected from papers on a wide variety of clinical and experimental work which are all of interest to the practising otolaryngologist. The authors must be congratulated on the choice of articles and the clarity of the summaries. The illustrations are good and there is a full subject and author index.

Might one suggest that the European E.N.T. journals are more fully represented in future volumes, for the benefit of American readers.

Postgraduate news

FELLOWSHIP OF POSTGRADUATE MEDICINE

The Fellowship usually holds the following courses each year (approximate dates and times in parentheses):

Medicine (M.R.C.P.)

General Medicine. Connaught, London Chest, Whipps Cross Hospitals (four weeks, twice yearly, April/May, October/November), St Stephen's Hospital (evenings, four weeks, twice yearly), Whittington Hospital (evenings, five weeks, twice yearly, May/June, October/November). Queen Mary's Hospital for the East End (weekend, twice yearly, June, December). Ashford Hospital, Middlesex (two Saturdays, twice yearly, May, November).

Infectious Diseases. Hither Green Hospital (weekend, twice yearly, March/November).

Paediatrics (D.C.H.) Princess Louise Kensington Hospital (weekend, twice yearly, March, September/October).

Surgery (F.R.C.S.)

General Surgery. Connaught Hospital (weekend, twice yearly, April, September/October). Queen Mary's Hospital for the East End (weekend, once yearly, February). Royal Marsden Hospital (twice yearly, March, September).

General Surgery and Orthopaedics. Fulham Hospital (three weeks, evenings, twice yearly, March/April, September/October).

Orthopaedics. Rowley Bristow Hospital, Pyrford (three alternate weekends, twice yearly, March/April, September/October).

Plastic Surgery. Queen Mary's Hospital, Roehampton (weekend, twice yearly, February, September).

Current Courses

Orthopaedics (F.R.C.S.) Rowley Bristow Orthopaedic Hospital, Pyrford, Surrey. Three alternate weekends, 14, 15 September, 28, 29 September and 12, 13 October. Fee: 25 guineas (full course), 20 guineas (spectators).

General Surgery (F.R.C.S.) Connaught Hospital, London, E.17. Weekend 19, 20 October.

Please note that instruction arranged by the Fellowship of Postgraduate Medicine is open only to Associates (annual subscription, 21s.). Detailed syllabuses are published approximately 6-8 weeks before courses begin and are circulated to all Associates. No entries to courses can be accepted in advance of the syllabus being published.

Information regarding courses can be obtained from the office between 10 a.m. and 5 p.m., Mondays to Fridays (Telephone 242-6900), or by writing to the Secretary, Fellowship of Postgraduate Medicine, 9 Great James Street, London, W.C.1.

THE COMMONWEALTH AND INTERNATIONAL MEDICAL ADVISORY BUREAUX

The Bureaux are maintained by the British Medical Association to provide a personal advisory service to doctors visiting the United Kingdom from all parts of the World. General information, as well as that on postgraduate education and accommodation is given.

All enquiries should be addressed to the Medical Director, Commonwealth and International Medical Advisory Bureaux British Medical Association, Tavistock Square, London, W.C.1.

CAMBRIDGE

Cambridge University Postgraduate Medical School

A summary of postgraduate facilities available at Addenbrooke's Hospital from October to July can be obtained from

the Secretary of the Medical School. Arrangements can be made for practitioners to attend the practice of the Teaching Hospital Group for short or long periods.

Postgraduate Courses

At Cambridge:

A 6-day course 'Progress in the Biological Sciences in relation to Dermatology' will be held from 23 to 28 September 1968 in the Chemical Laboratory Lecture Theatre, Lensfield Road, Cambridge.

Two 1-week Refresher Courses for General Practitioners will be held at Addenbrooke's Hospital from 1 to 6 July and 8 to 13 July 1968. Accommodation will be available in Downing College.

Lunch time Forums, 1.15-2.15 p.m., preceded by buffet lunch, 12.30-1.15 p.m., are held at Addenbrooke's Hospital on the first and third Thursday of the month.

At Ipswich: at the Anglesea Road Wing, East Suffolk and Ipswich Hospital, Clinical Society Meetings will be held on the second Wednesday of the month at 8.30 p.m.

'Friday Club' Discussion Groups for General Practitioners take place on the first and third Fridays each month until 21 July between 1.45 and 2.45 p.m., preceded by buffet lunch.

At Bury St Edmunds: Clinical Meetings, Lunch time forums, and Medical Film/Discussions are held regularly at the West Suffolk General Hospital. Detailed timetables may be obtained from the Clinical Tutor.

