CARCINOMA IN HIATUS HERNIAE

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The discovery of a hiatus hernia in association with a lower oesophageal or cardiac carcinoma is not uncommon.

Sweet (1948), in a discussion on hiatus herniae, mentions that in 13 per cent. of his cases of cardiac carcinoma a hiatus hernia was present as well. Smithers (1945) reviewed the literature on this subject, adding four cases of his own. Brick (1949), in discussing combined gastric lesions concluded, from a radiological study of a large number of patients, that if a gastric neoplasm was present with a hiatus hernia it was likely to be at the cardia. A recent striking example of the dual condition was encountered at the Queen Elizabeth Hospital and the case histories and findings reviewed of the previous 100 cases of oesophageal carcinoma seen by one unit in the period 1948 to 1954. It was noted that a hiatus hernia co-existed in ten patients, in all of whom the growth was either lower oesophageal or cardiac in site. The features of these ten cases are set out in tabular form.

Case Report

Mrs. E. S., aged 72, admitted October 14, 1953. She had been quite well until four months prior to admission when she gradually became unable to swallow solids. Her dysphagia was painful and the pain radiated into her back. She regurgitated solid food soon after swallowing and said that she had lost much weight. Previously she had been treated for pernicious anaemia.

On clinical examination no abnormality could be detected but at oesophagoscopy on the day of admission she was found to have a diffuse lower oesophageal stricture. Bougies were passed to relieve her dysphagia and four days later a barium swallow was performed, the patient being tipped into the Trendelenberg position with the barium

![Fig. 1.—The hiatus hernia is seen to lie behind the cardiac shadow on this P.A. view. There is a lower oesophageal stricture.](image1)

![Fig. 2.—Lateral view showing the hiatus hernia partially filled.](image2)
in the stomach. The report on this X-ray was as follows: "The oesophagus is tortuous and narrowed for 3 in. above the hiatus. The appearances suggest a hiatus hernia containing a neoplasm." (Figs. 1 and 2.)

Two days later her dysphagia worsened—she could not swallow high protein liquid feeds and it became necessary to perform of Witzel jejunostomy. She quickly improved following this operation.

A month later a left thoracolaparotomy was performed: the seventh left rib was removed and the incision carried across the costal margin to the umbilicus. A large sliding hiatus hernia was found. The cardia, involved by a mobile growth, lay within it. The cardia was halfway up to the aortic arch. No enlarged glands were noted and an oesophago-gastrostomy was performed after the growth had been excised with comparative ease. The mediastinum was closed around the anastomosis and the chest closed after an underwater sealed tube had been inserted. She made an uninterrupted recovery.
Pathological report on the specimen: 'There is an extensive poorly differentiated adeno-
carcinoma of the cardiac end of the stomach. The lower end of the oesophagus is lined with gastric
type epithelium, the neoplasm infiltrating to
within four millimetres of the upper level of
excision. The neoplasm is infiltrating all coats of
both stomach and oesophagus and the paracardiac
lymph glands are involved.'

Discussion
Statistically it would appear that the finding of a
cancer within a hiatus hernia is more than fortuitous
and that one of the lesions may predispose to the
development of the other. It is conceivable that
a single factor, oesophagitis, may be in operation
resulting in fibrosis, peri-oesophagitis, hiatus
hernia formation and eventually in carcinoma.
There are, however, many arguments against such
a theory. It was noted that in only two of the cases
collected here did the history extend over a period
of nine months and oesophagitis without symptoms
is rare (Collis). That fibrosis and peri-oesoph-
agitis can cause shortening is even open to doubt
when one considers how few cases of simple caustic
oesophageal stricture sustained in childhood
develop hiatus herniae in later life (Marchand).
Freedom from fibrosis and mobility of the growth
was a feature of a number of the cases reported here.
This mobility makes for ease in resection, should
this be feasible.

Evidence suggests, therefore, that the carcinoma
is the initial lesion. Olsen (1945) believes that
invasion of the lower oesophagus by a gastric
neoplasm causes oesophageal shortening. He
suggests that direct or indirectly induced spasm
of the gullet may be a factor in the formation of
hiatus herniae.

Smithers (1950) also suggests that a cardiac
neoplasm, by spasm, may drag a puch of stomach
into the chest. Many observers, however, doubt
the influence of locally induced oesophageal
spasm on the formation of hiatus herniae and the

Summary
Eleven cases are recorded of carcinoma of the
cardia and lower oesophagus within a hiatus hernia.
The occurrence of the two conditions together is
believed to be far from rare. The influence of
cardiac neoplasm on the development of a hiatus
hernia is discussed.

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Manufacturers’ Note

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announce that as a result of a Purchase Tax order
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