Spontaneous closure of an acquired ventricular septal defect

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Ventricular septal defect (VSD) is a rare but serious complication of acute myocardial infarction requiring early surgical intervention. A patient with acquired VSD that spontaneously closed over three months is presented. The literature on spontaneous closure of acquired VSDs is also reviewed.

Ventricular septal defects (VSDs) complicate 1%–2% of patients with acute myocardial infarction. The size of the defect determines the extent of left-to-right shunt and the haemodynamic deterioration, which in turn affects survival. Spontaneous closure of such an acquired defect has not previously been reported.

CASE REPORT

A 66 year old man was admitted after a syncopal episode associated with a right sided weakness. There was no precipitating chest pain or aura. He had undergone cystoscopy and biopsy for dysuria three weeks before admission. He was a smoker of 40 packet years with no pre-existing cardiovascular symptoms or history. He denied a history of hypertension and his lipid profile was normal.

Physical examination revealed a pulse of 100 beats/min, regular. The blood pressure was 100/65 mm Hg and there was a harsh systolic murmur at the left sternal edge. The chest was clear and there was no peripheral oedema. Neurological examination revealed an ataxic gait with right upper limb weakness grade 4/5. The lower limbs were normal and the plantar reflexes equivocal.

Investigations

The electrocardiogram showed sinus rhythm 100 beats/min, left axis deviation, ST elevation, and T wave inversion in the anteroseptal leads. The chest radiograph was normal. Serum creatine kinase fraction peak was 1085 IU/l (normal range up to 175 IU/l) with raised aspartate transaminase 68 IU/l (normal range up to 40 IU/l). Transthoracic echocardiography (fig 1) revealed ventricular septal aneurysm with a small rupture of the distal septum causing a VSD with left-to-right shunting. Towards the left ventricular apex there was laminated thrombus. Computed tomography of the brain showed a hypodense area within the left cerebellar hemisphere compatible with recent infarction. A diagnosis of a recent anteroseptal myocardial infarction complicated by a VSD, laminated left ventricular thrombus, and cerebellar embolisation was made.

Management

Early closure of the VSD was not undertaken as he had severe chronic obstructive airways disease, and the defect was small and causing no haemodynamic decompensation. Therefore, it was decided to observe him closely. He was anticoagulated with warfarin and started on an angiotensin converting enzyme inhibitor (ACEI). He remained haemodynamically well and was discharged home on day 7. Three weeks later auscultation of the heart continued to reveal a soft pansystolic murmur and echocardiography showed no change in his

Abbreviations: ACEI, angiotensin converting enzyme inhibitor; VSD, ventricular septal defect
Factors that increase the risk of rupture include age, hypertension, the lack of collaterals, and thrombolysis. Spontaneous closure of congenital atrial and VSDs is well recognised, but spontaneous closure of acquired VSDs is rare. Vogel et al described a VSD complicating a myocardial infarction that was surgically repaired, though a small VSD remained. This closed spontaneously over a 10 month period. A further case has been reported where there was spontaneous closure of a residual VSD after the surgical closure of a VSD, which had been caused by blunt trauma arising from a road traffic accident. This was noted to close over a two year period. It was hypothesised that endothelialisation of the Dacron patch caused the residual VSD to close. Spontaneous closure of an acquired VSD has been reported up to five years after blunt trauma.

To our knowledge, this is the first reported case of spontaneous closure of an acquired VSD arising from an anterior myocardial infarction.

DISCUSSION

Rupture of the interventricular septum has been reported to occur in approximately 2% of cases of acute myocardial infarction. Factors that increase the risk of rupture include age, hypertension, the lack of collaterals, and thrombolysis. Post-infarction septal defects vary in size and tend to start small and increase in size with time. The size of the left-to-right shunt determines the haemodynamic decompensation and affects survival. In this case, the defect was small, and the exact timing of the infarct was difficult to establish, which contributed to decision to manage him conservatively. Septal rupture associated with anterior infarction tends to be apical and have a better prognosis than rupture complicating inferior infarction which affects the basal septum. Spontaneous closure of congenital atrial and VSDs is well recognised, but spontaneous closure of acquired VSDs is rare. Vogel et al...
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