At Norwich: Details of the postgraduate education arrangements may be obtained from the Secretary, Norfolk and Norwich Institute for Medical Education, Norfolk and Norwich Hospitals.

A calendar of lectures, seminars and tutorials and further particulars may be obtained from the Secretary of the Medical School, Tennis Court Road, Cambridge.

LIVERPOOL

University of Liverpool. Courses are held in Anaesthesia, Child Health, Medicine, Obstetrics and Gynaecology, Orthopaedic Surgery, Otorhinolaryngology, Psychological Medicine, Public Health, Radiodiagnosis and Radiotherapy, Surgery, Tropical Medicine and Hygiene and Venereology. After fulfilling the regulations, candidates may become eligible to take the Degrees of Ch.M., M.Ch.Orth. and M.Ch.Otol., and the Liverpool Diplomas, D.P.H., D.P.M., D.T.M. & H., D.M.R.(D) or D.M.R.(T).

The other courses are designed for students working for the London Diplomas.

There is also a day-release course in the Basic Medical Sciences for junior hospital staff.

Further information may be obtained from the Heads of the appropriate departments of the University, Liverpool 3.

OXFORD

University of Oxford

Enquiries about research training and advanced studies may be addressed to the head of the relevant clinical or laboratory department in the teaching hospitals or to the Director of Postgraduate Medical Studies (below).

Neuroanatomy and physiology. A one week course suitable for D.P.M. and M.R.C.P. candidates, with lectures, discussions, demonstrations, and dissection, is held in the University Department of Human Anatomy annually in September. Fee: £10.

Psychiatry. Three day courses covering selected topics, suitable for D.P.M. Part II candidates are held 3 or 4 times a year.

Surgery. Subject to there being sufficient demand, a two-week course suitable for final F.R.C.S. candidates will be held twice a year in September and April. Fee: £15.

General practice. Clinical attachments (including resident obstetric attachments) and individual programmes of attendance in the hospital departments, recognised under Section 48 N.H.S. Act. Occasional short courses at Oxford and District Medical Centres in the region.

Enquiries about any of the above, and about study days and courses in special subjects arranged for those in the Oxford region working for higher qualifications, to the Director of Postgraduate Medical Studies, Medical School, 43 Woodstock Road, Oxford.

GLASGOW

Surgery. An intensive course of instruction in the basic sciences suitable for candidates preparing for the Primary Fellowship Examination in Surgery is held from October to December. A modified form of the course is available for candidates preparing for the D.A. or F.F.A. examinations. Fee £30.

Anaesthetics. A course for specialist anaesthetists and for those preparing for the final part of the F.F.A.R.C.S. will be held in May. Fee £10 10s.

Medicine. An intensive course on Recent Advances in Clinical Medicine suitable for candidates preparing for the Membership Examination is held twice annually for a fortnight in March and September. Fee £15 15s.

Geriatrics. A course for trainee specialists in Geriatric Medicine or General Practitioners in charge of geriatric beds in hospitals is held in May. Fee £7 10s.

Child Health. A formal course held in May and November for those preparing for the D.C.H. and M.R.C.P. with Child Health as a special subject. Fee £15 15s.

Obstetrics. An intensive week's course of instruction in obstetrics for those preparing for the D.Obst.R.C.O.G. held in September. Fee £7 10s.

Mental Deficiency. An intensive course in Mental Deficiency is held for 3 weeks in October. The course includes lectures and demonstrations in mental handicap and deficiency, instruction in mental testing and visits to institutions. Fee £18.

Introduction to Psychiatry. An intensive course providing a general introduction to psychiatry is held for 3 weeks in November. The course includes theoretical and clinical instruction in child psychiatry and psychology and adult psychiatry. It is particularly suitable for medical officers concerned with public health. Fee £18.

Steroid Endocrinology. A course for clinicians and hospital laboratory workers with special interest in Endocrinology and for those in general medicine who wish to have a better understanding of treatment with steroid hormones is held in April. Fee £15.

Diagnostic Virology. A course for experienced laboratory workers who wish to develop diagnostic virology for epidemiological purposes in this country and abroad is held in April. Fee £25.

Histopathology of the Skin. A course for pathologists and those with some training in pathology is held for 1 week in March. Fee £7 10s.

Forensic Medicine. A postgraduate course in the University Department of Forensic Medicine is held for 10 weeks from April to June. Fee £15.

