

Postgraduate Medical Journal

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The Fellowship of Postgraduate Medicine was founded by a group of London consultants after the First World War to assist postgraduates, particularly those coming to London from the Commonwealth,

to pursue their studies. The Fellowship first published the *Postgraduate Medical Journal* to give information about lectures, conferences and courses and to provide a monthly review of all branches of medicine.

Postgraduate Medical Journal publishes original papers on subjects of current clinical importance and welcomes review articles with extensive, up-to-date bibliographies as guides to further reading. Several symposia are published each year, each devoted to a single subject and written by specialists in different disciplines. Most issues include authoritative Current Surveys of clinical problems, and well documented Reports of cases of particular interest, and Book Reviews.

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Perinatal Infections

A Symposium held by the British Society for the Study of Infection
at the Zoological Society's Large Meeting Room, Regent's Park,
London NW1, on 22 October 1976

Edited by: DR J. M. MEDLOCK

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Books received

- Applied Cardiovascular Physiology* Second edition. By G. R. KELMAN. Pp. ix + 321, illustrated, hard cover. Newnes-Butterworths: Sevenoaks, 1977. £12.50.
- Applied Respiratory Physiology* Second edition. By J. F. NUNN. Pp. xiii + 524, illustrated, hard cover. Newnes-Butterworths: Sevenoaks, 1977. £17.50.
- Clinical Gastroenterology*. Second edition. By HOWARD M. SPIRO. Pp. xx + 1289, illustrated, hard cover. Baillière Tindall: London, 1977. £33.75 Cased.
- Colour Atlas of Gynaecological Cytopathology*. By CHANDRA GRUBB. Pp. 72, illustrated, hard cover. HM + M Publishers: Aylesbury, 1977. £15.00.
- Computerized Tomography*. (The International Journal of Radiological Diagnosis Using CT Scanners Vol. 1, No. 1). Pp. 130, illustrated, soft cover. Pergamon Press: Oxford, 1977. Annual Subscription: \$65.00.
- Contact Lens Correction*. By NORMAN BIER AND GERALD E. LOWTHER. Pp. viii + 520, illustrated, hard cover. Butterworths: Sevenoaks, 1977. £29.50.
- Cunningham's Manual of Practical Anatomy*. Vol. 2 Thorax and Abdomen, Fourteenth edition. By G. J. ROMANES. Pp. 232, illustrated, soft cover. Oxford University Press: Oxford, 1977. £3.25.
- Dermatology*. (Tutorials in Postgraduate Medicine Vol. 6). Edited by R. MARKS, and P. D. SAMMAN. Pp. xi + 501, illustrated, hard cover. William Heinemann Medical Books: London, 1977. £11.50.
- Developmental Paediatrics*. (Postgraduate Paediatrics Series, General Editor: John Apley). By K. S. HOLT. Pp. ix + 311, illustrated, hard cover. Butterworths: Sevenoaks, 1977. £5.50.
- Diabetes Mellitus. Clinical and Metabolic*. By W. P. U. JACKSON AND A. I. VINIK. Pp. 265, illustrated, hard cover. Juta & Co: Cape Town, 1977. R13.50.
- Essays on Kuru*. By R. W. HORNABROOK. Pp. ix + 150, illustrated, hard cover. E. W. Classey: Faringdon, 1976. £8.50.
- Medical Care in Schools*. By M. WILLIS AND M. E. MCLACHLAN. Pp. vii + 216, illustrated, soft cover. Edward Arnold: London, 1977. £3.25.
- Neuromuscular Function and Disorders*. By ALAN J. MCCOMAS. Pp. x + 364, illustrated, hard cover, Newnes-Butterworths: Sevenoaks, 1977. £19.50.
- Operative Surgery: The Hand*. Third edition. General Editors: Charles Rob and Rodney Smith. Consultant Editor Hu R. Guy Pulvertaft. Pp. 407, illustrated, hard cover. Butterworths: Sevenoaks, 1977. £25.00.
- Operative Surgery Revision*. By JOHN J. SHIPMAN. Third edition. Pp. 192, hard cover. H. K. Lewis: London, 1977. £5.00.
- Side Effects of Drugs Annual 1*. By M. N. G. DUKES. Pp. vii + 420, hard cover. Excerpta Medica: Amsterdam, Oxford, 1977. \$38.50, Dfl.100.00.
- Thorn's Better Medical Writing*. By STEPHEN LOCK. Second edition. Pp. x + 118, hard cover. Pitman Medical: Tunbridge Wells, 1977. £3.50.

