

Books received

- Basic Psychotherapeutics. A Programmed Text.* By C. WARNER JOHNSON, J. R. SNIBBE AND L. A. EVANS. Pp. 597. MTP Press, Lancaster, 1980. £7.95.
- Handbook of Postgraduate Medical Education for the United Kingdom.* By I. J. T. DAVIES. Pp. 108. Update Books, London, 1980. Free of charge.
- Know Your Genes. Crucial Information About Hereditary Disorders and Your Personal Risks and Options.* By AUBREY MILUNSKY. Pp. 320, illustrated. Penguin Books, London, 1980. £2.50.
- Psychiatry in General Practice.* By G. USDIN AND J. M. LEWIS. Pp. xxi+771, illustrated. McGraw-Hill Book Company, New York etc. 1980. £14.95.
- Renal Adenocarcinoma. A Series of Workshops on the Biology of Human Cancer. Report no. 10.* Edited by G. SUFRIN AND S. A. BECKLEY. Pp. 215. UICC Technical Report Series vol. 49. International Union against Cancer, Geneva, 1980. Sw. Fr. 17.00.
- Responding to Adolescent Needs.* Edited by MAX SUGAR. Pp. 254. MTP Press, Lancaster, 1980. £14.95.
- Venereal Diseases.* By A. KING, C. NICOL AND P. RODIN. 4th edn. Pp. x+419, 1980. Baillière Tindall, London. £14.00.

Book reviews

A Colour Atlas of Injury in Sport

By J. C. P. WILLIAMS. Pp. 152, illustrated. Wolfe Medical Publications, London, 1980. £15.00.

As sports come to play an increasingly important role in modern life, the injuries which inevitably result therefrom, *pari passu*, are becoming more common and range from the progressive cerebral damage sustained by the professional boxer to the blistered foot of the ill equipped jogger. Mr Williams, who is Medical Director of the Farnham Park Rehabilitation Centre, which specializes in sports injuries, as well as being a consultant in Rehabilitation Medicine, has produced a superb atlas to illustrate this wide panorama of pathology. Although there is considerable literature on the subject, this would appear to be the first publication of this kind. The sections are arranged on a regional anatomical basis and include an interesting chapter on other pathologies which may mimic sports injuries. The numerous beautifully produced colour photographs of clinical conditions and operative findings are reinforced by X-rays, clear line diagrams and dramatic photographs of sporting accidents.

This is certainly a volume which will be of interest to orthopaedic surgeons, physiotherapists, rehabilitationists and all who have the responsibility for the care of young people engaged in sport.

Further Experience with H₂-Receptor Antagonists in Peptic Ulcer Disease and Progress in Histamine Research

Edited by A. TORSOLI, P. E. LUCHELLI AND R. W. BRIMBLECOMBE. European Symposium, Capri, Oct. 18-20, 1979. Pp. 372, illustrated. Excerpta Medica, Amsterdam, Oxford, Princeton, 1980. Price not given.

Cimetidine has been with us now for many years, and several books and monographs, and thousands of review articles have been devoted to it. The title of this volume suggested that it might be more than just such another, but regrettably not. This reviewer was unable to find any reference to other H₂-receptor antagonists, such as ranitidine, even though the latter has already been shown to possess some interesting properties not shared with cimetidine. The title of a chapter

on Cost-benefit analysis in peptic ulcer disease suggested that there might be some hard data on the financial cost and savings of cimetidine treatment, but alas, no - only an interim analysis of cimetidine use in relation to surgical treatment. It was of interest to read that the cheapest way of treating chronic peptic ulcer patients is administration of a nightly dose of cimetidine for 15 years, only operating on patients who have a recurrence more than twice during that long time. As few, if any patients can have been treated with cimetidine for half that length of time, such statements cannot be taken seriously.

The section on progress in histamine research was of more interest, although most of the work has been published elsewhere in clinical or clinical research journals. This book will have little appeal except to some research workers, and few will buy it for their personal use.

Incontinence and its Management

Edited by DOROTHY MANDELSTAM. Pp. 233, illustrated. Croom Helm, London, 1980. £9.95.

Incontinence is a most unpleasant symptom with deep personal and social effects which reach out to the patient's family, friends and medical and nursing helpers. This book brings together a great deal of important information on the many aspects of the subject as it affects adult patients. A wide range of experts may be involved in the management of such patients, and these include urologists, surgeons, physicians, geriatricians, gynaecologists, general practitioners, nurses, community physicians, psychiatrists and social workers. Distinguished representatives of all these branches of patient care have been brought together by the editor, who is incontinence adviser at the Disabled Living Foundation and at the Department of Geriatric Medicine at the Edgware General Hospital.

The opening chapters deal with the control of the bladder and anal sphincters and their disturbances together with newer techniques of investigation and treatment. Subsequent chapters range over management by pelvic floor re-education, the management of the incontinent geriatric patient, behavioural management and the role of the social services.



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Postgrad Med J 1981 57: 136
doi: 10.1136/pgmj.57.664.136

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