Clinical Attachments. A scheme for clinical attachments in general medicine, general surgery and various specialties has been arranged to assist those working for higher qualifications. An attachment may be started at any time. No formal instruction is given, but participants can gain intensive clinical experience by following the day-to-day work of a unit in a Glasgow teaching hospital. Fee £5 per month. Registration Fee £1 1s.

Teaching Ward Rounds. Each academic term a course of ten teaching ward rounds in Medicine is arranged. These occupy one afternoon a week. Fee £8 8s.

Radiology. A course in radiological interpretation for clinicians. Lecture demonstrations on alternate Tuesdays in conjunction with Teaching Ward Rounds. Fee £5 5s.

Dermatology. An intensive week's course in dermatology. Suitable for M.R.C.P. candidates. March. Fee £7 10s.

A week-end course in dermatology. May. Fee £3 3s.

Research Techniques in Experimental Surgery and Anaesthesia. A 2-day course giving an introduction to research techniques in Experimental Surgery and Anaesthesia. March. Fee £3 3s.

Steroid Endocrinology. A course for clinicians and hospital laboratory workers with a special interest in Endocrinology or for those in General Medicine who wish to have a better understanding of treatment with steroid hormones. April. Fee £15.

Medical Ophthalmology. An intensive weekend course on the ophthalmological aspects of general medicine. Suitable for M.R.C.P. candidates. May and October. Fee £5 5s.

GENERAL PRACTITIONER COURSES

Two Refresher Courses for general practitioners are held annually – for a fortnight in May and September. Two-week postgraduate residencies are available continuously in maternity hospitals in the Western Region.

Clinical Attachments – continuous. Full-time or part-time attachments to hospital teaching units to enable General Practitioners to increase their experience and keep up to date with recent trends and advances. Fee £1 5s. per week for full-time attachment.

Extended Courses and 1-day course covering selected topics in general subjects or the specialties held in teaching hospitals in Glasgow and principal hospitals in other parts of the Western Region. Meetings are generally held on Sundays from October to May and are arranged by the West of Scotland Faculty of the College of General Practitioners from whom full details are available.

Full-time Course. The Board offers full-time postgraduate courses in Radiology (2 years) and Radiotherapy (2 years). The University offers full-time postgraduate courses leading to the following diplomas:

Diploma in Public Health (1 year)

Diploma in Clinical Psychology (2 years).

Conference. Specialist conferences on various topics are held twice a year in the Hall of the Royal College of Physicians and Surgeons. In these, invited guests and local speakers discuss current topics and time is provided for audience participation. These conferences are designed particularly for consultants and registrars.

Further information and application forms can be obtained from the Director of Postgraduate Medical Education, The University, Glasgow, W.2.

NEWCASTLE UPON TYNE

Courses of three to four sessions in various Medical and Surgical subjects on a weekly sessional basis during term-time. Suitable for those preparing for a higher qualification.

Clinical attachments, full-time or part-time, throughout the year.

Attachments of 1 or 2 weeks for general practitioners in General Medicine, Dermatology, Obstetrics, Paediatrics, Psychiatry, Geriatrics and other subjects by arrangement. Recognized under Section 48 of the N.H.S. Act.

Further details from the Postgraduate Sub-Dean, Organization for Postgraduate Medical Education, The Medical School, The University, Newcastle upon Tyne.

University courses for postgraduate diplomas. D.P.M. and D.P.H. *Further details from the Assistant Registrar, Medical School, The University, Newcastle upon Tyne.*

**THE ROYAL COLLEGE
OF GENERAL PRACTITIONERS**

Medical Recording Service

Kitts Croft, Writtle, Chelmsford, Essex. (Tel. Writtle 316).

Selection of titles available on tape (5 in reels running at $3\frac{3}{4}$ ips). These talks may be borrowed by any doctor anywhere in the world.

New titles available on tape

- 68-20 The Abortion Act 1967—Dr J. Leahy Taylor (Medical Protection Society). 21 min.
- 68-16 Road Smash rescue is *your* concern—Dr K. Easton. 55 min. 65 slides.
- 68-18 Social work in relation to drug abuse—Mrs Mollie Craven. (Hon. Sec. Association for Prevention of Addiction). 22 min.
- 68-14 A Junkie Talks—a personal story. 19 min. (Only available to medical and medico-social workers.)

Erratum

LANCASTER, R. & McNICOL, M. W. (1967) Oxygen therapy in myocardial infarction. *Postgrad. med. J.* 43, 706. Line 4 of first paragraph after heading 'Results': 50 mmHg should read 150 mmHg.

