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LECTURES ON
**PSYCHO-PHYSICAL
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An introductory course in Psychological Medicine for the General Practitioner will be given on
WEDNESDAYS

3.0-4.0 p.m. H. Crichton-Miller, M.D., M.R.C.P.

May 1. Asthma.
" 8. Insomnia.
" 15. Anxiety.
" 22. Hysteria.
" 29. Toxic neurasthenia.

4.30-5.30 p.m. Cedric Shaw, M.B., M.R.C.P.

May 1. The Allergic Diseases: Theories
" 8. The Allergic Diseases: Case histories.
" 15. Hyperthyroidism.
" 22. Cardio-vascular syndromes.
" 29. Gastro-intestinal syndromes.

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PROSTATIC HYPERTROPHY

Clinical report:

"I have had a marked success in a case of prostatic hypertrophy. The patient, aged 54, had suffered from this trouble for some time.

"There was an enormous soft enlargement of the prostate, and he had all the usual urinary discomforts—difficulty in starting, frequent desire for micturition, disturbed nights, etc.

"I put him under the conjoint treatment of 'Opojex' and 'Opocaps' Prostatic (B.O.C.), giving three injections weekly and three capsules daily for about three months.

"He began to show signs of improvement after about the first month's treatment, and at the end of the three months' course, he had derived such marked benefit that all the symptoms had practically disappeared. As I then wished to have an expert's opinion on the condition of the patient's prostate, I sent him to a hospital for genito-urinary diseases, and the surgeon who made the examination reported that he could not understand why the patient had been sent to the hospital, as he could not find any enlargement of his prostate.

"This is, I consider, a remarkable result."

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“Taffrail,” the well known author of sea stories, joined one of the Blue Funnel steamers for a cruise from London to Glasgow by way of Rotterdam, the North Sea, Pentland Firth and the west coast of Scotland. In a short article written after the trip he says that when the ship had rounded Cape Wrath and steamed between the Hebrides and the west coast of Scotland—“So long as daylight lasted, this part of the voyage was wonderful for its scenery with the rugged, deeply indented coasts of Sutherland, Ross and Cromarty, and the Isle of Skye to the Eastward. The view was always changing with row after row of blue and mauve mountain ranges and peaks flecked with white cloud stretching far into the distance.” This five days’ trip, which “Taffrail” took, is known as a “Coastal Cruise,” and it is really a five day voyage of between 900 and 1,000 miles.

The British Red Cross Society Clinic for Rheumatism has recently published its fifth Annual Report and Statement of Accounts. The progress, activities, receipts and expenditure of the clinic for the year ended December 1934 are clearly set out in this 20-page booklet.

Attendances at the Clinic have risen considerably as compared with 1933 and in all 148,973 treatments were given in 1934 as against 129,727 in the previous year. Bearing in mind such factors as the stage of the disease at which the patient comes up for treatment, the type of rheumatic disease

from which he is suffering, the nature of his occupation—whether sedentary or manual—and numerous other relevant items, one may safely say that the Clinic has had a successful year’s work. The following are results of treatments expressed in percentages of the 814 men and 1,315 women discharged with their treatment completed.

	Men	Women	Men & Women
Cured or free from symptoms	48.9%	43.5%	45.6%
Definitely improved ...	34.6%	37.0%	36.1%
Unchanged or only slightly improved	15.1%	18.3%	17.1%
Worse	1.4%	1.2%	1.2%

The importance of convalescence after treatment in genial surroundings is urged and examples of typical cases are given. The booklet concludes with interesting statistics which cover the entire work of the clinic.

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