Book reviews

Alcohol Dependence

By BRIAN D. HORE. Pp. xiii + 153, hard cover. Butterworths: London, 1976. £5.00.

This is an excellent short book; comprehensive, very readable and steering a valuable course between theory and clinical wisdom. The author appears to be a practical man with an open but critical mind. Any reader can rapidly become familiar with the content which is clearly and logically laid out with a sequence of clinical features, aetiology, epidemiology, medical, psychiatric and social morbidity, and management. It is probably the best introduction available for medical and paramedical postgraduates and this reviewer will also be commending it to his undergraduate medical students.

Clinical Methods. Volume 1

Edited by H. KENNETH WALKER, W. DALLAS HALL and J. WILLIS HURSL. Pp. xix + 420, illustrated, soft cover. Butterworths: London, 1977. £7.50.

The traditional British medical teaching has always been based on the evaluation of a good history and clinical examination. Many medical schools have produced their own guides to clinical methods for new students.

This new book has been produced by the Medical Service of Emory University School of Medicine at Grady Memorial Hospital in Atlanta. It draws on the wide experience of con-

tributors in many specialities and has evolved over many years from the experiences of their own students and house officers. The format of the book is influenced by Weed and his colleagues and has a problem-orientated approach derived from a specific Data Base. This data base has been found most applicable to a local American population and may not necessarily be ideal for the average British district hospital.

Nevertheless the authors must be congratulated for the very meticulous approach they adopt to history taking in this first volume. The information is presented under five main headings:

1. Definition
2. Technique
3. Background information
4. Clinical significance
5. Selected references.

The authors intend each item to stand alone without automatic reference to other textbooks of physiology or medicine.

This book must be one of the most complete of its kind and is to be recommended to any student. A welcome addition is the inclusion of social, sexual, psychiatric and dietary history taking.

If there is any criticism here, one might say that there is a tendency to use the leading question more freely than perhaps this reviewer was taught and finally, so completely have the authors covered the ground, the beginner may be a little confused.

being devoted to bereavement and mourning. The next section describes the behaviour of the doctor, the attitude of the patient, and the effect of a consultation (or is confrontation a better word?) between these two parties.

Joined together in a section entitled 'Towards Positive Health' are chapters on ante-natal care and the management of labour; the puerperium and the newborn baby; family planning; nutrition and screening. This section ends with a chapter called 'Preventive Treatment' and describes the management in general practice of hypertension and obesity. The latter topic is of special interest to Dr Craddock, who has also written a monograph on the subject, which perhaps explains why so much space (fifteen pages) is devoted to this one aspect of medical care.

The final section (about two-thirds of the whole book) covers those diseases commonly seen in general practice, in the main divided into symptom or disease groups, but commencing with chapters covering those aspects of medicine which play such an important part in primary medical care:

trivial and minor complaints; the patient with no organic disease; the allergic individual, and the feverish child.

In a brief appendix there is a list of suggested contents for a doctor's bag, as well as standard height and weight tables and charts.

The advantage of a book written in its entirety by one author is that there is a consistency in style and purpose. One of the disadvantages is that there may be a lack of discrimination or criticism in the way topics are selected or dealt with. Dr Craddock is an individualist—are not most of us?—and this is clear from his book. He is obviously a very good family doctor combining an excellent knowledge of scientific medicine with a sympathetic understanding of his patients' shortcomings and failings (as well as similar weaknesses in those who advise him). It is unlikely that a reader could prepare himself for the MRCP with this book alone but every candidate for the exam would benefit enormously from reading it. Family doctors in other countries would also find what is here written of value to them in their everyday practice.

Notices

SYMPOSIUM

South Glamorgan Health Authority (Teaching)

A symposium on "Clinical Pharmacology in Old Age" will be held at University Hospital of Wales, Cardiff, on Friday 11th November 1977.