Postgraduate Medical Journal: Notice to Contributors

Typescripts (two complete copies) should be sent to the Editor, Dr A. A. G. Lewis, Postgraduate Medical Journal, 9 Great James Street, London, W.C.1. Papers should be typewritten on one side of the paper only, with a 1½ inch margin, and the lines should be double-spaced. In addition to the title of the paper there should be a 'running title' (for page headings) of not more than 45 letters (including spaces). The paper should bear the name of the author(s) with their degrees and descriptions and of the laboratory or research institute where the work has been carried out. The full postal address of the principal author should be given as a footnote. (The proofs will be sent to this author and address unless otherwise indicated).

Arrangement. Papers should normally be divided into: (a) Introduction; (b) Materials and methods; (c) Results, as concise as possible (both tables and figures illustrating the same data will rarely be permitted); (d) Discussion and conclusions; (e) Summary, brief, self-contained and embodying the main conclusions; (f) Acknowledgments; (g) References.

References. Only papers closely related to the author's work should be included, exhaustive lists should be avoided. References should be made by giving the author's surname, with the year of publication in parentheses. When reference is made to a work by three authors all names should be given when cited for the first time, and thereafter only the first name, adding *et al.*, e.g. Smith *et al.* (1958). The '*et al.*' form should always be used for works by four or more authors. If several papers by the same author and from the same year are cited, a, b, c, etc., should be put after the year of publication, e.g. Smith *et al.* (1958a). All references should be brought together at the end of the paper in alphabetical order. References to articles and papers should mention (a) name(s) of the author(s); (b) year of publication in parentheses; (c) title of paper; (d) title of journal, underlined, abbreviated according to *World Medical Periodicals* (3rd edn, World Medical Association); (e) volume number; number of first page of article. References to books and monographs should include (a) name(s) and initials of author(s) or editor(s); year of publication in parentheses; (b) title, underlined; (c) edition; (d) page referred to; (e) publisher; (f) place.

Standard usage. The *Concise Oxford English Dictionary* is used as a reference for all spelling and hyphenation. Verbs which contain the suffix *ize* (*ise*) and their derivatives should be spelt with the *z*. Statistics and measurements should always be given in figures, i.e. 10 min, 20 hr, 5 ml, except where the number begins the sentence. When the number does *not*

refer to a unit of measurement, it is spelt out except where the number is greater than one hundred.

Abbreviations. Abbreviations for some of the commoner units are given below. The abbreviation for the plural of a unit is the same as that for the singular unless confusion is likely to arise.

gram(s)	g	second(s)	sec
kilogram(s)	kg	cubic millimetre(s)	mm ³
milligram(s)		millimetre(s)	mm
(10 ⁻³ g)	mg	centimetre(s)	cm
microgram(s)		millicurie(s)	mCi
(10 ⁻⁶ g)	μg	millilitre(s)	ml
nanogram(s)		pound(s)	lb
(10 ⁻⁹ g)	ng	milliequivalent	mEq
picogram(s)			
(10 ⁻¹² g)	pg	R _F values	R _F
hour(s)	hr		
minute(s)	min	gravitational acceleration	g
micron(s)	μ	per cent	%

Example: mg/100 ml, for biochemical values; mEq/l

Figures. In the text these should be given Arabic numbers, e.g. Fig. 3. They should be marked on the backs with the name(s) of the author(s) and the title of the paper. Where there is any possible doubt as to the orientation of a figure the top should be marked with an arrow. Each figure must bear a reference corresponding to a similar number in the text. Photographs and photomicrographs should be unmounted glossy prints and should not be retouched. Line diagrams should be on separate sheets; they should be drawn with black Indian ink on white paper and should be about four times the area of the final reproduction. Lines and lettering should be of sufficient thickness and size to stand reduction to one-half or one-third. Letters and numbers must be written lightly in pencil. Whenever possible, the originals of line diagrams, prepared as described above, should be submitted and not photographs. The legends of all the figures should be typed together on a single sheet of paper headed 'Legends to Figures.'

Tables. There should be as few tables as possible and these should include only essential data; the data should not be crowded together. The main heading should be in capitals with an Arabic number, e.g. TABLE 2. Each table must have a caption in small letters. Vertical lines should not be used.

Page proofs will be submitted to the contributors for minor corrections and should be returned to the Editor within 3 days. Major alterations to the text cannot be accepted.

Offprints. These may be purchased if ordered on the form which will be sent to the senior author with the proofs.