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THE RÔLE OF THE SANATORIUM IN THE TREATMENT OF PULMONARY TUBERCULOSIS.

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IN order properly to assess the rôle of the sanatorium in the treatment of pulmonary tuberculosis it is well first of all to set out what constitutes sanatorium treatment. The essential features of sanatorium treatment are: firstly, the close and skilled supervision in good surroundings of the

remedial measures used; secondly, the proper training of the individual in hygienic living, particularly in respect to breathing fresh air, taking adequate rest, feeding rationally and preventing infection. Resort to a sanatorium, too, frequently includes the removal of the patient from those deleterious influences and conditions of his home which are only too common. Also in considering the rôle of a sanatorium, emphasis must be laid upon its educational influence on others than the patient, which education helps to prevent the disease.

In the last two decades considerable advances have been made in the treatment of pulmonary tuberculosis. Not only has the principle of graduated rest come to be better understood, and the dieting of patients and the management of exposure to