COURSE

Diagnosis, Treatment and Prevention of Genetic Disease

A Postgraduate Course sponsored by the Harbor General Hospital Campus of the UCLA School of Medicine, the American College of Physicians and the National Foundation-March of Dimes will be held at the Riviera Hotel, Palm Springs, California from March 6-8, 1978. This Course is designed to familiarize the clinician with the principles of medical genetics and their relevance to clinical practice.

Further information may be obtained by writing David L. Rimoin, M.D., Ph.D., Harbor General Hospital, 1000 W. Carson, Torrance, California 90509.

British Association of Plastic Surgeons Instructional Course on Skin Malignancy

The British Association of Plastic Surgeons will hold an Instructional Course on Skin Malignancy at the Royal College of Surgeons of England, Lincoln's Inn Fields, London on Tuesday 29th November 1977. This is intended for junior trainees in plastic surgery and for doctors in any other speciality who may have an interest in the field. There will be no fee for the course. Morning coffee and afternoon tea will be provided but lunch will not be available at the Royal College of Surgeons. Further details may be obtained from the Honorary Secretary, British Association of Plastic Surgeons, at the Royal College of Surgeons, Lincoln's Inn Fields, London WC2A 3PN.

Postgraduate Medical Journal: Notice to Contributors

Typescripts. Two complete copies should be sent to the Editor, Postgraduate Medical Journal, Chandos House, 2 Queen Anne Street, London W1M 9LE. Papers should be typewritten on one side of the paper only, with a 1½ inch margin, and the lines should be double spaced. The paper should bear the name of the author(s) with their degrees and the name of the laboratory or research institute where the work has been carried out. The full address of the principal author should be given as a footnote.

The principal author must ensure that any co-authors listed agree to submission of the typescript. Any written or illustrative material which has been or will be published elsewhere must be duly acknowledged and accompanied by the written consent of the authors and publishers concerned.

Arrangement. Papers should be divided into: (a) Summary; (b) Introduction; (c) Materials and methods; (d) Results; (e) Discussion; (f) Acknowledgments; (g) References.

References in the text. These should be made by giving the author's surname, with the year of publication in parentheses. When reference is made to a work by three authors all names should be given when cited for the first time, and thereafter only the first name, adding *et al.*, e.g. Smith *et al.* (1958). The '*et al.*' form should always be used for works by four or more authors. If several papers by the same author and from the same year are cited, a, b, c, etc., should be put after the year of publication, e.g. Smith *et al.* (1958a).

All references should be brought together at the end of the paper in alphabetical order giving (a) name(s) of the author(s); (b) year of publication in parentheses; (c) title of paper in its original form; (d) title of journal in full, underlined; (e) volume number, underlined; number of first page of article. References to books and monographs should include (a) name(s) and initials of all author(s) or editor(s); year of publication in parentheses; (b) title, underlined; (c) edition; (d) page referred to; (e) publisher; (f) place. *Authors should ensure that the listed references correspond exactly to those in the text.* Authors are responsible for the accuracy of their references.

Standard usage. The *Concise Oxford English Dictionary* is used as a reference for all spelling and hyphenation. Verbs which contain the suffix *ize* (*ise*) and their derivatives should be spelt with the *z*. Statistics and measurements should always be given in figures, i.e. 10 min, 20 hr, 5 ml, except where the number begins the sentence. When the number does *not* refer to a unit of measurement, it is spelt out except where the number is greater than one hundred. SI units should be used wherever possible. Papers should be written in the third person.

Figures. In the text Arabic numbers, e.g. Fig. 3, should be used. They should be marked on the backs with the name(s) of the author(s) and the title of the paper. The top of each figure should be indicated with an arrow on the reverse side. Each figure must bear a reference corresponding to a similar number in the text. Photographs and photomicrographs should be unmounted glossy prints and should not be retouched. Line diagrams should be on separate sheets; they should be drawn with black Indian ink on white paper and should be twice the size of the final reproduction. The originals of line diagrams, prepared as described above, may be submitted in photographs of similar size. The legends of all figures should be typed together on a single sheet of paper headed 'Captions to Figures'.

Tables. These should be on separate sheets. The main heading should be in capitals with an arabic number, e.g. TABLE 2. Each table must have a caption.

Page proofs will be submitted to the senior author for minor corrections and should be returned to the Editor within 3 days. Major alterations to the text cannot be accepted.

Offprints. These may be purchased if ordered on the form which will be sent to the senior author with the proofs.