Surgical presentation of ischaemic hepatitis

L Powell, S Tesfaye, R Ackroyd, D S Sanders

Intestinal ischaemia typically presents with signs suggestive of an acute surgical abdomen. A raised serum lactate may substantiate the diagnosis. The first case of ischaemic hepatitis mimicking intestinal ischaemia is reported. The recognition of markedly deranged transaminases allows the clinician to differentiate the two diagnoses and potentially avoid the risks incurred with laparotomy.

Ischaemic hepatitis is a rare condition accounting for 0.16%–0.50% of inpatient admissions. Typically the patient has no abdominal findings and the diagnosis is based on biochemical parameters. There is a rapid and marked increase in liver enzymes, more than eight times the upper limit of normal, with normalisation within seven to 10 days and exclusion of viral causes or hepatotoxic agents as the cause. In addition, the serum lactate may also be raised. Ischaemic hepatitis can occur after periods of haemodynamic instability or hypoxia such as haemorrhage, sepsis, pulmonary embolus, cardiac failure, acute myocardial infarction, and other causes of respiratory distress.

Ischaemic hepatitis is also known as “shock liver”, but patients can develop this without episodes of hypotension. This is because the portal blood supply (providing 70% of the liver’s blood supply) rather than systemic blood pressure is the critical determinant of hepatic perfusion. This is because the portal blood supply (providing 70% of the liver’s blood supply) rather than systemic blood pressure is the critical determinant of hepatic perfusion. In addition, a reduced cardiac output leads to hepatic hypoxia and after activation of the renin-angiotensin system there is constriction of the splanchic blood vessels, which maintains blood pressure, but reduces portal blood flow. The histological appearances at postmortem examination are of centrilobular necrosis with varying degrees of sinusoidal congestion.

We describe the first case of ischaemic hepatitis mimicking intestinal ischaemia.

CASE REPORT

A 77 year old male ex-smoker was admitted with a three day history of coffee ground vomiting and shortness of breath. His past medical history included hypertension, renal impairment, a right hemicolectomy for colonic cancer, and a laryngectomy for squamous cell carcinoma of the vocal cords.

On examination he was cyanosed, tachycardic, tachypnoeic, hypotensive (blood pressure 90/60 mm Hg), and clinically anaemic. His cardiovascular, respiratory, and abdominal examinations were unremarkable. On rectal examination he was found to have malaena. A diagnosis of upper gastrointestinal bleeding (of unknown aetiology) was made. His haemoglobin was 60 g/l and a transfusion was instituted. His clinical recovery continued and within 14 days his liver function had normalised and he was discharged.

Discusssion

This is the first reported case of ischaemic hepatitis presenting with acute abdominal signs. Our patient demonstrates an atypical case of ischaemic hepatitis as the initial presentation was thought to be intestinal ischaemia. The diagnosis of intestinal ischaemia or infarction may be elusive. A high index of suspicion is necessary when assessing a patient with acute abdominal pain in the presence of arteriopathy or atrial fibrillation. Initially there may be a discrepancy between the symptoms, which may be severe, and the signs. Once intestinal infarction or perforation occurs abdominal signs become more apparent. The haematological and biochemical profile of patients with intestinal ischaemia is not specific or diagnostic. A leucocytosis, metabolic acidosis, raised serum...
lactate, hyperphosphataemia, and a raised amylase can all be observed. Serum lactate is the only described predictor of mortality. In a recent study of a 121 consecutive cases of intestinal infarction, of the patients who died (72/121), 81% had a serum lactate of greater than 5.2 mmol/l. The biochemical and haematological abnormalities described in intestinal ischaemia may be identical to ischaemic hepatitis except in one aspect—markedly deranged transaminases do not occur. This is the key discriminating factor in the acute presentation. By recognising this, the clinician may avoid the necessity for laparotomy. The management of ischaemic hepatitis is supportive with correction of the underlying cause for hypotension.

It is possible that the patient in this case had both ischaemic hepatitis and intestinal ischaemia. However, this would seem unlikely given the high mortality described in intestinal ischaemia and the rapid improvement in the clinical status of our patient. In conclusion, we report the first case of ischaemic hepatitis presenting with acute abdominal signs. Recognition of markedly raised transaminases within this context may avoid unnecessary laparotomy.

Learning points

- Ischaemic hepatitis is an uncommon condition precipitated by portal hypotension.
- Ischaemic hepatitis is recognised clinically by a marked deterioration in liver function and supportive management is indicated.
- Ischaemic hepatitis and intestinal ischaemia may have similar presenting features but the recognition of markedly raised transaminases can be the critical discriminating factor.

REFERENCES

Surgical presentation of ischaemic hepatitis

L Powell, S Tesfaye, R Ackroyd and D S Sanders

Postgrad Med J 2003 79: 350-351
doi: 10.1136/pmj.79.932.350

Updated information and services can be found at:
http://pmj.bmj.com/content/79/932/350

These include:

References
This article cites 9 articles, 0 of which you can access for free at:
http://pmj.bmj.com/content/79/932/350#BIBL

Email alerting service
Receive free email alerts when new articles cite this article. Sign up in the box at the top right corner of the online article.

Topic Collections
Articles on similar topics can be found in the following collections
Liver disease (76)

Notes

To request permissions go to:
http://group.bmj.com/group/rights-licensing/permissions

To order reprints go to:
http://journals.bmj.com/cgi/reprintform

To subscribe to BMJ go to:
http://group.bmj.com/subscribe/